

CHAMPIONNATS DE FRANCE 2024 CHARTRES

ANALYSES DE COURSE DES FINALES A



Nage Libre

50

100

200

400

800

1500

Nage Libre

50

100

200

400

800

1500

Papillon

50

100

200

Papillon

50

100

200

Dos

50

100

200

Dos

50

100

200

Brasse

50

100

200

Brasse

50

100

200

4 Nages

200

400

4 Nages

200

400

Compétition			Florent MANAUDOU		Maxime GROUSSET		Pierre LEBOIS		Mathias EVEN		Nans MAZELLIER		Charles RIHOUX		Ethan CHAULIAGUET		Guillaume GUTH		
Temps			00:21.54		00:21.67 +00.13		00:22.18 +00.64		00:22.21 +00.67		00:22.30 +00.76		00:22.31 +00.77		00:22.32 +00.78		00:22.53 +00.99		
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:18.31	36 CB	0:18.27	35 CB	0:18.08	34 CB	0:18.82	36 CB	0:18.78	37 CB	0:17.97	32 CB	0:19.58	35 CB	0:19.10	36 CB	
			0:03.23	12.2 m	0:03.40	12.2 m	0:04.10	13.4 m	0:03.39	12.0 m	0:03.52	12.0 m	0:04.34	14.2 m	0:02.74	9.8 m	0:03.43	11.8 m	
LAPS	25m		00:09.62 -		00:09.89 -		00:10.16 -		00:10.16 -		00:10.28 -		00:10.22 -		00:10.15 -		00:10.34 -		
	50m		00:21.54 00:11.92		00:21.67 00:11.78		00:22.18 00:12.02		00:22.21 00:12.05		00:22.30 00:12.02		00:22.31 00:12.09		00:22.32 00:12.17		00:22.53 00:12.19		
PARTIES NAGEES	15-25m		4.40 s		4.51 s		4.56 s		4.64 s		4.65 s		4.62 s		4.62 s		4.68 s		
	25-45m		9.63 s		9.52 s		9.71 s		9.79 s		9.75 s		9.85 s		9.86 s		9.81 s		
	TOTAL		00:14.03		00:14.03		00:14.27		00:14.43		00:14.40		00:14.47		00:14.48		00:14.49		
PARTIES NON NAGEES	START	Temps sur le plot		0.67 s		0.60 s		0.63 s		0.67 s		0.67 s		0.66 s		0.57 s		0.68 s	
		Sortie de coulée		12.21 m		12.21 m		13.42 m		11.98 m		12.04 m		14.20 m		9.79 m		11.79 m	
				3.23 s	3.78 m/s	3.40 s	3.59 m/s	4.10 s	3.27 m/s	3.39 s	3.53 m/s	3.52 s	3.42 m/s	4.34 s	3.27 m/s	2.74 s	3.57 m/s	3.43 s	3.44 m/s
	FIN	Temps aux 15m		5.22 s		5.38 s		5.60 s		5.52 s		5.63 s		5.60 s		5.53 s		5.66 s	
		5m avant		2.29 s		2.26 s		2.31 s		2.26 s		2.27 s		2.24 s		2.31 s		2.38 s	
		Approche mur		0.28 s	0.61 m	0.58 s	1.28 m	0.39 s	0.84 m	0.25 s	0.55 m	0.39 s	0.86 m	0.09 s	0.20 m	0.18 s	0.39 m	0.63 s	1.32 m
	TOTAL		00:07.51		00:07.64		00:07.91		00:07.78		00:07.90		00:07.84		00:07.84		00:08.04		
MOUVEMENTS	COUPS DE BRAS	0-50m		36		35		34		36		37		32		35		36	
		TOTAL		36		35		34		36		37		32		35		36	
	FREQUENCE TEMPO	0-25m		64.2	0.9	61.4	1.0	61.1	1.0	60.5	1.0	63.8	0.9	57.6	1.0	56.1	1.1	60.2	1.0
		25-50m		61.3	1.0	61.5	1.0	58.9	1.0	59.4	1.0	62.2	1.0	53.6	1.1	53.7	1.1	60.8	1.0
		MOYENNE		62.7	1.0	61.4	1.0	60.0	1.0	59.9	1.0	63.0	1.0	55.6	1.1	54.9	1.1	60.5	1.0
	AMPLITUDE DE NAGE	0-25m		2.12		2.17		2.15		2.14		2.02		2.26		2.32		2.13	
		25-50m		2.03		2.05		2.10		2.06		1.98		2.27		2.26		2.01	
		MOYENNE		2.08		2.11		2.13		2.10		2.00		2.27		2.29		2.07	

Compétition			Maxime GROUSSET		Rafael FENTE DAMERS		Guillaume GUTH		Hadrien SALVAN		Wissam-Amazigh YEBBA		Charles RIHOUX		Nans MAZELLIER		Yann LE GOFF		
Temps			00:47.33		00:48.14 <i>+00.81</i>		00:48.62 <i>+01.29</i>		00:48.78 <i>+01.45</i>		00:48.79 <i>+01.46</i>		00:48.93 <i>+01.60</i>		00:48.96 <i>+01.63</i>		00:49.13 <i>+01.80</i>		
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:38.91	66 CB	0:40.84	67 CB	0:41.94	70 CB	0:43.29	70 CB	0:41.40	66 CB	0:40.75	63 CB	0:42.87	70 CB	0:43.70	66 CB	
			0:08.42	24.9 m	0:07.30	20.3 m	0:06.68	20.2 m	0:05.49	17.0 m	0:07.39	21.4 m	0:08.18	23.1 m	0:06.09	18.1 m	0:05.43	16.3 m	
LAPS	50m		00:22.64	-	00:23.28	-	00:23.29	-	00:23.44	-	00:23.64	-	00:23.48	-	00:23.60	-	00:23.69	-	
	100m		00:47.33	00:24.69	00:48.14	00:24.86	00:48.62	00:25.33	00:48.78	00:25.34	00:48.79	00:25.15	00:48.93	00:25.45	00:48.96	00:25.36	00:49.13	00:25.44	
PARTIES NAGEES	15-25m 25-45m		4.79 s	9.84 s	4.79 s	10.14 s	4.85 s	10.12 s	4.90 s	9.88 s	4.92 s	10.30 s	4.84 s	10.33 s	4.88 s	10.05 s	4.95 s	9.93 s	
	65-75m 75-95m		4.99 s	10.72 s	5.05 s	10.81 s	5.12 s	10.90 s	5.19 s	10.71 s	5.12 s	10.74 s	5.13 s	11.03 s	5.16 s	10.71 s	5.09 s	10.73 s	
	Moyenne		4.89 s	10.28 s	4.92 s	10.48 s	4.99 s	10.51 s	5.05 s	10.30 s	5.02 s	10.52 s	4.99 s	10.68 s	5.02 s	10.38 s	5.02 s	10.33 s	
	TOTAL		00:30.34		00:30.79		00:30.99		00:30.68		00:31.08		00:31.33		00:30.80		00:30.70		
PARTIES NON NAGEES	START	Temps sur le plot		0.63 s		0.62 s		0.66 s		0.59 s		0.66 s		0.64 s		0.70 s		0.66 s	
		Sortie de coulée		13.94 m		11.70 m		12.25 m		10.67 m		12.68 m		13.84 m		10.93 m		9.54 m	
				4.01 s	3.48 m/s	3.52 s	3.32 m/s	3.59 s	3.41 m/s	3.21 s	3.32 m/s	3.91 s	3.24 m/s	4.30 s	3.22 m/s	3.31 s	3.30 m/s	2.92 s	3.27 m/s
	VIRAGE 1	Temps aux 15m		5.37 s		5.72 s		5.62 s		5.82 s		5.76 s		5.68 s		5.94 s		6.04 s	
		5m avant		2.64 s		2.63 s		2.70 s		2.84 s		2.66 s		2.63 s		2.73 s		2.77 s	
		Sortie de coulée		10.97 m		8.61 m		7.95 m		6.36 m		8.70 m		9.25 m		7.15 m		6.78 m	
			4.41 s	2.49 m/s	3.78 s	2.28 m/s	3.09 s	2.57 m/s	2.28 s	2.79 m/s	3.48 s	2.50 m/s	3.88 s	2.38 m/s	2.78 s	2.57 m/s	2.51 s	2.70 m/s	
	Temps aux 15m		6.53 s		6.56 s		6.74 s		6.97 s		6.92 s		6.86 s		7.06 s		7.07 s		
	FIN	5m avant		2.45 s		2.44 s		2.57 s		2.47 s		2.37 s		2.43 s		2.43 s		2.55 s	
		Approche mur		0.47 s	0.96 m	0.20 s	0.41 m	0.13 s	0.25 m	0.38 s	0.77 m	0.33 s	0.70 m	0.25 s	0.51 m	0.05 s	0.10 m	0.85 s	1.67 m
TOTAL			00:16.99		00:17.35		00:17.63		00:18.10		00:17.71		00:17.60		00:18.16		00:18.43		
MOUVEMENTS	COUPS DE BRAS	0-50m		30		31		31		32		30		28		32		30	
		50-100m		36		36		39		38		36		35		38		36	
		TOTAL		66		67		70		70		66		63		70		66	
	FREQUENCE TEMPO	0-25m		50.4	1.2	49.4	1.2	52.9	1.1	54.3	1.1	52.5	1.1	51.6	1.2	53.3	1.1	48.6	1.2
		25-50m		51.9	1.2	49.6	1.2	51.0	1.2	51.7	1.2	48.4	1.2	46.4	1.3	50.2	1.2	45.7	1.3
		50-75m		52.9	1.1	51.0	1.2	50.2	1.2	49.4	1.2	50.9	1.2	49.2	1.2	51.0	1.2	47.0	1.3
		75-100m		53.3	1.1	50.6	1.2	51.4	1.2	48.2	1.3	49.4	1.2	47.5	1.3	48.3	1.2	48.1	1.3
		MOYENNE		52.1	1.2	50.1	1.2	51.4	1.2	50.9	1.2	50.3	1.2	48.7	1.2	50.7	1.2	47.3	1.3
	AMPLITUDE DE NAGE	0-25m		2.49		2.54		2.34		2.26		2.32		2.40		2.31		2.49	
		25-50m		2.35		2.39		2.33		2.35		2.41		2.50		2.38		2.65	
		50-75m		2.27		2.33		2.33		2.34		2.30		2.38		2.28		2.51	
		75-100m		2.10		2.19		2.14		2.32		2.26		2.29		2.32		2.33	
		MOYENNE		2.30		2.36		2.29		2.32		2.32		2.39		2.32		2.50	



200m



Nage Libre



Nageur		Hadrien SALVAN		Yann LE GOFF		Wissam-Amazigh YEBBA		Roman FUCHS		Nans MAZELLIER		Enzo TESIC		Rafael FENTE DAMERS		Come JAEGLE	
Temps		01:46.72		01:47.05 +00.33		01:47.21 +00.49		01:47.24 +00.52		01:47.33 +00.61		01:47.57 +00.85		01:48.07 +01.35		01:49.60 +02.88	
RÉCAP	Tps de nage	1:37.05	141 CB	1:37.21	127 CB	1:34.18	129 CB	1:35.60	130 CB	1:35.85	138 CB	1:35.25	138 CB	1:34.57	125 CB	1:39.06	125 CB
	Tps/Dist Coulées Nombre de CB	0:09.67	26.9 m	0:09.84	28.5 m	0:13.03	34.9 m	0:11.64	32.3 m	0:11.48	31.3 m	0:12.32	31.9 m	0:13.50	36.1 m	0:10.54	28.5 m
LAPS	50m	00:24.97	-	00:24.87	-	00:24.94	-	00:25.17	-	00:24.33	-	00:25.48	-	00:25.34	-	00:25.37	-
	100m	00:51.76	00:26.79	00:51.88	00:27.01	00:52.64	00:27.70	00:52.48	00:27.31	00:51.47	00:27.14	00:52.89	00:27.41	00:53.10	00:27.76	00:53.29	00:27.92
	150m	01:19.53	00:27.77	01:19.51	00:27.63	01:20.16	00:27.52	01:20.15	00:27.67	01:19.44	00:27.97	01:20.40	00:27.51	01:20.75	00:27.65	01:21.45	00:28.16
	200m	01:46.72	00:27.19	01:47.05	00:27.54	01:47.21	00:27.05	01:47.24	00:27.09	01:47.33	00:27.89	01:47.57	00:27.17	01:48.07	00:27.32	01:49.60	00:28.15
PARTIES NAGEES	15-25m 25-45m	5.13 s	10.49 s	5.22 s	10.53 s	5.29 s	11.06 s	5.43 s	11.08 s	5.05 s	10.36 s	5.48 s	11.12 s	5.34 s	11.27 s	5.16 s	11.13 s
	65-75m 75-95m	5.20 s	11.00 s	5.43 s	11.16 s	5.69 s	11.73 s	5.50 s	11.50 s	5.55 s	11.07 s	5.38 s	11.41 s	5.80 s	11.66 s	5.60 s	11.64 s
	115-125m 125-145m	5.50 s	11.17 s	5.71 s	11.33 s	5.69 s	11.51 s	5.80 s	11.53 s	5.59 s	11.52 s	5.62 s	11.55 s	5.69 s	11.58 s	5.65 s	11.80 s
	165-175m 175-195m	5.40 s	11.28 s	5.64 s	11.62 s	5.66 s	11.53 s	5.60 s	11.57 s	5.70 s	11.76 s	5.50 s	11.70 s	5.64 s	11.67 s	5.68 s	12.04 s
	Moyenne	5.31 s	10.99 s	5.50 s	11.16 s	5.58 s	11.46 s	5.58 s	11.42 s	5.47 s	11.18 s	5.50 s	11.45 s	5.62 s	11.55 s	5.52 s	11.65 s
	TOTAL	01:05.17		01:06.64		01:08.16		01:08.01		01:06.60		01:07.76		01:08.65		01:08.70	
PARTIES NON NAGEES	START	Temps sur le plot	0.60 s	0.68 s	0.66 s	0.61 s	0.67 s	0.66 s	0.62 s	0.68 s							
		Sortie de coulée	9.90 m	9.63 m	11.52 m	12.12 m	11.22 m	12.50 m	11.99 m	10.73 m							
		Temps aux 15m	3.17 s 3.12 m/s	3.02 s 3.19 m/s	3.57 s 3.23 m/s	3.80 s 3.19 m/s	3.47 s 3.23 m/s	4.12 s 3.03 m/s	3.72 s 3.22 m/s	3.49 s 3.07 m/s							
	VIRAGE 1	5m avant	3.14 s	2.98 s	2.69 s	2.72 s	2.93 s	2.76 s	2.90 s	2.86 s							
		Sortie de coulée	5.71 m	6.78 m	7.24 m	7.20 m	6.55 m	6.64 m	8.41 m	5.96 m							
		Temps aux 15m	2.11 s 2.71 m/s	2.53 s 2.68 m/s	2.75 s 2.63 m/s	2.97 s 2.42 m/s	2.61 s 2.51 m/s	2.71 s 2.45 m/s	3.47 s 2.42 m/s	2.39 s 2.49 m/s							
	VIRAGE 2	5m avant	3.14 s	3.03 s	2.95 s	2.90 s	3.00 s	2.88 s	3.00 s	3.01 s							
		Sortie de coulée	5.72 m	6.26 m	7.44 m	6.81 m	7.03 m	6.22 m	7.88 m	6.14 m							
		Temps aux 15m	2.13 s 2.69 m/s	2.21 s 2.83 m/s	3.05 s 2.44 m/s	2.51 s 2.71 m/s	2.83 s 2.48 m/s	2.59 s 2.40 m/s	3.17 s 2.49 m/s	2.28 s 2.69 m/s							
	VIRAGE 3	5m avant	3.42 s	3.09 s	2.90 s	2.85 s	3.23 s	2.84 s	3.04 s	3.07 s							
		Sortie de coulée	5.59 m	5.79 m	8.73 m	6.21 m	6.46 m	6.58 m	7.78 m	5.71 m							
		Temps aux 15m	2.26 s 2.47 m/s	2.08 s 2.78 m/s	3.66 s 2.39 m/s	2.36 s 2.63 m/s	2.57 s 2.51 m/s	2.90 s 2.27 m/s	3.14 s 2.48 m/s	2.38 s 2.40 m/s							
	FIN	5m avant	2.84 s	2.75 s	2.62 s	2.47 s	2.78 s	2.47 s	2.69 s	2.58 s							
		Approche mur	0.43 s 0.76 m	0.48 s 0.87 m	0.29 s 0.55 m	0.14 s 0.28 m	0.24 s 0.43 m	0.60 s 1.21 m	0.20 s 0.37 m	0.77 s 1.49 m							
	TOTAL		00:41.55	00:40.41	00:39.05	00:39.23	00:40.73	00:39.81	00:39.42	00:40.90							



200m



Nage Libre



Nageur			Hadrien SALVAN	Yann LE GOFF	Wissam-Amazigh YEBBA	Roman FUCHS	Nans MAZELLIER	Enzo TESIC	Rafael FENTE DAMERS	Come JAEGLE
Temps			01:46.72	01:47.05 <i>+00.33</i>	01:47.21 <i>+00.49</i>	01:47.24 <i>+00.52</i>	01:47.33 <i>+00.61</i>	01:47.57 <i>+00.85</i>	01:48.07 <i>+01.35</i>	01:49.60 <i>+02.88</i>
MOUVEMENTS	COUPS DE BRAS	0-50m	30	28	28	27	30	29	26	28
		50-100m	36	31	33	32	34	34	30	31
		100-150m	36	32	33	34	36	36	32	32
		150-200m	39	36	35	37	38	39	37	34
		TOTAL	141	127	129	130	138	138	125	125
	FREQUENCE TEMPO	0-25m	46.3 1.3	42.4 1.4	45.5 1.3	40.8 1.5	46.3 1.3	44.2 1.4	41.6 1.4	42.2 1.4
		25-50m	44.9 1.3	40.7 1.5	43.9 1.4	40.9 1.5	44.5 1.4	43.7 1.4	39.6 1.5	39.4 1.5
		50-75m	45.6 1.3	38.8 1.6	40.6 1.5	41.0 1.5	44.0 1.4	42.7 1.4	38.7 1.6	37.4 1.6
		75-100m	44.3 1.4	39.0 1.5	40.6 1.5	40.8 1.5	43.4 1.4	42.3 1.4	37.6 1.6	37.2 1.6
		100-125m	43.1 1.4	38.3 1.6	44.3 1.4	40.2 1.5	45.5 1.3	44.2 1.4	40.1 1.5	39.3 1.5
		125-150m	42.5 1.4	37.9 1.6	42.5 1.4	41.6 1.4	43.9 1.4	44.7 1.3	40.0 1.5	38.1 1.6
		150-175m	45.6 1.3	42.2 1.4	45.5 1.3	43.7 1.4	44.4 1.4	48.3 1.2	43.2 1.4	40.2 1.5
		175-200m	46.0 1.3	42.9 1.4	44.0 1.4	44.0 1.4	43.7 1.4	48.3 1.2	44.7 1.3	39.2 1.5
	MOYENNE	44.8 1.3	40.3 1.5	43.4 1.4	41.6 1.4	44.4 1.4	44.8 1.3	40.7 1.5	39.1 1.5	
	AMPLITUDE DE NAGE	0-25m	2.53	2.71	2.50	2.71	2.57	2.48	2.70	2.76
		25-50m	2.55	2.80	2.47	2.65	2.60	2.47	2.69	2.74
		50-75m	2.53	2.85	2.60	2.66	2.46	2.61	2.68	2.86
		75-100m	2.46	2.75	2.52	2.56	2.50	2.49	2.73	2.77
		100-125m	2.53	2.74	2.38	2.57	2.36	2.41	2.63	2.70
		125-150m	2.53	2.79	2.45	2.50	2.37	2.32	2.59	2.67
		150-175m	2.44	2.52	2.33	2.45	2.37	2.26	2.46	2.63
		175-200m	2.32	2.41	2.37	2.36	2.34	2.12	2.30	2.54
	MOYENNE	2.49	2.70	2.45	2.56	2.45	2.40	2.60	2.71	

Nageur		David AUBRY		Joris BOUCHAUT		Paul BEAUGRAND		Tommy-Lee CAMBLONG		Pierre LARGERON		Damien JOLY		Romain RAGUENAUD			
Temps		03:46.46		03:49.21 +02.75		03:50.16 +03.70		03:50.18 +03.72		03:50.62 +04.16		03:52.38 +05.92		03:56.25 +09.79			

RÉCAP	Tps de nage Tps/Dist Couléées Nombre de CB	3:23.75	249 CB	3:22.63	249 CB	3:27.61	258 CB	3:26.47	267 CB	3:28.54	242 CB	3:32.03	279 CB	3:37.05	258 CB		
		0:22.71	58.2 m	0:26.58	63.1 m	0:22.55	56.8 m	0:23.71	57.6 m	0:22.08	56.8 m	0:20.35	49.7 m	0:19.20	50.1 m		

LAPS	50m	00:26.44 -		00:26.61 -		00:26.62 -		00:26.79 -		00:27.15 -		00:27.40 -		00:26.96 -			
	100m	00:54.96	00:28.52	00:55.13	00:28.52	00:55.15	00:28.53	00:55.54	00:28.75	00:55.76	00:28.61	00:56.47	00:29.07	00:56.02	00:29.06		
	150m	01:23.59	00:28.63	01:23.69	00:28.56	01:24.07	00:28.92	01:24.66	00:29.12	01:24.98	00:29.22	01:26.00	00:29.53	01:25.66	00:29.64		
	200m	01:52.19	00:28.60	01:52.43	00:28.74	01:53.36	00:29.29	01:53.78	00:29.12	01:54.45	00:29.47	01:55.54	00:29.54	01:55.47	00:29.81		
	250m	02:20.88	00:28.69	02:21.55	00:29.12	02:22.85	00:29.49	02:22.83	00:29.05	02:24.13	00:29.68	02:24.88	00:29.34	02:25.70	00:30.23		
	300m	02:49.75	00:28.87	02:50.84	00:29.29	02:52.58	00:29.73	02:52.18	00:29.35	02:53.53	00:29.40	02:54.19	00:29.31	02:56.04	00:30.34		
	350m	03:18.88	00:29.13	03:20.48	00:29.64	03:22.41	00:29.83	03:21.28	00:29.10	03:22.61	00:29.08	03:23.50	00:29.31	03:26.65	00:30.61		
	400m	03:46.46	00:27.58	03:49.21	00:28.73	03:50.16	00:27.75	03:50.18	00:28.90	03:50.62	00:28.01	03:52.38	00:28.88	03:56.25	00:29.60		
	Moyenne	-	00:28.57	-	00:28.94	-	00:29.08	-	00:29.06	-	00:29.07	-	00:29.28	-	00:29.90		

PARTIES NAGEES	15-25m	5.45 s		5.57 s		5.45 s		5.59 s		5.76 s		5.58 s		5.55 s			
	25-45m	11.65 s		11.68 s		11.32 s		11.77 s		11.90 s		11.71 s		11.70 s			
	55-75m	11.90 s		11.69 s		11.86 s		11.77 s		11.84 s		11.88 s		11.88 s			
	75-95m	11.94 s		12.08 s		11.77 s		11.98 s		11.77 s		12.20 s		12.14 s			
	105-125m	11.96 s		11.85 s		11.92 s		12.23 s		12.18 s		12.23 s		12.10 s			
	125-145m	12.00 s		12.13 s		12.04 s		12.08 s		12.20 s		12.32 s		12.42 s			
	155-175m	11.91 s		11.68 s		12.30 s		11.83 s		12.13 s		12.10 s		12.20 s			
	175-195m	12.02 s		12.15 s		12.18 s		12.14 s		12.27 s		12.27 s		12.42 s			
	205-225	11.92 s		11.97 s		12.03 s		12.14 s		12.37 s		12.18 s		12.33 s			
	225-245	12.05 s		12.45 s		13.72 s		12.09 s		12.26 s		12.09 s		12.62 s			
	255-275	11.83 s		11.76 s		12.16 s		12.03 s		12.08 s		12.07 s		12.25 s			
	275-295	12.24 s		12.50 s		12.41 s		12.22 s		12.12 s		12.10 s		12.74 s			
	305-225	11.90 s		12.08 s		12.50 s		12.20 s		11.98 s		12.04 s		12.42 s			
	325-245	12.54 s		12.63 s		12.38 s		12.08 s		12.08 s		12.10 s		12.56 s			
	355-375	11.64 s		11.61 s		11.80 s		11.94 s		11.91 s		12.02 s		12.24 s			
	375-395	11.73 s		12.49 s		11.64 s		12.07 s		11.78 s		12.08 s		12.52 s			
	Moyenne	11.95 s		12.05 s		12.14 s		12.04 s		12.06 s		12.09 s		12.30 s			
	TOTAL	03:04.68		03:06.32		03:07.48		03:06.16		03:06.63		03:06.97		03:10.09			

Nageur			David AUBRY	Joris BOUCHAUT	Paul BEAUGRAND	Tommy-Lee CAMBLONG	Pierre LARGERON	Damien JOLY	Romain RAGUENAUD	
Temps			03:46.46	03:49.21 +02.75	03:50.16 +03.70	03:50.18 +03.72	03:50.62 +04.16	03:52.38 +05.92	03:56.25 +09.79	
PARTIES NON NAGEES	START	Temps sur le plot	0.68 s	0.70 s	0.66 s	0.65 s	0.62 s	0.69 s	0.73 s	
		Sortie de coulée	10.44 m	10.56 m	11.50 m	12.29 m	10.46 m	9.63 m	11.54 m	
			3.51 s 2.97 m/s	3.52 s 3.00 m/s	4.13 s 2.78 m/s	4.42 s 2.78 m/s	3.49 s 3.00 m/s	3.47 s 2.78 m/s	4.02 s 2.87 m/s	
	Temps aux 15m		6.35 s	6.48 s	6.65 s	6.52 s	6.35 s	7.10 s	6.42 s	
	VIRAGE 1	5m avant	2.99 s	2.88 s	3.20 s	2.91 s	3.14 s	3.01 s	3.29 s	
		Sortie de coulée	6.92 m	7.46 m	6.80 m	6.78 m	6.54 m	5.67 m	5.74 m	
			2.77 s 2.50 m/s	3.24 s 2.30 m/s	2.72 s 2.50 m/s	2.98 s 2.28 m/s	2.62 s 2.50 m/s	2.36 s 2.40 m/s	2.26 s 2.54 m/s	
	Temps aux 5m		1.63 s	1.80 s	1.65 s	1.93 s	1.71 s	1.96 s	1.82 s	
	VIRAGE 2	5m avant	3.05 s	2.95 s	3.25 s	3.07 s	3.29 s	3.03 s	3.22 s	
		Sortie de coulée	7.37 m	7.94 m	7.13 m	7.16 m	7.13 m	6.10 m	5.79 m	
			3.03 s 2.43 m/s	3.38 s 2.35 m/s	2.96 s 2.41 m/s	3.01 s 2.38 m/s	2.92 s 2.44 m/s	2.57 s 2.37 m/s	2.32 s 2.50 m/s	
	Temps aux 5m		1.61 s	1.64 s	1.69 s	1.69 s	1.62 s	1.90 s	1.84 s	
	VIRAGE 3	5m avant	3.06 s	2.94 s	3.27 s	3.12 s	3.22 s	3.08 s	3.28 s	
		Sortie de coulée	7.20 m	7.50 m	7.03 m	6.61 m	6.38 m	5.50 m	5.67 m	
			2.92 s 2.47 m/s	3.31 s 2.27 m/s	2.78 s 2.53 m/s	3.02 s 2.19 m/s	2.58 s 2.47 m/s	2.28 s 2.41 m/s	2.18 s 2.60 m/s	
	Temps aux 5m		1.61 s	1.85 s	1.53 s	2.07 s	1.74 s	1.98 s	1.77 s	
	VIRAGE 4	5m avant	3.06 s	3.06 s	3.28 s	3.08 s	3.33 s	3.19 s	3.42 s	
		Sortie de coulée	6.81 m	7.87 m	6.18 m	7.03 m	6.75 m	6.00 m	5.55 m	
			2.72 s 2.50 m/s	3.41 s 2.31 m/s	2.60 s 2.38 m/s	2.94 s 2.39 m/s	2.73 s 2.47 m/s	2.49 s 2.41 m/s	2.19 s 2.53 m/s	
	Temps aux 5m		1.64 s	1.69 s	1.89 s	1.71 s	1.65 s	1.88 s	1.85 s	
	VIRAGE 5	5m avant	3.08 s	3.01 s	1.85 s	3.11 s	3.40 s	3.19 s	3.43 s	
		Sortie de coulée	6.44 m	7.33 m	6.04 m	5.80 m	6.41 m	5.51 m	5.21 m	
			2.59 s 2.49 m/s	3.28 s 2.23 m/s	2.50 s 2.42 m/s	2.48 s 2.34 m/s	2.57 s 2.49 m/s	2.28 s 2.42 m/s	2.04 s 2.55 m/s	
	Temps aux 5m		1.74 s	1.91 s	1.87 s	2.00 s	1.72 s	1.97 s	1.91 s	
VIRAGE 6	5m avant	3.06 s	3.12 s	3.29 s	3.10 s	3.48 s	3.17 s	3.44 s		
	Sortie de coulée	6.51 m	6.87 m	6.39 m	6.30 m	6.59 m	6.06 m	5.35 m		
		2.58 s 2.52 m/s	2.95 s 2.33 m/s	2.60 s 2.46 m/s	2.47 s 2.55 m/s	2.64 s 2.50 m/s	2.67 s 2.27 m/s	2.20 s 2.43 m/s		
Temps aux 5m		1.68 s	1.82 s	1.73 s	1.68 s	1.69 s	2.03 s	1.98 s		
VIRAGE 7	5m avant	3.01 s	3.11 s	3.22 s	3.14 s	3.33 s	3.14 s	3.65 s		
	Sortie de coulée	6.53 m	7.55 m	5.76 m	5.59 m	6.49 m	5.27 m	5.26 m		
		2.59 s 2.52 m/s	3.49 s 2.16 m/s	2.26 s 2.55 m/s	2.39 s 2.34 m/s	2.53 s 2.57 m/s	2.23 s 2.36 m/s	1.99 s 2.64 m/s		
Temps aux 5m		1.70 s	2.01 s	1.81 s	2.04 s	1.64 s	2.07 s	1.83 s		
FIN	5m avant	2.51 s	2.62 s	2.50 s	2.85 s	2.68 s	2.71 s	3.01 s		
	Approche mur	0.40 s 0.80 m	0.52 s 0.99 m	0.19 s 0.38 m	0.42 s 0.74 m	0.52 s 0.97 m	0.84 s 1.55 m	0.43 s 0.71 m		
TOTAL			00:41.78	00:42.89	00:42.68	00:44.02	00:43.99	00:45.41	00:46.16	

Nageur	David AUBRY	Joris BOUCHAUT	Paul BEAUGRAND	Tommy-Lee CAMBLONG	Pierre LARGERON	Damien JOLY	Romain RAGUENAUD	
Temps	03:46.46	03:49.21 <i>+02.75</i>	03:50.16 <i>+03.70</i>	03:50.18 <i>+03.72</i>	03:50.62 <i>+04.16</i>	03:52.38 <i>+05.92</i>	03:56.25 <i>+09.79</i>	

MOUVEMENTS	COUPS DE BRAS	0-50m 50-100m	2831	2830	2732	2934	2630	3235	2633	
		100-150m 150-200m	3032	3031	3132	3234	3031	3535	3134	
		200-250m 250-300m	3033	3032	3132	3236	3032	3535	3135	
		300-350m 350-400m	3035	3038	3241	3238	3033	3537	3236	
		TOTAL	249	249	258	267	242	279	258	
	TEMPO	0-25m 25-50m	1.41.6	1.51.6	1.41.5	1.41.5	1.71.7	1.31.4	1.61.7	
		50-75m 75-100m	1.71.7	1.61.7	1.61.6	1.61.6	1.71.7	1.51.5	1.71.7	
		100-125m 125-150m	1.71.7	1.61.7	1.61.7	1.61.6	1.71.7	1.51.5	1.71.7	
		150-175m 175-200m	1.61.7	1.61.7	1.61.6	1.61.6	1.71.7	1.51.5	1.71.7	
		200-225m 225-250m	1.61.7	1.61.7	1.61.6	1.51.5	1.81.7	1.51.5	1.71.6	
		250-275m 275-300m	1.61.6	1.61.7	1.61.7	1.51.6	1.71.7	1.51.5	1.61.6	
		300-325m 325-350m	1.51.6	1.61.7	1.61.7	1.51.5	1.61.6	1.51.5	1.61.6	
		350-375m 375-400m	1.41.4	1.31.4	1.31.3	1.41.4	1.61.5	1.41.5	1.61.6	
		MOYENNE	1.6	1.6	1.6	1.5	1.7	1.5	1.6	
	FREQUENCE	0-25m 25-50m	42.338.3	40.238.2	42.539.0	43.640.2	35.934.7	45.342.9	38.336.1	
		50-75m 75-100m	36.335.7	37.835.9	38.736.6	38.437.2	34.935.1	40.739.9	34.936.4	
		100-125m 125-150m	36.435.7	37.036.2	38.136.5	37.536.9	35.334.8	40.639.5	35.235.1	
		150-175m 175-200m	36.935.6	36.936.2	37.536.8	38.638.0	34.934.9	39.739.6	36.136.1	
		200-225m 225-250m	38.136.3	37.235.5	37.536.6	39.838.9	34.234.5	40.239.6	36.436.5	
		250-275m 275-300m	37.436.6	37.636.2	37.136.0	39.338.5	35.335.0	40.639.8	36.736.8	
		300-325m 325-350m	39.837.3	37.436.5	36.736.2	41.040.9	37.036.7	41.040.9	37.437.9	
		350-375m 375-400m	42.041.8	45.744.2	47.047.2	43.241.6	38.339.0	41.941.3	38.738.0	
		MOYENNE	37.9	38.0	38.7	39.6	35.6	40.8	36.7	
	AMPLITUDE	0-25m 25-50m	2.812.69	2.902.69	2.742.72	2.602.54	3.172.90	2.512.39	3.022.84	
		50-75m 75-100m	2.782.81	2.722.77	2.622.78	2.662.69	2.912.91	2.482.47	2.902.71	
		100-125m 125-150m	2.752.80	2.742.73	2.652.73	2.622.69	2.792.82	2.422.47	2.822.75	
		150-175m 175-200m	2.732.80	2.782.73	2.602.68	2.632.60	2.842.80	2.502.47	2.732.68	
		200-225m 225-250m	2.652.74	2.692.71	2.662.39	2.482.55	2.842.84	2.452.51	2.672.60	
		250-275m 275-300m	2.712.68	2.712.65	2.642.69	2.542.55	2.812.83	2.452.49	2.672.56	
		300-325m 325-350m	2.532.56	2.662.61	2.612.68	2.402.43	2.712.71	2.432.43	2.592.52	
		350-375m 375-400m	2.452.45	2.262.18	2.162.18	2.332.39	2.632.61	2.392.41	2.542.52	
		MOYENNE	2.68	2.66	2.60	2.54	2.82	2.45	2.70	

Compétition		Pacome BRICOUT		David AUBRY		Damien JOLY		Logan FONTAINE		Sacha VELLY		Joris BOUCHAUT			
Temps		07:48.63		07:49.44 +00.81		07:50.10 +00.66		07:52.36 +03.73		07:54.89 +06.26		08:03.41 +14.78			
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB	7:01.69	494 CB	7:05.10	491 CB	7:09.68	536 CB	7:12.68	549 CB	7:16.54	607 CB	7:11.71	488 CB		
		0:46.94	116.5 m	0:44.34	110.7 m	0:40.42	98.0 m	0:39.68	102.5 m	0:38.35	91.5 m	0:51.70	122.3 m		

LAPS	100m	00:56.09	-	00:56.02	00:56.02	00:56.19	00:56.19	00:56.46	00:56.46	00:56.49	00:56.49	00:55.92	00:55.92		
	200m	01:54.89	00:58.80	01:54.71	00:58.69	01:54.77	00:58.58	01:55.71	00:59.25	01:56.06	00:59.57	01:54.69	00:58.77		
	300m	02:53.98	00:59.09	02:54.01	00:59.30	02:53.80	00:59.03	02:55.35	00:59.64	02:55.69	00:59.63	02:54.33	00:59.64		
	400m	03:53.27	00:59.29	03:53.43	00:59.42	03:53.22	00:59.42	03:55.53	01:00.18	03:55.54	00:59.85	03:55.46	01:01.13		
	500m	04:52.77	00:59.50	04:52.99	00:59.56	04:52.61	00:59.39	04:55.27	00:59.74	04:55.41	00:59.87	04:57.66	01:02.20		
	600m	05:52.51	00:59.74	05:52.74	00:59.75	05:52.43	00:59.82	05:55.66	01:00.39	05:55.55	01:00.14	06:00.14	01:02.48		
	700m	06:51.74	00:59.23	06:52.17	00:59.43	06:52.24	00:59.81	06:54.52	00:58.86	06:55.69	01:00.14	07:02.57	01:02.43		
	800m	07:48.63	00:56.89	07:49.44	00:57.27	07:50.10	00:57.86	07:52.36	00:57.84	07:54.89	00:59.20	08:03.41	01:00.84		
	Moyenne	-	00:58.93	-	00:58.68	-	00:58.76	-	00:59.05	-	00:59.36	-	01:00.43		

PARTIES NAGEES	15-45m	17.38 s	-	17.42 s	-	17.41 s	-	17.55 s	-	17.31 s	-	17.55 s	-		
	55-95m	24.37 s	12.23 s 12.14 s ↑	24.22 s	11.86 s 12.36 s ↓	23.67 s	11.70 s 11.97 s ↓	24.36 s	12.10 s 12.26 s ↓	24.27 s	12.04 s 12.23 s ↓	24.12 s	11.99 s 12.13 s ↓		
	105-145m	24.41 s	12.25 s 12.16 s ↑	24.34 s	12.11 s 12.23 s ↓	24.23 s	12.04 s 12.19 s ↓	24.87 s	12.46 s 12.41 s ↑	24.58 s	12.24 s 12.34 s ↓	24.79 s	12.39 s 12.40 s ↓		
	155-195m	24.35 s	12.07 s 12.28 s ↓	24.50 s	12.08 s 12.42 s ↓	24.20 s	12.03 s 12.17 s ↓	24.93 s	12.38 s 12.55 s ↓	24.69 s	12.37 s 12.32 s ↑	24.50 s	12.06 s 12.44 s ↓		
	205-245m	24.63 s	12.43 s 12.20 s ↑	24.85 s	12.56 s 12.29 s ↑	24.48 s	12.25 s 12.23 s ↑	24.96 s	12.44 s 12.52 s ↓	24.78 s	12.50 s 12.28 s ↑	24.77 s	12.46 s 12.31 s ↑		
	255-295m	24.56 s	12.10 s 12.46 s ↓	24.84 s	12.31 s 12.53 s ↓	24.30 s	12.03 s 12.27 s ↓	25.06 s	12.36 s 12.70 s ↓	24.54 s	12.28 s 12.26 s ↑	25.14 s	12.42 s 12.72 s ↓		
	305-345m	24.76 s	12.44 s 12.32 s ↑	24.59 s	12.29 s 12.30 s ↓	24.52 s	12.26 s 12.26 s ↑	25.15 s	12.54 s 12.61 s ↓	24.84 s	12.54 s 12.30 s ↑	25.41 s	12.68 s 12.73 s ↓		
	355-395m	24.63 s	12.27 s 12.36 s ↓	24.91 s	12.48 s 12.43 s ↑	24.56 s	12.20 s 12.36 s ↓	25.22 s	12.40 s 12.82 s ↓	24.61 s	12.40 s 12.21 s ↑	25.90 s	12.71 s 13.19 s ↓		
	405-445m	24.75 s	12.37 s 12.38 s ↓	24.94 s	12.38 s 12.56 s ↓	24.56 s	12.23 s 12.33 s ↓	24.98 s	12.41 s 12.57 s ↓	24.64 s	12.38 s 12.26 s ↑	26.17 s	13.14 s 13.03 s ↑		
	455-495m	24.68 s	12.24 s 12.44 s ↓	24.80 s	12.31 s 12.49 s ↓	24.60 s	12.27 s 12.33 s ↓	25.04 s	12.28 s 12.76 s ↓	24.84 s	12.33 s 12.51 s ↓	26.35 s	13.08 s 13.27 s ↓		
	505-545m	25.01 s	12.53 s 12.48 s ↑	25.03 s	12.46 s 12.57 s ↓	24.69 s	12.32 s 12.37 s ↓	25.17 s	12.52 s 12.65 s ↓	24.88 s	12.50 s 12.38 s ↑	26.28 s	13.00 s 13.28 s ↓		
	555-595m	25.03 s	12.43 s 12.60 s ↓	25.01 s	12.38 s 12.63 s ↓	24.88 s	12.40 s 12.48 s ↓	25.37 s	12.63 s 12.74 s ↓	24.79 s	12.35 s 12.44 s ↓	26.34 s	13.06 s 13.28 s ↓		
	605-645m	24.89 s	12.41 s 12.48 s ↓	24.79 s	12.26 s 12.53 s ↓	24.70 s	12.33 s 12.37 s ↓	24.48 s	12.20 s 12.28 s ↓	24.86 s	12.56 s 12.30 s ↑	26.33 s	13.09 s 13.24 s ↓		
	655-695m	24.39 s	12.11 s 12.28 s ↓	24.75 s	12.33 s 12.42 s ↓	24.72 s	12.27 s 12.45 s ↓	24.44 s	12.11 s 12.33 s ↓	24.85 s	12.43 s 12.42 s ↑	25.92 s	12.85 s 13.07 s ↓		
	705-745m	24.57 s	12.27 s 12.30 s ↓	24.17 s	11.93 s 12.24 s ↓	23.88 s	11.84 s 12.04 s ↓	24.03 s	11.92 s 12.11 s ↓	24.83 s	12.46 s 12.37 s ↑	26.12 s	12.96 s 13.16 s ↓		
	755-795m	23.34 s	11.65 s 11.69 s ↓	23.64 s	11.64 s 12.00 s ↓	24.10 s	11.90 s 12.20 s ↓	24.24 s	11.96 s 12.28 s ↓	24.16 s	12.21 s 11.95 s ↑	24.95 s	12.48 s 12.47 s ↑		
	Moyenne	24.56 s	12.25 s 12.30 s	24.63 s	12.23 s 12.40 s	24.41 s	12.14 s 12.27 s	24.82 s	12.31 s 12.51 s	24.68 s	12.37 s 12.30 s	25.54 s	12.69 s 12.85 s		
	TOTAL	06:25.75		06:26.80		06:23.50		06:29.85		06:27.47		06:40.64			

Compétition			Pacome BRICOUT	David AUBRY	Damien JOLY	Logan FONTAINE	Sacha VELLY	Joris BOUCHAUT		
Temps			07:48.63	07:49.44 +00.81	07:50.10 +00.66	07:52.36 +03.73	07:54.89 +06.26	08:03.41 +14.78		

PARTIES NON NAGEES	START	Temps sur le plot	0.69 s	0.71 s	0.68 s	0.75 s	0.77 s	0.72 s		
		Sortie de coulée	11.43 m	11.66 m	10.58 m	11.78 m	9.32 m	11.05 m		
			3.82 s 2.99 m/s	3.95 s 2.95 m/s	3.84 s 2.76 m/s	4.08 s 2.89 m/s	3.33 s 2.80 m/s	3.85 s 2.87 m/s		
		Temps aux 15m	6.26 s	6.34 s	6.85 s	6.61 s	6.92 s	6.61 s		
	50m	5m avant	3.27 s	3.15 s	3.09 s	3.20 s	2.96 s	2.95 s		
		Sortie de coulée	7.39 m	7.09 m	5.94 m	5.96 m	6.03 m	7.92 m		
			3.00 s 2.46 m/s	3.01 s 2.36 m/s	2.51 s 2.37 m/s	2.29 s 2.60 m/s	2.53 s 2.38 m/s	3.40 s 2.33 m/s		
		Temps aux 5m	1.54 s	1.77 s	1.96 s	1.71 s	1.91 s	1.65 s		
	100m	5m avant	3.27 s	3.12 s	3.21 s	3.03 s	3.12 s	3.04 s		
		Sortie de coulée	6.89 m	7.39 m	6.31 m	6.33 m	5.16 m	7.47 m		
			2.84 s 2.43 m/s	3.12 s 2.37 m/s	2.74 s 2.30 m/s	2.51 s 2.52 m/s	2.15 s 2.40 m/s	3.19 s 2.34 m/s		
		Temps aux 5m	1.68 s	1.67 s	1.95 s	1.68 s	2.05 s	1.66 s		
	150m	5m avant	3.36 s	3.21 s	3.09 s	2.97 s	3.10 s	3.00 s		
		Sortie de coulée	7.00 m	6.54 m	5.75 m	6.08 m	5.74 m	6.59 m		
			2.95 s 2.37 m/s	2.71 s 2.41 m/s	2.34 s 2.46 m/s	2.39 s 2.54 m/s	2.44 s 2.35 m/s	2.77 s 2.38 m/s		
		Temps aux 5m	1.74 s	1.78 s	1.89 s	1.72 s	1.98 s	1.81 s		
	200m	5m avant	3.26 s	3.19 s	3.22 s	3.08 s	3.17 s	3.01 s		
		Sortie de coulée	7.08 m	7.13 m	5.96 m	6.16 m	5.64 m	7.46 m		
			2.83 s 2.50 m/s	2.85 s 2.50 m/s	2.57 s 2.32 m/s	2.38 s 2.59 m/s	2.36 s 2.39 m/s	3.16 s 2.36 m/s		
		Temps aux 5m	1.54 s	1.51 s	1.98 s	1.66 s	1.96 s	1.63 s		
	250m	5m avant	3.31 s	3.22 s	3.15 s	3.07 s	3.19 s	3.23 s		
		Sortie de coulée	6.72 m	6.69 m	5.81 m	6.07 m	5.59 m	7.43 m		
			2.81 s 2.39 m/s	2.68 s 2.50 m/s	2.42 s 2.40 m/s	2.37 s 2.56 m/s	2.37 s 2.36 m/s	3.15 s 2.36 m/s		
		Temps aux 5m	1.77 s	1.64 s	1.93 s	1.71 s	2.01 s	1.64 s		
	300m	5m avant	3.28 s	3.24 s	3.19 s	3.18 s	3.15 s	3.23 s		
		Sortie de coulée	6.90 m	6.46 m	5.98 m	6.05 m	5.51 m	7.49 m		
			2.83 s 2.44 m/s	2.63 s 2.46 m/s	2.59 s 2.31 m/s	2.34 s 2.59 m/s	2.29 s 2.41 m/s	3.19 s 2.35 m/s		
		Temps aux 5m	1.65 s	1.73 s	1.99 s	1.68 s	1.97 s	1.61 s		
	350m	5m avant	3.31 s	3.26 s	3.20 s	3.17 s	3.18 s	3.25 s		
		Sortie de coulée	7.18 m	6.36 m	5.77 m	6.10 m	5.66 m	7.30 m		
			3.00 s 2.39 m/s	2.55 s 2.49 m/s	2.35 s 2.46 m/s	2.52 s 2.42 m/s	2.40 s 2.36 m/s	3.17 s 2.30 m/s		
		Temps aux 5m	1.66 s	1.70 s	1.88 s	1.84 s	1.99 s	1.71 s		
	400m	5m avant	3.28 s	3.23 s	3.27 s	3.12 s	3.26 s	3.25 s		
		Sortie de coulée	6.78 m	6.66 m	5.83 m	6.18 m	5.23 m	7.85 m		
			2.77 s 2.45 m/s	2.62 s 2.54 m/s	2.42 s 2.41 m/s	2.46 s 2.51 m/s	2.24 s 2.33 m/s	3.31 s 2.37 m/s		
		Temps aux 5m	1.67 s	1.59 s	1.91 s	1.73 s	2.10 s	1.44 s		

Compétition		Pacome BRICOUT		David AUBRY		Damien JOLY		Logan FONTAINE		Sacha VELLY		Joris BOUCHAUT			
Temps		07:48.63		07:49.44 +00.81		07:50.10 +00.66		07:52.36 +03.73		07:54.89 +06.26		08:03.41 +14.78			
PARTIES NON NAGÉES	450m	5m avant	3.39 s	3.14 s	3.23 s	3.08 s	3.18 s	3.31 s							
		Sortie de coulée	7.03 m	6.04 m	5.73 m	5.91 m	5.54 m	7.09 m							
			2.96 s 2.38 m/s	2.51 s 2.41 m/s	2.30 s 2.49 m/s	2.35 s 2.51 m/s	2.41 s 2.30 m/s	3.01 s 2.36 m/s							
		Temps aux 5m	1.72 s	1.87 s	1.85 s	1.79 s	2.08 s	1.64 s							
	500m	5m avant	3.29 s	3.22 s	3.24 s	3.12 s	3.03 s	3.29 s							
		Sortie de coulée	7.11 m	6.64 m	5.91 m	5.99 m	5.16 m	7.32 m							
			2.87 s 2.48 m/s	2.59 s 2.56 m/s	2.52 s 2.35 m/s	2.36 s 2.54 m/s	2.21 s 2.33 m/s	3.17 s 2.31 m/s							
		Temps aux 5m	1.55 s	1.57 s	1.96 s	1.74 s	2.11 s	1.66 s							
	550m	5m avant	3.28 s	3.20 s	3.28 s	3.14 s	3.15 s	3.26 s							
		Sortie de coulée	7.32 m	5.84 m	5.74 m	5.93 m	5.36 m	7.56 m							
			3.00 s 2.44 m/s	2.29 s 2.55 m/s	2.29 s 2.51 m/s	2.31 s 2.57 m/s	2.31 s 2.32 m/s	3.31 s 2.28 m/s							
		Temps aux 5m	1.56 s	1.77 s	1.83 s	1.72 s	2.09 s	1.64 s							
	600m	5m avant	3.31 s	3.17 s	3.18 s	3.25 s	3.12 s	3.30 s							
		Sortie de coulée	6.80 m	6.29 m	5.89 m	5.75 m	5.25 m	7.23 m							
			2.75 s 2.47 m/s	2.59 s 2.43 m/s	2.57 s 2.29 m/s	2.19 s 2.63 m/s	2.23 s 2.35 m/s	3.13 s 2.31 m/s							
		Temps aux 5m	1.63 s	1.80 s	2.02 s	1.73 s	2.07 s	1.67 s							
	650m	5m avant	3.21 s	3.26 s	3.29 s	3.39 s	3.25 s	3.33 s							
		Sortie de coulée	6.87 m	6.38 m	5.59 m	6.04 m	5.34 m	7.54 m							
			2.91 s 2.36 m/s	2.58 s 2.47 m/s	2.25 s 2.48 m/s	2.35 s 2.57 m/s	2.26 s 2.36 m/s	3.30 s 2.28 m/s							
		Temps aux 5m	1.78 s	1.73 s	1.89 s	1.72 s	2.05 s	1.67 s							
	700m	5m avant	3.33 s	3.10 s	3.19 s	3.10 s	3.06 s	3.51 s							
		Sortie de coulée	6.94 m	6.96 m	5.84 m	6.11 m	5.27 m	7.93 m							
			2.75 s 2.52 m/s	2.89 s 2.41 m/s	2.57 s 2.27 m/s	2.35 s 2.60 m/s	2.25 s 2.34 m/s	3.55 s 2.23 m/s							
		Temps aux 5m	1.56 s	1.72 s	2.07 s	1.69 s	2.08 s	1.65 s							
	750m	5m avant	3.20 s	3.16 s	3.20 s	3.34 s	3.21 s	3.26 s							
		Sortie de coulée	7.01 m	6.58 m	5.34 m	6.09 m	5.66 m	7.10 m							
			2.85 s 2.46 m/s	2.77 s 2.38 m/s	2.14 s 2.50 m/s	2.43 s 2.51 m/s	2.57 s 2.20 m/s	3.04 s 2.34 m/s							
		Temps aux 5m	1.68 s	1.85 s	1.94 s	1.78 s	2.17 s	1.73 s							
	FINISH	5m avant	2.54 s	2.73 s	2.67 s	2.76 s	2.75 s	3.13 s							
		Approche mur	0.31 s 0.61 m	0.71 s 1.30 s	0.64 s 1.20 s	0.64 s 1.16 s	1.00 s 1.82 m	1.14 s 1.82 m							
	TOTAL		01:22.88	01:22.64	01:26.60	01:22.51	01:27.42	01:22.77							

Compétition	Pacome BRICOUT	David AUBRY	Damien JOLY	Logan FONTAINE	Sacha VELLY	Joris BOUCHAUT		
Temps	07:48.63	07:49.44 <i>+00.81</i>	07:50.10 <i>+00.66</i>	07:52.36 <i>+03.73</i>	07:54.89 <i>+06.26</i>	08:03.41 <i>+14.78</i>		

MOUVEMENTS	COUPS DE BRAS	0-50m 50-100m	2731	2630	2933	3034	3337	2729		
		100-150m 150-200m	3131	2930	3333	3434	3838	3031		
		200-250m 250-300m	3131	3030	3333	3435	3838	3131		
		300-350m 350-400m	3131	3031	3334	3434	3838	3131		
		400-450m 450-500m	3131	3131	3434	3434	3938	3131		
		500-550m 550-600m	3131	3132	3434	3435	3938	3131		
		600-650m 650-700m	3131	3232	3434	3635	3939	3131		
		700-750m 750-800m	3133	3234	3437	3636	3938	3130		
		TOTAL	494	491	536	549	607	488		
	TEMPO	0-50m 50-100m	1.571.66	1.541.69	1.501.56	1.461.50	1.361.40	1.601.70		
		100-150m 150-200m	1.691.67	1.711.73	1.571.59	1.521.53	1.421.39	1.701.68		
		200-250m 250-300m	1.701.68	1.731.74	1.581.58	1.531.52	1.401.40	1.701.71		
		300-350m 350-400m	1.711.70	1.741.70	1.581.58	1.551.55	1.401.39	1.731.74		
		400-450m 450-500m	1.721.70	1.691.70	1.581.57	1.531.54	1.391.38	1.751.77		
		500-550m 550-600m	1.711.71	1.691.68	1.581.57	1.551.56	1.401.39	1.771.77		
		600-650m 650-700m	1.711.68	1.661.64	1.581.57	1.511.49	1.401.38	1.791.77		
		700-750m 750-800m	1.691.54	1.591.49	1.521.45	1.461.47	1.401.39	1.741.74		
		MOYENNE	1.7	1.7	1.6	1.5	1.4	1.7		
	FREQUENCE	0-50m 50-100m	38.436.2	39.135.5	40.138.5	41.140.0	44.143.0	37.635.4		
		100-150m 150-200m	35.736.0	35.234.7	38.337.9	39.439.3	42.443.1	35.335.8		
		200-250m 250-300m	35.435.7	34.734.7	38.038.1	39.339.4	42.943.0	35.435.1		
		300-350m 350-400m	35.235.5	34.535.5	38.038.0	38.938.8	42.943.3	34.834.5		
		400-450m 450-500m	35.035.3	35.535.4	38.138.3	39.239.0	43.343.4	34.333.9		
		500-550m 550-600m	35.135.0	35.635.8	38.038.3	38.738.5	42.843.1	34.034.0		
		600-650m 650-700m	35.235.8	36.136.6	38.138.4	39.840.4	43.043.5	33.534.0		
		700-750m 750-800m	35.539.1	37.740.4	39.641.6	41.341.0	43.143.5	34.634.5		
		MOYENNE	35.9	36.0	38.6	39.6	43.1	34.8		
	AMPLITUDE DE NAGE	0-50m 50-100m	2.832.72	2.772.80	2.672.64	2.582.47	2.462.30	2.852.81		
		100-150m 150-200m	2.762.74	2.802.82	2.592.62	2.452.45	2.312.26	2.742.74		
		200-250m 250-300m	2.752.74	2.792.79	2.582.60	2.452.44	2.262.27	2.742.72		
		300-350m 350-400m	2.752.75	2.832.72	2.582.58	2.452.46	2.252.26	2.722.69		
		400-450m 450-500m	2.782.76	2.712.74	2.572.55	2.452.46	2.252.23	2.842.69		
		500-550m 550-600m	2.742.74	2.702.69	2.562.52	2.472.46	2.252.25	2.682.68		
		600-650m 650-700m	2.752.76	2.682.66	2.562.53	2.472.43	2.252.22	2.722.73		
		700-750m 750-800m	2.762.63	2.642.52	2.542.40	2.422.41	2.252.29	2.662.79		
		MOYENNE	2.74	2.73	2.57	2.46	2.27	2.74		

NAGEUR		David AUBRY		Damien JOLY		Logan FONTAINE						
TEMPS		14:51.03		14:51.62 +00.59		15:18.16 +27.13						
RÉCAP	Tps de nage Tps/Dist Couléés Nombre de CB	13:30.76	929 CB	13:37.43	1002 CB	14:04.76	955 CB					
		01:20.27	196.3 m	01:14.19	181.3 m	01:13.40	187.6 m					
LAPS	50m	00:27.44	-	00:27.94	-	00:27.66	-					
	100m	00:57.18	00:57.18	00:57.76	00:57.76	00:57.99	00:57.99					
	150m	01:26.92	-	01:27.57	-	01:27.94	-					
	200m	01:56.86	00:59.68	01:57.51	00:59.75	01:58.06	01:00.07					
	250m	02:26.73	-	02:27.30	-	02:28.37	-					
	300m	02:56.62	00:59.76	02:57.34	00:59.83	02:58.63	01:00.57					
	350m	03:26.46	-	03:27.12	-	03:28.72	-					
	400m	03:56.39	00:59.77	03:56.92	00:59.58	03:59.00	01:00.37					
	450m	04:26.38	-	04:26.81	-	04:29.05	-					
	500m	04:56.22	00:59.83	04:56.59	00:59.67	04:59.44	01:00.44					
	550m	05:26.19	-	05:26.37	-	05:29.68	-					
	600m	05:56.12	00:59.90	05:56.27	00:59.68	06:00.19	01:00.75					
	650m	06:26.06	-	06:25.85	-	06:30.48	-					
	700m	06:55.66	00:59.54	06:55.57	00:59.30	07:01.18	01:00.99					
	750m	07:25.38	-	07:25.12	-	07:31.45	-					
	800m	07:54.94	00:59.28	07:54.83	00:59.26	08:01.94	01:00.76					
	850m	08:24.75	-	08:24.46	-	08:32.39	-					
	900m	08:54.29	00:59.35	08:54.13	00:59.30	09:03.22	01:01.28					
	950m	09:24.13	-	09:23.86	-	09:33.84	-					
	1000m	09:53.73	00:59.44	09:53.71	00:59.58	10:04.84	01:01.62					
	1050m	10:23.86	-	10:23.52	-	10:35.97	-					
	1100m	10:53.59	00:59.86	10:53.28	00:59.57	11:07.41	01:02.57					
	1150m	11:23.54	-	11:23.15	-	11:38.50	-					
	1200m	11:53.38	00:59.79	11:53.04	00:59.76	12:09.94	01:02.53					
	1250m	12:23.37	-	12:23.10	-	12:41.24	-					
	1300m	12:53.34	00:59.96	12:53.04	01:00.00	13:12.76	01:02.82					
	1350m	13:23.43	-	13:23.28	-	13:44.08	-					
	1400m	13:53.28	00:59.94	13:53.16	01:00.12	14:15.80	01:03.04					
	1450m	14:23.55	-	14:22.85	-	14:47.27	-					
	1500m	14:51.03	00:57.75	14:51.62	00:58.46	15:18.16	01:02.36					
	Moyenne	-	00:59.56	-	00:59.56	-	01:01.44					

NAGEUR		David AUBRY			Damien JOLY			Logan FONTAINE							
TEMPS		14:51.03			14:51.62 +00.59			15:18.16 +27.13							
PARTIES NAGEES	15-45m	17.80 s	-		17.79 s	-		17.95 s	-						
	55-95m	24.63 s	12.14 s	12.49 s ↓	24.66 s	12.27 s	12.39 s ↓	24.80 s	12.29 s	12.51 s ↓					
	105-145m	25.02 s	12.37 s	12.65 s ↓	24.78 s	12.39 s	12.39 s ↑	25.28 s	12.65 s	12.63 s ↑					
	155-195m	25.00 s	12.40 s	12.60 s ↓	24.88 s	12.40 s	12.48 s ↓	25.26 s	12.59 s	12.67 s ↓					
	205-245m	25.11 s	12.50 s	12.61 s ↓	24.59 s	12.27 s	12.32 s ↓	25.41 s	12.73 s	12.68 s ↑					
	255-295m	24.85 s	12.26 s	12.59 s ↓	24.83 s	12.33 s	12.50 s ↓	25.08 s	12.50 s	12.58 s ↓					
	305-345m	25.01 s	12.44 s	12.57 s ↓	24.65 s	12.25 s	12.40 s ↓	25.18 s	12.61 s	12.57 s ↑					
	355-395m	25.08 s	12.54 s	12.54 s ↓	24.79 s	12.38 s	12.41 s ↓	25.45 s	12.60 s	12.85 s ↓					
	405-445m	25.22 s	12.69 s	12.53 s ↑	24.76 s	12.38 s	12.38 s ↑	25.09 s	12.59 s	12.50 s ↑					
	455-495m	24.94 s	12.36 s	12.58 s ↓	24.82 s	12.37 s	12.45 s ↓	25.46 s	12.67 s	12.79 s ↓					
	505-545m	25.07 s	12.57 s	12.50 s ↑	24.79 s	12.44 s	12.35 s ↑	25.25 s	12.73 s	12.52 s ↑					
	555-595m	24.91 s	12.41 s	12.50 s ↓	24.74 s	12.38 s	12.36 s ↑	25.58 s	12.72 s	12.86 s ↓					
	605-645m	24.99 s	12.50 s	12.49 s ↑	24.54 s	12.28 s	12.26 s ↑	25.16 s	12.48 s	12.68 s ↓					
	655-695m	24.58 s	12.28 s	12.30 s ↓	24.67 s	12.25 s	12.42 s ↓	25.67 s	12.70 s	12.97 s ↓					
	705-745m	24.84 s	12.29 s	12.55 s ↓	24.61 s	12.30 s	12.31 s ↓	25.42 s	12.36 s	13.06 s ↓					
	755-795m	24.67 s	12.21 s	12.46 s ↓	24.59 s	12.31 s	12.28 s ↑	25.60 s	12.72 s	12.88 s ↓					
	805-845m	24.93 s	12.37 s	12.56 s ↓	24.71 s	12.29 s	12.42 s ↓	25.47 s	12.69 s	12.78 s ↓					
	855-895m	24.64 s	12.14 s	12.50 s ↓	24.60 s	12.30 s	12.30 s ↓	25.88 s	12.87 s	13.01 s ↓					
	905-945m	24.91 s	12.42 s	12.49 s ↓	24.74 s	12.37 s	12.37 s ↓	25.56 s	12.87 s	12.69 s ↑					
	955-995m	24.77 s	12.16 s	12.61 s ↓	24.82 s	12.25 s	12.57 s ↓	26.06 s	13.12 s	12.94 s ↑					
	1005-1045m	25.09 s	12.39 s	12.70 s ↓	24.78 s	12.45 s	12.33 s ↑	25.90 s	13.00 s	12.90 s ↑					
	1055-1095m	24.62 s	12.13 s	12.49 s ↓	24.80 s	12.26 s	12.54 s ↓	26.16 s	12.95 s	13.21 s ↓					
	1105-1145m	24.95 s	12.27 s	12.68 s ↓	24.74 s	12.31 s	12.43 s ↓	25.98 s	13.01 s	12.97 s ↑					
	1155-1195m	24.75 s	12.16 s	12.59 s ↓	24.88 s	12.28 s	12.60 s ↓	26.32 s	13.10 s	13.22 s ↓					
	1205-1245m	24.98 s	12.30 s	12.68 s ↓	24.91 s	12.28 s	12.63 s ↓	26.19 s	12.95 s	13.24 s ↓					
	1255-1295m	24.77 s	12.15 s	12.62 s ↓	24.91 s	12.37 s	12.54 s ↓	26.31 s	13.02 s	13.29 s ↓					
	1305-1345m	24.99 s	12.24 s	12.75 s ↓	25.04 s	12.42 s	12.62 s ↓	26.30 s	13.10 s	13.20 s ↓					
	1355-1395m	24.66 s	12.29 s	12.37 s ↓	24.66 s	12.17 s	12.49 s ↓	26.55 s	13.29 s	13.26 s ↑					
	1405-1445m	24.90 s	12.47 s	12.43 s ↑	24.54 s	12.24 s	12.30 s ↓	26.22 s	13.09 s	13.13 s ↓					
	1455-1495m	23.10 s	11.48 s	11.62 s ↓	24.02 s	12.02 s	12.00 s ↑	26.28 s	13.14 s	13.14 s ↑					
	Moyenne	24.83 s	12.31 s	12.52 s	24.72 s	12.31 s	12.41 s	25.69 s	12.80 s	12.89 s					
TOTAL		12:17.78			12:14.64			12:42.82							

NAGEUR			David AUBRY	Damien JOLY	Logan FONTAINE					
TEMPS			14:51.03	14:51.62 +00.59	15:18.16 +27.13					
PARTIES NON NAGEES	Start	Temps sur le plot	0.70 s	0.70 s	0.79 s					
		Sortie de coulée	10.80 m	10.60 m	11.18 m					
		Temps aux 15m	3.76 s 2.87 m/s 6.50 s	3.92 s 2.70 m/s 7.06 s	3.89 s 2.87 m/s 6.67 s					
	50m	5m avant	3.14 s	3.09 s	3.04 s					
		Sortie de coulée	6.60 m	5.86 m	5.91 m					
		Temps aux 5m	2.80 s 2.36 m/s 1.83 s	2.40 s 2.44 m/s 1.87 s	2.41 s 2.45 m/s 1.85 s					
	100m	5m avant	3.28 s	3.29 s	3.68 s					
		Sortie de coulée	6.81 m	6.37 m	6.41 m					
		Temps aux 5m	2.80 s 2.43 m/s 1.68 s	2.63 s 2.42 m/s 1.78 s	2.21 s 2.90 m/s 1.32 s					
	150m	5m avant	3.04 s	3.25 s	3.35 s					
		Sortie de coulée	6.74 m	6.02 m	6.27 m					
		Temps aux 5m	2.82 s 2.39 m/s 1.74 s	2.52 s 2.39 m/s 1.89 s	2.42 s 2.59 m/s 1.62 s					
	200m	5m avant	3.20 s	3.17 s	3.24 s					
		Sortie de coulée	7.14 m	5.96 m	5.94 m					
		Temps aux 5m	3.05 s 2.34 m/s 1.71 s	2.50 s 2.38 m/s 1.91 s	2.27 s 2.62 m/s 1.67 s					
	250m	5m avant	3.05 s	3.29 s	3.23 s					
		Sortie de coulée	6.65 m	5.97 m	5.96 m					
		Temps aux 5m	2.86 s 2.33 m/s 1.85 s	2.53 s 2.36 m/s 1.93 s	2.39 s 2.49 m/s 1.79 s					
	300m	5m avant	3.19 s	3.28 s	3.39 s					
		Sortie de coulée	6.90 m	6.16 m	6.22 m					
		Temps aux 5m	2.93 s 2.35 m/s 1.75 s	2.62 s 2.35 m/s 1.91 s	2.41 s 2.58 m/s 1.64 s					
	350m	5m avant	3.08 s	3.22 s	3.27 s					
		Sortie de coulée	6.88 m	5.78 m	6.05 m					
		Temps aux 5m	2.82 s 2.44 m/s 1.64 s	2.35 s 2.46 m/s 1.87 s	2.36 s 2.56 m/s 1.70 s					
	400m	5m avant	3.21 s	3.14 s	3.13 s					
		Sortie de coulée	6.99 m	6.13 m	6.00 m					
		Temps aux 5m	2.83 s 2.47 m/s 1.57 s	2.57 s 2.39 m/s 1.87 s	2.29 s 2.62 m/s 1.66 s					
	450m	5m avant	3.20 s	3.26 s	3.30 s					
		Sortie de coulée	6.67 m	5.84 m	5.98 m					
		Temps aux 5m	2.79 s 2.39 m/s 1.76 s	2.32 s 2.52 m/s 1.80 s	2.32 s 2.58 m/s 1.70 s					
	500m	5m avant	3.14 s	3.16 s	3.23 s					
		Sortie de coulée	6.96 m	6.03 m	6.05 m					
		Temps aux 5m	2.96 s 2.35 m/s 1.73 s	2.44 s 2.47 m/s 1.80 s	2.38 s 2.54 m/s 1.71 s					
	550m	5m avant	3.17 s	3.19 s	3.28 s					
		Sortie de coulée	6.21 m	5.81 m	5.99 m					
		Temps aux 5m	2.53 s 2.45 m/s 1.78 s	2.42 s 2.40 m/s 1.92 s	2.33 s 2.57 m/s 1.70 s					
	600m	5m avant	3.24 s	3.24 s	3.23 s					
		Sortie de coulée	6.47 m	5.98 m	6.01 m					
		Temps aux 5m	2.66 s 2.43 m/s 1.74 s	2.46 s 2.43 m/s 1.86 s	2.44 s 2.46 m/s 1.81 s					

NAGEUR		David AUBRY	Damien JOLY	Logan FONTAINE					
TEMPS		14:51.03	14:51.62 +00.59	15:18.16 +27.13					
PARTIES NON NAGEES	650m	5m avant	3.21 s	3.18 s	3.32 s				
		Sortie de coulée	6.50 m	5.85 m	5.88 m				
		Temps aux 5m	2.71 s 2.40 m/s	2.38 s 2.46 m/s	2.29 s 2.57 m/s				
	700m	5m avant	3.23 s	3.19 s	3.30 s				
		Sortie de coulée	6.11 m	6.15 m	6.04 m				
		Temps aux 5m	2.46 s 2.48 m/s	2.52 s 2.44 m/s	2.36 s 2.56 m/s				
	750m	5m avant	3.10 s	3.13 s	3.13 s				
		Sortie de coulée	6.33 m	5.60 m	5.90 m				
		Temps aux 5m	2.64 s 2.40 m/s	2.24 s 2.50 m/s	2.17 s 2.72 m/s				
	800m	5m avant	3.06 s	3.25 s	3.29 s				
		Sortie de coulée	6.47 m	5.93 m	6.18 m				
		Temps aux 5m	2.62 s 2.47 m/s	2.44 s 2.43 m/s	2.47 s 2.50 m/s				
	850m	5m avant	3.17 s	3.05 s	3.26 s				
		Sortie de coulée	6.27 m	5.78 m	5.90 m				
		Temps aux 5m	2.54 s 2.47 m/s	2.33 s 2.48 m/s	2.28 s 2.59 m/s				
	900m	5m avant	3.13 s	3.22 s	3.25 s				
		Sortie de coulée	5.89 m	5.76 m	6.07 m				
		Temps aux 5m	2.34 s 2.52 m/s	2.40 s 2.40 m/s	2.41 s 2.52 m/s				
	950m	5m avant	3.14 s	3.06 s	3.34 s				
		Sortie de coulée	6.10 m	5.59 m	5.96 m				
		Temps aux 5m	2.42 s 2.52 m/s	2.24 s 2.50 m/s	2.30 s 2.59 m/s				
	1000m	5m avant	3.08 s	3.15 s	3.27 s				
		Sortie de coulée	6.15 m	5.98 m	6.17 m				
		Temps aux 5m	2.49 s 2.47 m/s	2.42 s 2.47 m/s	2.60 s 2.37 m/s				
	1050m	5m avant	3.26 s	3.22 s	3.39 s				
		Sortie de coulée	6.19 m	5.64 m	6.28 m				
		Temps aux 5m	2.56 s 2.42 m/s	2.24 s 2.52 m/s	2.70 s 2.33 m/s				
	1100m	5m avant	3.27 s	3.11 s	3.41 s				
		Sortie de coulée	6.14 m	5.91 m	6.06 m				
		Temps aux 5m	2.55 s 2.41 m/s	2.46 s 2.40 m/s	2.40 s 2.53 m/s				
	1150m	5m avant	3.15 s	3.23 s	3.40 s				
		Sortie de coulée	6.23 m	5.98 m	6.27 m				
		Temps aux 5m	2.59 s 2.41 m/s	2.54 s 2.35 m/s	2.51 s 2.50 m/s				
	1200m	5m avant	3.25 s	3.07 s	3.44 s				
		Sortie de coulée	6.22 m	5.85 m	6.20 m				
		Temps aux 5m	2.58 s 2.41 m/s	2.42 s 2.42 m/s	2.40 s 2.58 m/s				
	1250m	5m avant	3.18 s	3.25 s	3.49 s				
		Sortie de coulée	5.94 m	6.16 m	6.09 m				
		Temps aux 5m	2.49 s 2.39 m/s	2.58 s 2.39 m/s	2.43 s 2.51 m/s				

NAGEUR		David AUBRY		Damien JOLY		Logan FONTAINE						
TEMPS		14:51.03		14:51.62 +00.59		15:18.16 +27.13						
PARTIES NON NAGEES	1300m	5m avant		3.28 s		3.17 s		3.49 s				
		Sortie de coulée		6.18 m		5.90 m		6.22 m				
		2.54 s	2.43 m/s	2.49 s	2.37 m/s	2.46 s	2.53 m/s					
	Temps aux 5m		1.82 s		1.93 s		1.66 s					
	1350m	5m avant		3.28 s		3.27 s		3.36 s				
		Sortie de coulée		5.72 m		5.82 m		6.34 m				
		2.29 s	2.50 m/s	2.41 s	2.41 m/s	2.60 s	2.44 m/s					
	Temps aux 5m		1.85 s		1.91 s		1.71 s					
	1400m	5m avant		3.34 s		3.31 s		3.46 s				
		Sortie de coulée		5.83 m		5.57 m		6.02 m				
		2.30 s	2.53 m/s	2.31 s	2.41 m/s	2.47 s	2.44 m/s					
	Temps aux 5m		1.78 s		1.96 s		1.80 s					
	1450m	5m avant		3.59 s		3.19 s		3.45 s				
		Sortie de coulée		6.17 m		5.35 m		6.00 m				
		2.54 s	2.43 m/s	2.09 s	2.56 m/s	2.43 s	2.47 m/s					
	Temps aux 5m		1.87 s		1.88 s		1.77 s					
FINIS	5m avant		2.51 s		2.87 s		2.84 s					
	Approche mur		0.60 s	1.20 m	0.89 s	1.55 m	1.25 s	2.20 m				
TOTAL		02:33.25		02:36.98		02:35.34						

MOUVEMENTS	NB CYCLES	0-50m 50-100m	27	29	29	33	28	32					
		100-150m 150-200m	30	30	33	33	32	31					
		200-250m 250-300m	30	30	33	33	32	32					
		300-350m 350-400m	30	30	33	33	32	32					
		400-450m 450-500m	30	30	33	33	32	32					
		500-550m 550-600m	30	31	33	33	32	32					
		600-650m 650-700m	31	30	33	33	32	32					
		700-750m 750-800m	31	31	33	33	32	32					
		800-850m 850-900m	31	31	33	33	32	32					
		900-950m 950-1000m	32	32	33	34	32	32					
		1000-1050m 1050-1100m	32	32	33	34	32	32					
		1100-1150m 1150-1200m	32	32	34	34	32	32					
		1200-1250m 1250-1300m	32	32	34	34	32	32					
		1300-1350m 1350-1400m	32	32	35	35	32	32					
		1400-1450 1450-1500m	33	34	35	37	32	32					
	TOTAL	929		1002		955							
	TEMPO	0-50m 50-100m	1.60	1.76	1.54	1.64	1.55	1.70					
		100-150m 150-200m	1.76	1.77	1.63	1.63	1.72	1.72					
		200-250m 250-300m	1.76	1.75	1.63	1.64	1.71	1.69					
		300-350m 350-400m	1.75	1.75	1.63	1.64	1.70	1.69					
		400-450m 450-500m	1.77	1.75	1.64	1.64	1.70	1.71					
		500-550m 550-600m	1.75	1.74	1.64	1.64	1.71	1.73					
		600-650m 650-700m	1.75	1.73	1.62	1.64	1.70	1.72					
		700-750m 750-800m	1.72	1.70	1.61	1.62	1.71	1.71					
		800-850m 850-900m	1.70	1.71	1.62	1.62	1.70	1.72					
		900-950m 950-1000m	1.67	1.66	1.61	1.62	1.74	1.74					
		1000-1050m 1050-1100m	1.67	1.66	1.61	1.60	1.77	1.77					
		1100-1150m 1150-1200m	1.66	1.68	1.60	1.59	1.77	1.77					
1200-1250m 1250-1300m		1.66	1.67	1.60	1.59	1.76	1.80						
1300-1350m 1350-1400m	1.67	1.64	1.57	1.55	1.79	1.78							
1400-1450 1450-1500m	1.64	1.46	1.52	1.44	1.79	1.75							
MOYENNE	1.7		1.6		1.7								

NAGEUR		David AUBRY		Damien JOLY		Logan FONTAINE						
TEMPS		14:51.03		14:51.62 +00.59		15:18.16 +27.13						
MOUVEMENTS	FREQUENCE	0-50m 50-100m	37.834.0	39.036.7	38.835.4							
		100-150m 150-200m	34.134.0	36.937.0	35.034.9							
		200-250m 250-300m	34.234.3	36.936.6	35.235.6							
		300-350m 350-400m	34.334.2	36.836.6	35.535.6							
		400-450m 450-500m	34.034.3	36.736.7	35.335.1							
		500-550m 550-600m	34.334.6	36.736.5	35.234.7							
		600-650m 650-700m	34.434.7	37.036.6	35.434.9							
		700-750m 750-800m	34.935.4	37.237.1	35.135.0							
		800-850m 850-900m	35.435.1	37.237.1	35.334.9							
		900-950m 950-1000m	35.936.1	37.437.2	34.734.5							
		1000-1050m 1050-1100m	35.936.1	37.437.5	33.933.9							
		1100-1150m 1150-1200m	36.135.9	37.637.7	33.933.9							
		1200-1250m 1250-1300m	36.236.0	37.638.0	34.133.5							
		1300-1350m 1350-1400m	36.136.6	38.438.8	33.633.7							
		1400-1450 1450-1500m	36.541.2	39.541.8	33.734.4							
		MOYENNE	35.4	37.5	34.8							
	AMPLITUDE DE NAGE	0-50m 50-100m	2.822.87	2.692.65	2.692.73							
		100-150m 150-200m	2.812.83	2.632.61	2.722.72							
		200-250m 250-300m	2.802.82	2.642.65	2.682.69							
		300-350m 350-400m	2.802.80	2.652.64	2.692.65							
		400-450m 450-500m	2.812.81	2.652.64	2.712.69							
		500-550m 550-600m	2.792.79	2.642.66	2.702.71							
		600-650m 650-700m	2.792.82	2.652.66	2.702.68							
		700-750m 750-800m	2.772.75	2.622.63	2.692.68							
		800-850m 850-900m	2.722.78	2.622.63	2.672.66							
		900-950m 950-1000m	2.692.68	2.602.61	2.712.67							
		1000-1050m 1050-1100m	2.672.71	2.592.58	2.732.71							
		1100-1150m 1150-1200m	2.672.71	2.582.56	2.732.69							
		1200-1250m 1250-1300m	2.652.69	2.562.54	2.692.72							
		1300-1350m 1350-1400m	2.662.66	2.502.51	2.722.69							
		1400-1450 1450-1500m	2.642.52	2.482.40	2.722.66							
		MOYENNE	2.74	2.60	2.69							

Compétition			Maxime GROUSSET		Clement SECCHI		Thomas PIRON		Louis BRIESCH		Stanislas HUILLE		Guillaume GUTH		Ethan DUMESNIL			
Temps			00:22.87		00:23.43 +00.56		00:23.63 +00.76		00:23.75 +00.88		00:23.83 +00.96		00:23.96 +01.09		00:24.04 +01.17			
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:18.89	18 CB	0:18.64	20 CB	0:19.36	20 CB	0:18.35	18 CB	0:19.09	19 CB	0:20.11	21 CB	0:19.36	20 CB		
	0:03.98	13.6 m	0:04.79	15.1 m	0:04.27	13.9 m	0:05.40	16.1 m	0:05.40	16.1 m	0:04.74	15.5 m	0:03.85	12.7 m	0:04.68	14.9 m		
LAPS	25m	00:10.26 -		00:10.56 -		00:10.70 -		00:10.79 -		00:10.66 -		00:10.83 -		00:10.77 -				
	50m	00:22.87 00:12.61		00:23.43 00:12.87		00:23.63 00:12.93		00:23.75 00:12.96		00:23.83 00:13.17		00:23.96 00:13.13		00:24.04 00:13.27				
PARTIES NAGEES	15-25m	4.76 s		4.85 s		5.03 s		5.05 s		5.20 s		5.08 s		5.14 s				
	25-45m	10.14 s		10.29 s		10.50 s		10.51 s		10.65 s		10.60 s		10.72 s				
	TOTAL	00:14.90		00:15.14		00:15.53		00:15.56		00:15.85		00:15.68		00:15.86				
PARTIES NON NAGEES	START	Temps sur le plot	0.60 s		0.58 s		0.65 s		0.64 s		0.60 s		0.66 s		0.62 s			
		Sortie de coulée	13.58 m		15.12 m		13.89 m		16.11 m		15.46 m		12.70 m		14.89 m			
			3.98 s	3.41 m/s	4.79 s	3.16 m/s	4.27 s	3.25 m/s	5.40 s	2.98 m/s	4.74 s	3.26 m/s	3.85 s	3.30 m/s	4.68 s	3.18 m/s		
		Temps aux 15m	5.50 s		5.71 s		5.67 s		5.74 s		5.46 s		5.75 s		5.63 s			
	FIN	5m avant	2.47 s		2.58 s		2.43 s		2.45 s		2.52 s		2.53 s		2.55 s			
		Approche mur	0.54 s	1.09 m	0.08 s	0.16 m	0.16 s	0.33 m	0.25 s	0.51 m	0.15 s	0.30 m	0.19 s	0.38 m	0.38 s	0.75 m		
	TOTAL		00:07.97		00:08.29		00:08.10		00:08.19		00:07.98		00:08.28		00:08.18			
MOUVEMENTS	COUPS DE BRAS	0-50m	18		20		20		18		19		21		20			
		TOTAL	18		20		20		18		19		21		20			
	FREQUENCE TEMPO	0-25m	59.7	1.0	64.4	0.9	64.9	0.9	62.8	1.0	57.8	1.0	63.8	0.9	66.3	0.9		
		25-50m	58.6	1.0	64.5	0.9	61.9	1.0	58.8	1.0	59.8	1.0	63.7	0.9	63.4	1.0		
		MOYENNE	59.2	1.0	64.4	0.9	63.4	1.0	60.8	1.0	58.8	1.0	63.8	0.9	64.9	0.9		
	AMPLITUDE DE NAGE	0-25m	2.11		1.92		1.84		1.89		2.00		1.85		1.76			
		25-50m	2.02		1.81		1.85		1.94		1.88		1.78		1.76			
		MOYENNE	2.07		1.87		1.85		1.92		1.94		1.82		1.76			

Compétition			Maxime GROUSSET		Clement SECCHI		Mehdy METELLA		Nicolas VERMOREL		Stanislas HUILLE		Ethan DUMESNIL				
Temps			00:50.59		00:51.17 +00.58		00:51.30 +00.71		00:52.21 +01.62		00:52.97 +02.38		00:53.25 +02.66				
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:40.22	36 CB	0:39.18	37 CB	0:39.38	35 CB	0:40.06	35 CB	0:41.26	37 CB	0:42.14	39 CB			
	0:10.37	26.5 m	0:11.99	28.6 m	0:11.92	29.2 m	0:12.15	28.7 m	0:11.71	29.6 m	0:11.11	26.3 m					
LAPS	50m	00:23.29 -	00:24.08 -	00:23.94 -	00:24.56 -	00:24.10 -	00:24.83 -										
	100m	00:50.59 00:27.30	00:51.17 00:27.09	00:51.30 00:27.36	00:52.21 00:27.65	00:52.97 00:28.87	00:53.25 00:28.42										
PARTIES NAGEES	15-25m 25-45m		5.01 s 10.28 s	5.01 s 10.52 s	5.32 s 11.01 s	5.32 s 10.87 s	5.29 s 10.77 s	5.27 s 10.82 s									
	65-75m 75-95m		5.45 s 11.59 s	5.37 s 11.09 s	5.50 s 11.47 s	5.67 s 11.26 s	6.08 s 12.25 s	5.57 s 11.79 s									
	Moyenne		5.23 s 10.94 s	5.19 s 10.81 s	5.41 s 11.24 s	5.50 s 11.07 s	5.69 s 11.51 s	5.42 s 11.31 s									
	TOTAL		00:32.33	00:31.99	00:33.30	00:33.12	00:34.39	00:33.45									
PARTIES NON NAGEES	START	Temps sur le plot		0.63 s	0.58 s	0.66 s	0.61 s	0.61 s	0.64 s								
		Sortie de coulée		13.55 m	14.41 m	15.49 m	14.97 m	15.30 m	13.78 m								
		3.96 s 3.42 m/s	4.68 s 3.08 m/s	5.00 s 3.10 m/s	4.84 s 3.09 m/s	4.64 s 3.30 m/s	4.49 s 3.07 m/s										
	VIRAGE 1	Temps aux 15m		5.49 s	5.86 s	5.68 s	5.82 s	5.44 s	5.91 s								
		5m avant		2.51 s	2.69 s	1.93 s	2.55 s	2.60 s	2.83 s								
		Sortie de coulée		12.95 m	14.20 m	13.70 m	13.71 m	14.28 m	12.52 m								
	6.41 s 2.02 m/s		7.31 s 1.94 m/s	6.92 s 1.98 m/s	7.31 s 1.88 m/s	7.07 s 2.02 m/s	6.62 s 1.89 m/s										
	FIN	Temps aux 15m		7.51 s	7.73 s	7.61 s	8.07 s	7.45 s	8.05 s								
		5m avant		2.75 s	2.90 s	2.78 s	2.65 s	3.09 s	3.01 s								
		Approche mur		0.92 s 1.67 m	0.30 s 0.52 m	0.03 s 0.05 m	0.93 s 1.75 m	0.11 s 0.18 m	0.57 s 0.95 m								
TOTAL			00:18.26	00:19.18	00:18.00	00:19.09	00:18.58	00:19.80									
MOUVEMENTS	COUPS DE BRAS	0-50m		17	18	16	17	17	18								
		50-100m		19	19	19	18	20	21								
		TOTAL		36	37	35	35	37	39								
	FREQUENCE TEMPO	0-25m		55.2 1.1	57.5 1.0	52.9 1.1	52.5 1.1	55.6 1.1	57.1 1.1								
		25-50m		54.9 1.1	54.6 1.1	52.1 1.2	52.0 1.2	55.5 1.1	55.2 1.1								
		50-75m		53.8 1.1	53.6 1.1	54.3 1.1	51.6 1.2	55.7 1.1	57.3 1.1								
		75-100m		54.7 1.1	56.1 1.1	52.9 1.1	53.5 1.1	53.2 1.1	57.3 1.1								
		MOYENNE		54.7 1.1	55.5 1.1	53.0 1.1	52.4 1.1	55.0 1.1	56.7 1.1								
	AMPLITUDE DE NAGE	0-25m		2.17	2.08	2.13	2.15	2.04	1.99								
		25-50m		2.13	2.09	2.09	2.12	2.01	2.01								
		50-75m		2.05	2.09	2.01	2.05	1.77	1.88								
		75-100m		1.89	1.93	1.98	1.99	1.84	1.78								
		MOYENNE		2.06	2.05	2.05	2.08	1.92	1.92								



200m



Papillon



Nageur		Léon MARCHAND		Noyan TAYLAN		Sandro HENRAS-MAROUF		Alexandre D'AGATA		Louis GODEFROID		Paul ANNOCQUE		Martin BEAUGER			
Temps		01:54.08		01:56.17 +02.09		02:00.22 +06.14		02:01.08 +07.00		02:01.36 +07.28		02:02.21 +08.13		02:02.90 +08.82			
RÉCAP	Tps de nage	1:27.71	77 CB	1:37.54	96 CB	1:44.23	86 CB	1:39.05	88 CB	1:41.91	88 CB	1:42.17	90 CB	1:44.17	89 CB		
	Tps/Dist Couloirs Nombre de CB	0:26.37	53.5 m	0:18.63	38.5 m	0:15.99	33.4 m	0:22.03	44.4 m	0:19.45	38.0 m	0:20.04	40.5 m	0:18.73	36.0 m		
LAPS	50m	00:25.68	-	00:25.80	-	00:26.92	-	00:25.80	-	00:26.23	-	00:26.54	-	00:26.80	-		
	100m	00:54.54	00:28.86	00:55.10	00:29.30	00:57.60	00:30.68	00:55.66	00:29.86	00:56.71	00:30.48	00:57.06	00:30.52	00:58.53	00:31.73		
	150m	01:23.85	00:29.31	01:25.40	00:30.30	01:28.67	00:31.07	01:27.34	00:31.68	01:28.17	00:31.46	01:28.31	00:31.25	01:30.32	00:31.79		
	200m	01:54.08	00:30.23	01:56.17	00:30.77	02:00.22	00:31.55	02:01.08	00:33.74	02:01.36	00:33.19	02:02.21	00:33.90	02:02.90	00:32.58		
PARTIES NAGEES	15-25m 25-45m	5.56 s	11.47 s	5.58 s	11.50 s	5.77 s	11.93 s	5.31 s	11.51 s	5.50 s	11.59 s	5.67 s	11.50 s	5.39 s	11.60 s		
	65-75m 75-95m	5.84 s	11.98 s	5.86 s	12.03 s	6.06 s	12.81 s	5.88 s	12.35 s	5.99 s	12.61 s	6.27 s	12.82 s	6.09 s	12.95 s		
	115-125m 125-145m	5.86 s	12.04 s	6.13 s	12.20 s	6.23 s	12.64 s	6.35 s	13.36 s	6.28 s	13.03 s	6.40 s	12.88 s	6.46 s	12.86 s		
	165-175m 175-195m	6.10 s	12.60 s	6.10 s	12.70 s	6.36 s	13.17 s	6.76 s	14.29 s	6.69 s	13.84 s	6.63 s	14.11 s	6.41 s	13.41 s		
	Moyenne	5.84 s	12.02 s	5.92 s	12.11 s	6.11 s	12.64 s	6.08 s	12.88 s	6.12 s	12.77 s	6.24 s	12.83 s	6.09 s	12.71 s		
	TOTAL	01:11.45		01:12.10		01:14.97		01:15.81		01:15.53		01:16.28		01:15.17			
PARTIES NON NAGEES	START	Temps sur le plot	0.66 s	0.62 s	0.65 s	0.63 s	0.67 s	0.66 s	0.71 s								
		Sortie de coulée	14.09 m	13.53 m	13.42 m	14.38 m	11.50 m	13.21 m	11.97 m								
		4.59 s	3.07 m/s	4.63 s	2.92 m/s	4.68 s	2.87 m/s	5.06 s	2.84 m/s	4.01 s	2.87 m/s	4.57 s	2.89 m/s	4.58 s	2.61 m/s		
	VIRAGE 1	Temps aux 15m	5.95 s	6.11 s	6.28 s	6.29 s	6.42 s	6.30 s	6.88 s								
		5m avant	2.70 s	2.61 s	2.94 s	2.69 s	2.72 s	3.07 s	2.93 s								
		Sortie de coulée	13.71 m	9.00 m	7.54 m	10.18 m	9.66 m	9.68 m	8.74 m								
		7.45 s	1.84 m/s	4.94 s	1.82 m/s	4.24 s	1.78 m/s	5.61 s	1.81 m/s	5.55 s	1.74 m/s	5.32 s	1.82 m/s	5.31 s	1.65 m/s		
		Temps aux 15m	8.22 s	8.67 s	8.94 s	8.63 s	8.89 s	8.60 s	9.57 s								
	VIRAGE 2	5m avant	2.82 s	2.74 s	2.87 s	3.00 s	2.99 s	2.83 s	3.12 s								
		Sortie de coulée	12.49 m	7.39 m	6.57 m	10.33 m	8.66 m	9.78 m	7.95 m								
		6.92 s	1.80 m/s	4.11 s	1.80 m/s	3.72 s	1.77 m/s	5.10 s	1.70 m/s	5.42 s	1.80 m/s	5.42 s	1.80 m/s	4.46 s	1.78 m/s		
		Temps aux 15m	8.52 s	9.09 s	9.15 s	8.87 s	9.15 s	8.68 s	9.20 s								
	VIRAGE 3	5m avant	2.89 s	2.88 s	3.05 s	3.10 s	3.00 s	3.29 s	3.27 s								
		Sortie de coulée	13.18 m	8.59 m	5.85 m	9.51 m	8.14 m	7.80 m	7.38 m								
		7.41 s	1.78 m/s	4.95 s	1.74 m/s	3.35 s	1.75 m/s	4.79 s	1.70 m/s	4.73 s	1.65 m/s	4.73 s	1.65 m/s	4.38 s	1.68 m/s		
		Temps aux 15m	8.51 s	9.02 s	9.20 s	9.28 s	9.27 s	9.70 s	9.74 s								
	FIN	5m avant	3.02 s	2.95 s	2.82 s	3.41 s	3.39 s	3.46 s	3.02 s								
		Approche mur	0.20 s	0.33 m	0.67 s	1.14 m	0.50 s	0.73 m	0.02 s	0.03 m				0.02 s	0.03 m		
	TOTAL		00:42.63	00:44.07	00:45.25	00:45.27	00:45.83	00:45.93	00:47.73								



200m



Papillon



Nageur		Léon MARCHAND	Noyan TAYLAN	Sandro HENRAS-MAROUF	Alexandre D'AGATA	Louis GODEFROID	Paul ANNOCQUE	Martin BEAUGER	
Temps		01:54.08	01:56.17 <i>+02.09</i>	02:00.22 <i>+06.14</i>	02:01.08 <i>+07.00</i>	02:01.36 <i>+07.28</i>	02:02.21 <i>+08.13</i>	02:02.90 <i>+08.82</i>	

MOUVEMENTS	COUPS DE BRAS	0-50m	18	21	18	18	20	20	19	
		50-100m	19	24	21	22	21	22	22	
		100-150m	20	26	23	23	23	23	23	
		150-200m	20	25	24	25	24	25	25	
		TOTAL	77	96	86	88	88	90	89	
	FREQUENCE TEMPO	0-25m	54.2 1.1	59.1 1.0	48.9 1.2	57.3 1.1	55.3 1.1	59.2 1.0	54.1 1.1	
		25-50m	52.6 1.1	58.0 1.0	47.2 1.3	52.8 1.1	52.1 1.2	54.8 1.1	50.9 1.2	
		50-75m	50.1 1.2	57.0 1.1	47.5 1.3	52.9 1.1	49.8 1.2	52.9 1.1	50.5 1.2	
		75-100m	50.9 1.2	56.7 1.1	45.4 1.3	52.3 1.2	48.8 1.2	51.1 1.2	49.6 1.2	
		100-125m	50.9 1.2	56.8 1.1	48.3 1.2	53.9 1.1	50.5 1.2	52.9 1.1	50.5 1.2	
		125-150m	50.3 1.2	57.3 1.1	47.9 1.3	52.4 1.1	49.8 1.2	51.6 1.2	49.6 1.2	
		150-175m	51.6 1.2	57.1 1.1	50.9 1.2	52.8 1.1	50.7 1.2	51.3 1.2	51.3 1.2	
		175-200m	49.8 1.2	57.4 1.1	49.8 1.2	51.2 1.2	49.3 1.2	50.3 1.2	50.1 1.2	
		MOYENNE	51.3 1.2	57.4 1.1	48.2 1.2	53.2 1.1	50.8 1.2	53.0 1.1	50.8 1.2	
	AMPLITUDE DE NAGE	0-25m	1.99	1.82	2.13	1.97	1.97	1.79	2.06	
		25-50m	1.99	1.80	2.13	1.98	1.99	1.91	2.03	
		50-75m	2.05	1.80	2.08	1.93	2.01	1.81	1.95	
		75-100m	1.97	1.76	2.06	1.86	1.95	1.83	1.87	
		100-125m	2.01	1.72	1.99	1.75	1.89	1.77	1.84	
		125-150m	1.98	1.72	1.98	1.71	1.85	1.81	1.88	
		150-175m	1.91	1.72	1.85	1.68	1.77	1.76	1.83	
		175-200m	1.91	1.65	1.83	1.64	1.76	1.69	1.79	
		MOYENNE	1.98	1.75	2.01	1.82	1.90	1.80	1.91	

Compétition		Mewen TOMAC		Lysander OSMAN		Antoine HERLEM		Alexandre DESANGLES		Paul ALVES TORRES		Jonah POOL-JONES		Keha DESBORDES			
Temps		00:24.83		00:25.37 +00.54		00:25.40 +00.57		00:25.59 +00.76		00:25.73 +00.90		00:25.85 +01.02		00:25.91 +01.08			
RÉCAP	Tps de nage	0:19.17	34 CB	0:19.50	35 CB	0:20.10	35 CB	0:20.32	37 CB	0:19.91	33 CB	0:20.57	36 CB	0:21.07	39 CB		
	Tps/Dist Coulées Nombre de CB	0:05.66	15.1 m	0:05.87	15.4 m	0:05.30	14.0 m	0:05.27	13.5 m	0:05.82	14.6 m	0:05.28	13.0 m	0:04.84	12.4 m		
LAPS	25m	00:11.40	-	00:11.82	-	00:11.78	-	00:11.88	-	00:11.93	-	00:11.51	-	00:12.10	-		
	50m	00:24.83	00:13.43	00:25.37	00:13.55	00:25.40	00:13.62	00:25.59	00:13.71	00:25.73	00:13.80	00:25.85	00:14.34	00:25.91	00:13.81		
PARTIES NAGEES	15-25m	5.17 s		5.48 s		5.32 s		5.27 s		5.30 s		5.32 s		5.30 s			
	25-45m	10.95 s		10.99 s		11.19 s		11.12 s		11.29 s		11.28 s		11.12 s			
	TOTAL	00:16.12		00:16.47		00:16.51		00:16.39		00:16.59		00:16.60		00:16.42			
PARTIES NON NAGEES	START	Temps sur le plot		0.57 s		0.61 s		0.57 s		0.60 s		0.55 s		0.00 s		0.60 s	
		Sortie de coulée		15.08 m		15.38 m		13.98 m		13.48 m		14.55 m		13.01 m		12.40 m	
		5.66 s	2.66 m/s	5.87 s	2.62 m/s	5.30 s	2.64 m/s	5.27 s	2.56 m/s	5.82 s	2.50 m/s	5.28 s	2.46 m/s	4.84 s	2.56 m/s		
	FIN	Temps aux 15m		6.23 s		6.34 s		6.46 s		6.61 s		6.63 s		6.19 s		6.80 s	
		5m avant		2.48 s		2.56 s		2.43 s		2.59 s		2.51 s		3.06 s		2.69 s	
		Approche mur		0.64 s	1.29 m	0.42 s	0.82 m	0.21 s	0.43 m	0.72 s	1.39 m	0.58 s	1.16 m	1.08 s	1.76 m	0.75 s	1.39 m
	TOTAL		00:08.71		00:08.90		00:08.89		00:09.20		00:09.14		00:09.25		00:09.49		
MOUVEMENTS	COUPS DE BRAS	0-50m		34		35		35		37		33		36		39	
		TOTAL		34		35		35		37		33		36		39	
	FREQUENCE TEMPO	0-25m		57.7	1.0	55.7	1.1	55.6	1.1	57.0	1.1	52.2	1.2	55.6	1.1	61.7	1.0
		25-50m		54.9	1.1	56.0	1.1	52.2	1.2	57.0	1.1	49.7	1.2	53.7	1.1	57.8	1.0
		MOYENNE		56.3	1.1	55.8	1.1	53.9	1.1	57.0	1.1	51.0	1.2	54.6	1.1	59.8	1.0
	AMPLITUDE DE NAGE	0-25m		2.01		1.97		2.03		2.00		2.17		2.03		1.83	
		25-50m		2.00		1.95		2.06		1.89		2.14		1.98		1.87	
		MOYENNE		2.01		1.96		2.05		1.95		2.16		2.01		1.85	

Compétition			Mewen TOMAC		Yohann NDOYE-BROUARD		Mathys CHOUCHAOUI		Antoine HERLEM		Alexandre DESANGLES		Merlin FICHER		Simon CLUSMAN				
Temps			00:52.88		00:52.90 +00.02		00:54.38 +01.50		00:54.62 +01.74		00:55.21 +02.33		00:55.55 +02.67		00:55.61 +02.73				
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:41.11	66 CB	0:41.03	67 CB	0:42.25	67 CB	0:42.41	64 CB	0:45.15	75 CB	0:45.25	72 CB	0:44.23	70 CB			
			0:11.77	28.5 m	0:11.87	28.4 m	0:12.13	27.4 m	0:12.21	28.3 m	0:10.06	23.8 m	0:10.30	23.1 m	0:11.38	26.2 m			
LAPS	50m		00:25.85	-	00:25.85	-	00:26.86	-	00:26.69	-	00:26.50	-	00:27.11	-	00:26.50	-			
	100m		00:52.88	00:27.03	00:52.90	00:27.05	00:54.38	00:27.52	00:54.62	00:27.93	00:55.21	00:28.71	00:55.55	00:28.44	00:55.61	00:29.11			
PARTIES NAGEES	15-25m 25-45m		5.36 s	11.22 s	5.34 s	11.26 s	5.62 s	11.67 s	5.47 s	11.51 s	5.48 s	11.46 s	5.55 s	11.54 s	5.52 s	11.44 s			
	65-75m 75-95m		5.63 s	11.76 s	5.66 s	11.65 s	5.65 s	11.66 s	5.73 s	12.27 s	5.78 s	12.48 s	5.70 s	12.27 s	5.97 s	12.69 s			
	Moyenne		5.50 s	11.49 s	5.50 s	11.46 s	5.64 s	11.67 s	5.60 s	11.89 s	5.63 s	11.97 s	5.63 s	11.91 s	5.75 s	12.07 s			
	TOTAL		00:33.97		00:33.91		00:34.60		00:34.98		00:35.20		00:35.06		00:35.62				
PARTIES NON NAGEES	START	Temps sur le plot		0.58 s		0.55 s		0.58 s		0.57 s		0.63 s		0.53 s		0.58 s			
		Sortie de coulée		14.91 m		14.81 m		14.67 m		13.93 m		13.18 m		13.49 m		14.25 m			
				5.62 s	2.65 m/s	5.56 s	2.66 m/s	5.95 s	2.47 m/s	5.40 s	2.58 m/s	5.12 s	2.57 m/s	5.66 s	2.38 m/s	5.54 s	2.57 m/s		
	VIRAGE 1	Temps aux 15m		6.32 s		6.28 s		6.78 s		6.57 s		6.58 s		7.03 s		6.56 s			
		5m avant		2.95 s		2.97 s		2.79 s		3.14 s		2.98 s		2.99 s		2.98 s			
		Sortie de coulée		13.60 m		13.58 m		12.76 m		14.37 m		10.66 m		9.58 m		11.96 m			
	FIN			6.15 s		6.31 s		6.18 s		6.81 s		4.94 s		4.64 s		5.84 s			
		Temps aux 15m		6.90 s		7.12 s		7.45 s		7.13 s		7.39 s		7.75 s		7.51 s			
		5m avant		2.74 s		2.62 s		2.76 s		2.80 s		3.06 s		2.72 s		2.94 s			
	Approche mur		0.61 s		1.11 m		0.64 s		1.22 m		0.39 s		0.71 m		0.42 s		0.75 m		
TOTAL		00:18.91		00:18.99		00:19.78		00:19.64		00:20.01		00:20.49		00:19.99					
MOUVEMENTS	COUPS DE BRAS	0-50m		31		32		31		32		35		33		34			
		50-100m		35		35		36		32		40		39		36			
		TOTAL		66		67		67		64		75		72		70			
	FREQUENCE TEMPO	0-25m		50.0		53.0		48.8		51.1		53.1		50.7		53.4			
		25-50m		50.0		51.0		47.3		47.1		52.0		49.2		51.3			
		50-75m		50.4		50.9		49.6		47.4		53.1		50.1		48.0			
		75-100m		51.2		50.8		49.8		44.6		49.3		49.0		45.1			
		MOYENNE		50.4		51.4		48.9		47.6		51.8		49.8		49.4			
	AMPLITUDE DE NAGE	0-25m		2.24		2.12		2.19		2.15		2.06		2.13		2.04			
		25-50m		2.14		2.09		2.18		2.21		2.02		2.11		2.05			
		50-75m		2.11		2.08		2.14		2.21		1.96		2.10		2.09			
		75-100m		1.99		2.03		2.07		2.19		1.95		2.00		2.10			
		MOYENNE		2.12		2.08		2.15		2.19		2.00		2.09		2.07			



200m



Dos



Nageur		Mewen TOMAC		Yohann NDOYE-BROUARD		Antoine HERLEM		Merlin FICHER		Geoffroy MATHIEU		Alexandre DESANGLES		Simon CLUSMAN		Mathys CHOUCHAOU	
Temps		01:55.54		01:56.48 +00.94		01:56.98 +01.44		01:58.10 +02.56		01:59.11 +03.57		01:59.17 +03.63		01:59.59 +04.05		02:01.54 +06.00	
RÉCAP	Tps de nage	1:31.05	132 CB	1:34.07	135 CB	1:31.51	120 CB	1:41.44	147 CB	1:39.80	129 CB	1:38.47	141 CB	1:37.26	132 CB	1:42.03	136 CB
	Tps/Dist Coulées Nombre de CB	0:24.49	53.2 m	0:22.41	49.5 m	0:25.47	54.3 m	0:16.66	38.0 m	0:19.31	42.2 m	0:20.70	45.0 m	0:22.33	48.0 m	0:19.51	41.6 m
LAPS	50m	00:26.96	-	00:26.91	-	00:27.68	-	00:27.78	-	00:28.07	-	00:28.02	-	00:27.61	-	00:27.74	-
	100m	00:55.93	00:28.97	00:56.44	00:29.53	00:57.06	00:29.38	00:56.97	00:29.19	00:59.17	00:31.10	00:58.40	00:30.38	00:57.64	00:30.03	00:58.35	00:30.61
	150m	01:25.76	00:29.83	01:26.60	00:30.16	01:27.18	00:30.12	01:27.26	00:30.29	01:29.63	00:30.46	01:29.31	00:30.91	01:28.42	00:30.78	01:29.88	00:31.53
	200m	01:55.54	00:29.78	01:56.48	00:29.88	01:56.98	00:29.80	01:58.10	00:30.84	01:59.11	00:29.48	01:59.17	00:29.86	01:59.59	00:31.17	02:01.54	00:31.66
PARTIES NAGEES	15-25m 25-45m	5.80 s	11.76 s	5.58 s	11.74 s	5.79 s	11.89 s	5.71 s	11.67 s	5.75 s	12.08 s	5.80 s	12.24 s	5.75 s	12.13 s	5.69 s	11.80 s
	65-75m 75-95m	6.14 s	12.30 s	6.06 s	12.51 s	6.10 s	12.49 s	5.86 s	12.11 s	6.37 s	13.04 s	6.20 s	12.77 s	6.15 s	12.88 s	6.18 s	12.91 s
	115-125m 125-145m	6.19 s	12.67 s	6.16 s	12.83 s	6.13 s	12.67 s	6.14 s	12.70 s	6.17 s	12.66 s	6.33 s	13.00 s	6.25 s	13.13 s	6.34 s	13.21 s
	165-175m 175-195m	6.18 s	12.96 s	6.07 s	12.99 s	6.19 s	13.10 s	6.40 s	13.47 s	6.19 s	12.52 s	6.78 s	12.92 s	6.54 s	13.32 s	6.56 s	13.36 s
	Moyenne	6.08 s	12.42 s	5.97 s	12.52 s	6.05 s	12.54 s	6.03 s	12.49 s	6.12 s	12.58 s	6.28 s	12.73 s	6.17 s	12.87 s	6.19 s	12.82 s
	TOTAL	01:14.00		01:13.94		01:14.36		01:14.06		01:14.78		01:16.04		01:16.15		01:16.05	
PARTIES NON NAGEES	START	Temps sur le plot	0.59 s	0.55 s	0.58 s	0.55 s	0.58 s	0.55 s	0.58 s	0.58 s	0.62 s	0.57 s	0.59 s				
		Sortie de coulée	14.14 m	14.72 m	15.07 m	14.12 m	13.84 m	12.64 m	14.69 m	13.25 m							
		5.43 s 2.60 m/s	5.72 s 2.57 m/s	6.00 s 2.51 m/s	6.10 s 2.31 m/s	5.67 s 2.44 m/s	5.04 s 2.51 m/s	5.87 s 2.50 m/s	5.55 s 2.39 m/s								
	VIRAGE 1	5m avant	2.96 s	3.10 s	3.30 s	3.25 s	3.41 s	3.24 s	2.99 s	3.24 s							
		Sortie de coulée	13.28 m	12.40 m	13.14 m	8.87 m	10.12 m	11.02 m	11.81 m	10.13 m							
		6.36 s 2.09 m/s	6.05 s 2.05 m/s	6.37 s 2.06 m/s	4.00 s 2.22 m/s	5.08 s 1.99 m/s	5.34 s 2.06 m/s	5.79 s 2.04 m/s	5.07 s 2.00 m/s								
	VIRAGE 2	5m avant	3.17 s	3.24 s	3.33 s	3.32 s	3.53 s	3.56 s	3.27 s	3.35 s							
		Sortie de coulée	12.53 m	11.76 m	12.47 m	7.63 m	9.19 m	10.91 m	10.95 m	9.54 m							
		6.21 s 2.02 m/s	5.61 s 2.10 m/s	6.30 s 1.98 m/s	3.31 s 2.31 m/s	4.38 s 2.10 m/s	5.52 s 1.98 m/s	5.43 s 2.02 m/s	4.67 s 2.04 m/s								
	VIRAGE 3	5m avant	3.25 s	3.47 s	3.44 s	3.34 s	3.47 s	3.53 s	3.34 s	3.60 s							
		Sortie de coulée	13.26 m	10.59 m	13.60 m	7.39 m	9.01 m	10.44 m	10.51 m	8.68 m							
		6.49 s 2.04 m/s	5.03 s 2.11 m/s	6.80 s 2.00 m/s	3.25 s 2.27 m/s	4.18 s 2.16 m/s	4.80 s 2.18 m/s	5.24 s 2.01 m/s	4.22 s 2.06 m/s								
	FIN	5m avant	3.10 s	2.97 s	2.86 s	2.78 s	2.89 s	2.87 s	3.14 s	3.13 s							
		Approche mur	0.54 s 0.87 m	0.52 s 0.88 m	0.78 s 1.36 m	0.31 s 0.56 m	0.36 s 0.62 m	0.51 s 0.89 m	0.89 s 1.42 m	0.40 s 0.64 m							
		TOTAL	00:41.54	00:42.54	00:42.62	00:44.04	00:44.33	00:43.13	00:43.44	00:45.49							



200m



Dos



Nageur	Mewen TOMAC	Yohann NDOYE-BROUARD	Antoine HERLEM	Merlin FICHER	Geoffroy MATHIEU	Alexandre DESANGLES	Simon CLUSMAN	Mathys CHOUCHAOU
Temps	01:55.54	01:56.48 <i>+00.94</i>	01:56.98 <i>+01.44</i>	01:58.10 <i>+02.56</i>	01:59.11 <i>+03.57</i>	01:59.17 <i>+03.63</i>	01:59.59 <i>+04.05</i>	02:01.54 <i>+06.00</i>

MOUVEMENTS	COUPS DE BRAS	0-50m	31	31	29	30	29	33	30	31
		50-100m	32	32	29	37	30	34	32	33
		100-150m	33	34	31	39	32	35	34	35
		150-200m	36	38	31	41	38	39	36	37
		TOTAL	132	135	120	147	129	141	132	136
	FREQUENCE TEMPO	0-25m	46.3 1.3	48.2 1.2	44.0 1.4	44.5 1.4	41.8 1.4	48.4 1.2	45.8 1.3	45.0 1.3
		25-50m	46.2 1.3	46.3 1.3	42.0 1.4	44.2 1.4	40.7 1.5	45.0 1.3	43.2 1.4	43.0 1.4
		50-75m	42.9 1.4	42.9 1.4	39.3 1.5	44.3 1.4	35.6 1.7	43.0 1.4	40.5 1.5	39.5 1.5
		75-100m	43.7 1.4	41.5 1.5	38.9 1.5	45.4 1.3	36.3 1.7	42.0 1.4	39.5 1.5	38.9 1.5
		100-125m	42.7 1.4	44.1 1.4	39.4 1.5	43.9 1.4	37.3 1.6	42.4 1.4	40.9 1.5	40.1 1.5
		125-150m	43.9 1.4	42.2 1.4	39.2 1.5	44.4 1.4	37.6 1.6	42.7 1.4	40.5 1.5	39.2 1.5
		150-175m	46.7 1.3	47.6 1.3	41.3 1.5	44.1 1.4	43.6 1.4	46.5 1.3	41.9 1.4	39.5 1.5
		175-200m	46.3 1.3	45.4 1.3	39.8 1.5	43.5 1.4	45.3 1.3	45.7 1.3	41.7 1.4	39.6 1.5
		MOYENNE	44.8 1.3	44.8 1.3	40.5 1.5	44.3 1.4	39.8 1.5	44.5 1.4	41.7 1.4	40.6 1.5
	AMPLITUDE DE NAGE	0-25m	2.23	2.23	2.35	2.36	2.49	2.14	2.28	2.34
		25-50m	2.21	2.21	2.40	2.33	2.44	2.18	2.29	2.36
		50-75m	2.28	2.31	2.51	2.31	2.65	2.25	2.41	2.46
		75-100m	2.23	2.31	2.47	2.18	2.53	2.24	2.36	2.39
		100-125m	2.27	2.21	2.48	2.23	2.61	2.24	2.35	2.36
		125-150m	2.16	2.22	2.41	2.13	2.52	2.16	2.26	2.32
		150-175m	2.08	2.08	2.35	2.12	2.23	1.90	2.19	2.31
		175-200m	2.00	2.03	2.30	2.05	2.11	2.03	2.16	2.27
		MOYENNE	2.18	2.20	2.41	2.21	2.45	2.14	2.29	2.35

Compétition			Carl AITKACI		JérémiE DELBOIS		Pierre GOUDENECHÉ		Julien VALOUR		Brendan FITZPATRICK		Benjamin GOGUEY		Lubin VIANO		Clément BIDARD		
Temps			00:27.51		00:27.68 +00.17		00:27.85 +00.34		00:28.04 +00.53		00:28.04 +00.53		00:28.23 +00.72		00:28.25 +00.74		00:28.50 +00.99		
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:23.03	24 CB	0:23.04	23 CB	0:23.72	25 CB	0:23.36	23 CB	0:23.14	22 CB	0:23.53	23 CB	0:24.21	27 CB	0:23.40	24 CB	
	0:04.48	12.3 m	0:04.64	12.6 m	0:04.13	11.9 m	0:04.68	12.5 m	0:04.90	13.2 m	0:04.70	13.0 m	0:04.04	10.9 m	0:05.10	13.0 m			
LAPS	25m	00:12.37 -		00:12.71 -		00:12.58 -		00:12.73 -		00:12.78 -		00:12.73 -		00:12.88 -		00:13.04 -			
	50m	00:27.51 00:15.14		00:27.68 00:14.97		00:27.85 00:15.27		00:28.04 00:15.31		00:28.04 00:15.26		00:28.23 00:15.50		00:28.25 00:15.37		00:28.50 00:15.46			
PARTIES NAGEES	15-25m		5.73 s		5.97 s		5.97 s		5.91 s		6.08 s		6.04 s		5.94 s		6.10 s		
	25-45m		12.20 s		12.14 s		12.24 s		12.54 s		12.36 s		12.51 s		12.34 s		12.72 s		
	TOTAL		00:17.93		00:18.11		00:18.21		00:18.45		00:18.44		00:18.55		00:18.28		00:18.82		
PARTIES NON NAGEES	START	Temps sur le plot		0.63 s		0.63 s		0.62 s		0.68 s		0.59 s		0.73 s		0.66 s		0.65 s	
		Sortie de coulée		12.33 m		12.64 m		11.94 m		12.49 m		13.16 m		12.96 m		10.91 m		13.03 m	
		4.48 s 2.75 m/s		4.64 s 2.72 m/s		4.13 s 2.89 m/s		4.68 s 2.67 m/s		4.90 s 2.69 m/s		4.70 s 2.76 m/s		4.04 s 2.70 m/s		5.10 s 2.55 m/s			
	FIN	Temps aux 15m		6.64 s		6.74 s		6.61 s		6.82 s		6.70 s		6.69 s		6.94 s		6.94 s	
		5m avant		2.94 s		2.83 s		3.03 s		2.77 s		2.90 s		2.99 s		3.03 s		2.74 s	
		Approche mur		0.95 s 1.62 m		0.19 s 0.34 m		0.40 s 0.66 m		0.45 s 0.81 m		0.76 s 1.31 m		0.63 s 1.05 m		0.39 s 0.64 m		0.30 s 0.55 m	
	TOTAL		00:09.58		00:09.57		00:09.64		00:09.59		00:09.60		00:09.68		00:09.97		00:09.68		
MOUVEMENTS	COUPS DE BRAS	0-50m		24		23		25		23		22		23		27		24	
		TOTAL		24		23		25		23		22		23		27		24	
	FREQUENCE TEMPO	0-25m		65.5 0.9		58.6 1.0		63.6 0.9		62.1 1.0		59.2 1.0		62.4 1.0		70.5 0.9		63.2 1.0	
		25-50m		66.3 0.9		60.5 1.0		64.8 0.9		59.6 1.0		59.1 1.0		60.5 1.0		68.0 0.9		62.8 1.0	
		MOYENNE		65.9 0.9		59.6 1.0		64.2 0.9		60.9 1.0		59.2 1.0		61.4 1.0		69.2 0.9		63.0 1.0	
	AMPLITUDE DE NAGE	0-25m		1.60		1.72		1.58		1.63		1.67		1.59		1.43		1.56	
		25-50m		1.48		1.63		1.51		1.61		1.64		1.59		1.43		1.50	
		MOYENNE		1.54		1.68		1.55		1.62		1.66		1.59		1.43		1.53	

Compétition			Antoine VIQUERAT		Carl AITKACI		Lucien VERGNES		Antoine MARC		Kacper PASTULA		Jérémie DELBOIS		Clément BIDARD		Thomas LE PAPE		
Temps			01:00.07		01:00.69 +00.62		01:00.77 +00.70		01:00.97 +00.90		01:01.17 +01.10		01:01.27 +01.20		01:01.77 +01.70		01:02.14 +02.07		
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:48.28	38 CB	0:49.51	44 CB	0:47.78	38 CB	0:49.65	48 CB	0:50.65	45 CB	0:49.85	43 CB	0:50.46	46 CB	0:51.10	39 CB	
			0:11.79	26.0 m	0:11.18	24.3 m	0:12.99	27.4 m	0:11.32	23.4 m	0:10.52	23.0 m	0:11.42	24.2 m	0:11.31	24.3 m	0:11.04	23.8 m	
LAPS	50m		00:28.27	-	00:28.03	-	00:28.56	-	00:28.43	-	00:28.16	-	00:28.54	-	00:28.23	-	00:29.06	-	
	100m		01:00.07	00:31.80	01:00.69	00:32.66	01:00.77	00:32.21	01:00.97	00:32.54	01:01.17	00:33.01	01:01.27	00:32.73	01:01.77	00:33.54	01:02.14	00:33.08	
PARTIES NAGEES	15-25m 25-45m		5.98 s	12.61 s	6.12 s	12.17 s	6.21 s	12.61 s	6.14 s	12.53 s	6.12 s	12.43 s	6.27 s	12.66 s	6.05 s	12.59 s	6.40 s	13.26 s	
	65-75m 75-95m		6.34 s	13.22 s	6.37 s	13.95 s	6.51 s	13.36 s	6.38 s	13.36 s	6.58 s	14.03 s	6.49 s	13.77 s	6.68 s	14.17 s	6.69 s	14.01 s	
	Moyenne		6.16 s	12.92 s	6.25 s	13.06 s	6.36 s	12.99 s	6.26 s	12.95 s	6.35 s	13.23 s	6.38 s	13.22 s	6.37 s	13.38 s	6.55 s	13.64 s	
	TOTAL		00:38.15		00:38.61		00:38.69		00:38.41		00:39.16		00:39.19		00:39.49		00:40.36		
PARTIES NON NAGEES	START	Temps sur le plot		0.66 s		0.66 s		0.62 s		0.63 s		0.62 s		0.61 s		0.68 s		0.65 s	
		Sortie de coulée		14.98 m		13.93 m		15.85 m		13.03 m		13.19 m		13.32 m		14.07 m		13.66 m	
		Temps aux 15m		5.50 s 2.72 m/s		5.16 s 2.70 m/s		6.16 s 2.57 m/s		5.03 s 2.59 m/s		4.76 s 2.77 m/s		4.93 s 2.70 m/s		5.35 s 2.63 m/s		5.08 s 2.69 m/s	
	VIRAGE 1	5m avant		3.09 s		3.15 s		3.20 s		2.77 s		3.06 s		2.90 s		2.82 s		2.70 s	
		Sortie de coulée		11.03 m		10.41 m		11.59 m		10.35 m		9.76 m		10.92 m		10.18 m		10.15 m	
		Temps aux 15m		6.29 s 1.75 m/s		6.02 s 1.73 m/s		6.83 s 1.70 m/s		6.29 s 1.65 m/s		5.76 s 1.69 m/s		6.49 s 1.68 m/s		5.96 s 1.71 m/s		5.96 s 1.70 m/s	
	FIN	5m avant		3.21 s		3.13 s		3.30 s		3.14 s		3.12 s		3.17 s		3.34 s		3.10 s	
		Approche mur		0.84 s 1.31 m		0.64 s 1.02 m		0.89 s 1.35 m		0.94 s 1.50 m		1.04 s 1.67 m		0.23 s 0.36 m		0.27 s 0.40 m		1.19 s 1.92 m	
		TOTAL		00:21.92		00:22.08		00:22.08		00:22.56		00:22.01		00:22.08		00:22.28		00:21.78	
	MOUVEMENTS	COUPS DE BRAS	0-50m		16		19		17		22		20		19		20		18
50-100m			22		25		21		26		25		24		26		21		
TOTAL			38		44		38		48		45		43		46		39		
FREQUENCE TEMPO		0-25m		45.6 1.3		52.2 1.2		46.3 1.3		58.4 1.0		53.6 1.1		52.5 1.1		56.2 1.1		47.3 1.3	
		25-50m		44.2 1.4		51.8 1.2		48.0 1.3		56.2 1.1		53.8 1.1		47.8 1.3		55.1 1.1		44.9 1.3	
		50-75m		49.8 1.2		54.4 1.1		49.3 1.2		57.8 1.0		54.2 1.1		49.3 1.2		55.7 1.1		46.2 1.3	
		75-100m		52.3 1.2		56.1 1.1		48.7 1.2		61.0 1.0		56.4 1.1		54.6 1.1		54.6 1.1		46.3 1.3	
		MOYENNE		48.0 1.3		53.6 1.1		48.1 1.3		58.3 1.0		54.5 1.1		51.1 1.2		55.4 1.1		46.2 1.3	
AMPLITUDE DE NAGE		0-25m		2.20		1.88		2.09		1.67		1.83		1.82		1.77		1.98	
		25-50m		2.16		1.90		1.98		1.70		1.79		1.98		1.73		2.01	
		50-75m		1.90		1.73		1.87		1.63		1.68		1.88		1.61		1.94	
		75-100m		1.74		1.53		1.85		1.47		1.52		1.60		1.55		1.85	
		MOYENNE		2.00		1.76		1.95		1.62		1.71		1.82		1.67		1.95	



200m



Brasse



Nageur		Léon MARCHAND		Antoine VIQUERAT		Antoine MARC		Lucien VERGNES		Thomas LE PAPE		Melaine LAINÉ		Millian BOUCHER		Carl AITKACI	
Temps		02:08.95		02:09.95 +01.00		02:10.16 +01.21		02:12.14 +03.19		02:13.13 +04.18		02:13.89 +04.94		02:14.14 +05.19		02:15.91 +06.96	
RÉCAP	Tps de nage	1:41.83	66 CB	1:42.17	65 CB	1:45.72	81 CB	1:43.91	67 CB	1:49.16	71 CB	1:46.60	67 CB	1:47.27	64 CB	1:53.11	76 CB
	Tps/Dist Couléés Nombre de CB	0:27.12	51.1 m	0:27.78	51.9 m	0:24.44	45.0 m	0:28.23	52.0 m	0:23.97	44.7 m	0:27.29	48.9 m	0:26.87	49.1 m	0:22.80	43.9 m
LAPS	50m	00:29.32	-	00:29.56	-	00:29.41	-	00:29.25	-	00:30.38	-	00:30.58	-	00:30.23	-	00:29.47	-
	100m	01:02.07	00:32.75	01:02.53	00:32.97	01:02.31	00:32.90	01:02.38	00:33.13	01:04.47	00:34.09	01:04.26	00:33.68	01:04.22	00:33.99	01:03.38	00:33.91
	150m	01:35.57	00:33.50	01:36.06	00:33.53	01:35.84	00:33.53	01:36.45	00:34.07	01:38.49	00:34.02	01:38.35	00:34.09	01:38.88	00:34.66	01:38.48	00:35.10
	200m	02:08.95	00:33.38	02:09.95	00:33.89	02:10.16	00:34.32	02:12.14	00:35.69	02:13.13	00:34.64	02:13.89	00:35.54	02:14.14	00:35.26	02:15.91	00:37.43
PARTIES NAGEES	15-25m 25-45m	6.50 s	13.21 s	6.74 s	13.45 s	6.42 s	13.21 s	6.46 s	12.92 s	6.63 s	13.87 s	6.62 s	13.59 s	6.48 s	13.61 s	6.52 s	13.27 s
	65-75m 75-95m	6.73 s	13.90 s	6.80 s	14.01 s	6.73 s	13.59 s	6.67 s	13.88 s	6.92 s	14.50 s	6.59 s	14.17 s	7.00 s	14.16 s	6.75 s	14.58 s
	115-125m 125-145m	6.74 s	13.93 s	6.94 s	14.04 s	6.78 s	13.91 s	6.84 s	14.18 s	6.91 s	14.30 s	7.03 s	14.07 s	6.99 s	14.51 s	6.97 s	14.82 s
	165-175m 175-195m	6.73 s	14.15 s	6.81 s	14.42 s	6.86 s	14.30 s	7.15 s	14.82 s	7.06 s	14.33 s	7.26 s	14.97 s	7.06 s	14.85 s	7.74 s	16.14 s
	Moyenne	6.68 s	13.80 s	6.82 s	13.98 s	6.70 s	13.75 s	6.78 s	13.95 s	6.88 s	14.25 s	6.88 s	14.20 s	6.88 s	14.28 s	6.99 s	14.70 s
	TOTAL	01:21.89		01:23.21		01:21.80		01:22.92		01:24.52		01:24.30		01:24.66		01:26.79	
PARTIES NON NAGEES	START	Temps sur le plot	0.69 s	0.67 s	0.64 s	0.64 s	0.66 s	0.60 s	0.67 s	0.66 s	0.60 s	0.66 s	0.67 s	0.66 s	0.67 s	0.67 s	0.67 s
		Sortie de coulée	16.32 m	16.77 m	13.82 m	16.27 m	14.25 m	15.62 m	15.31 m	14.34 m	15.62 m	15.31 m	14.34 m	15.31 m	14.34 m	14.34 m	14.34 m
			6.46 s 2.53 m/s	6.51 s 2.58 m/s	5.40 s 2.56 m/s	6.36 s 2.56 m/s	5.54 s 2.57 m/s	6.66 s 2.35 m/s	6.00 s 2.55 m/s	5.30 s 2.71 m/s	6.66 s 2.35 m/s	6.00 s 2.55 m/s	5.30 s 2.71 m/s	6.66 s 2.35 m/s	6.00 s 2.55 m/s	5.30 s 2.71 m/s	5.30 s 2.71 m/s
	VIRAGE 1	Temps aux 15m	6.64 s	6.32 s	6.99 s	6.48 s	6.84 s	7.16 s	6.76 s	6.58 s	7.16 s	6.76 s	6.58 s	6.76 s	6.58 s	6.58 s	6.58 s
		5m avant	2.97 s	3.05 s	2.79 s	3.39 s	3.04 s	3.21 s	3.38 s	3.10 s	3.21 s	3.38 s	3.10 s	3.38 s	3.10 s	3.10 s	3.10 s
		Sortie de coulée	12.16 m	12.03 m	10.60 m	12.71 m	10.14 m	11.76 m	11.62 m	10.50 m	11.76 m	11.62 m	10.50 m	11.62 m	11.62 m	10.50 m	10.50 m
	VIRAGE 2		7.10 s 1.71 m/s	7.16 s 1.68 m/s	6.35 s 1.67 m/s	7.72 s 1.65 m/s	6.09 s 1.67 m/s	7.23 s 1.63 m/s	7.00 s 1.66 m/s	6.19 s 1.70 m/s	7.23 s 1.63 m/s	7.00 s 1.66 m/s	6.19 s 1.70 m/s	7.00 s 1.66 m/s	7.00 s 1.66 m/s	6.19 s 1.70 m/s	6.19 s 1.70 m/s
		Temps aux 15m	9.08 s	9.24 s	9.47 s	9.41 s	9.42 s	9.60 s	9.41 s	9.44 s	9.60 s	9.41 s	9.44 s	9.41 s	9.41 s	9.44 s	9.44 s
		5m avant	3.04 s	2.92 s	3.11 s	3.17 s	3.25 s	3.32 s	3.42 s	3.14 s	3.32 s	3.42 s	3.14 s	3.42 s	3.14 s	3.14 s	3.14 s
	VIRAGE 3	Sortie de coulée	11.41 m	11.97 m	10.64 m	11.87 m	10.13 m	11.42 m	11.34 m	9.87 m	11.42 m	11.34 m	9.87 m	11.34 m	11.34 m	9.87 m	9.87 m
			6.91 s 1.65 m/s	7.31 s 1.64 m/s	6.59 s 1.61 m/s	7.22 s 1.64 m/s	6.11 s 1.66 m/s	6.95 s 1.64 m/s	7.08 s 1.60 m/s	5.75 s 1.72 m/s	6.95 s 1.64 m/s	7.08 s 1.60 m/s	5.75 s 1.72 m/s	7.08 s 1.60 m/s	7.08 s 1.60 m/s	5.75 s 1.72 m/s	5.75 s 1.72 m/s
		Temps aux 15m	9.42 s	9.45 s	9.77 s	9.53 s	9.53 s	9.56 s	9.69 s	9.47 s	9.56 s	9.69 s	9.47 s	9.69 s	9.69 s	9.47 s	9.47 s
	FIN	5m avant	3.41 s	3.10 s	3.07 s	3.52 s	3.28 s	3.43 s	3.47 s	3.84 s	3.43 s	3.47 s	3.84 s	3.47 s	3.47 s	3.84 s	3.84 s
		Sortie de coulée	11.19 m	11.10 m	9.96 m	11.10 m	10.15 m	10.11 m	10.79 m	9.20 m	10.11 m	10.79 m	9.20 m	10.79 m	10.79 m	9.20 m	9.20 m
			6.65 s 1.68 m/s	6.80 s 1.63 m/s	6.10 s 1.63 m/s	6.93 s 1.60 m/s	6.23 s 1.63 m/s	6.45 s 1.57 m/s	6.79 s 1.59 m/s	5.56 s 1.65 m/s	6.45 s 1.57 m/s	6.79 s 1.59 m/s	5.56 s 1.65 m/s	6.79 s 1.59 m/s	6.79 s 1.59 m/s	5.56 s 1.65 m/s	5.56 s 1.65 m/s
	FIN	Temps aux 15m	9.32 s	9.57 s	9.88 s	9.92 s	9.73 s	9.89 s	9.88 s	10.04 s	9.89 s	9.88 s	10.04 s	9.88 s	9.88 s	10.04 s	10.04 s
		5m avant	3.18 s	3.09 s	3.28 s	3.80 s	3.52 s	3.42 s	3.47 s	3.51 s	3.52 s	3.42 s	3.47 s	3.47 s	3.47 s	3.51 s	3.51 s
	FIN	Approche mur	1.23 s 1.93 m	1.33 s 2.15 m	0.78 s 1.19 m	1.62 s 2.13 m	1.25 s 1.78 m	0.29 s 0.42 m	0.56 s 0.81 m	1.53 s 2.18 m	1.25 s 1.78 m	0.29 s 0.42 m	0.56 s 0.81 m	0.56 s 0.81 m	0.56 s 0.81 m	1.53 s 2.18 m	1.53 s 2.18 m
		TOTAL	00:47.06	00:46.74	00:48.36	00:49.22	00:48.61	00:49.59	00:49.48	00:49.12	00:49.59	00:49.48	00:49.12	00:49.48	00:49.12	00:49.12	00:49.12



200m



Brasse



Nageur	Léon MARCHAND	Antoine VIQUERAT	Antoine MARC	Lucien VERGNES	Thomas LE PAPE	Melaine LAINÉ	Millian BOUCHER	Carl AITKACI
Temps	02:08.95	02:09.95 <i>+01.00</i>	02:10.16 <i>+01.21</i>	02:12.14 <i>+03.19</i>	02:13.13 <i>+04.18</i>	02:13.89 <i>+04.94</i>	02:14.14 <i>+05.19</i>	02:15.91 <i>+06.96</i>

MOUVEMENTS	COUPS DE BRAS	0-50m	15	13	17	14	15	13	13	16
		50-100m	16	15	18	16	17	16	15	18
		100-150m	16	16	20	17	18	17	16	19
		150-200m	19	21	26	20	21	21	20	23
		TOTAL	66	65	81	67	71	67	64	76
	FREQUENCE TEMPO	0-25m	42.0 1.4	33.6 1.8	49.2 1.2	40.8 1.5	38.5 1.6	35.2 1.7	37.7 1.6	39.8 1.5
		25-50m	40.5 1.5	31.9 1.9	42.9 1.4	38.1 1.6	36.9 1.6	33.0 1.8	31.6 1.9	40.0 1.5
		50-75m	38.5 1.6	33.9 1.8	41.5 1.5	37.4 1.6	36.0 1.7	35.2 1.7	32.6 1.8	38.5 1.6
		75-100m	35.6 1.7	32.8 1.8	41.1 1.5	36.8 1.6	36.1 1.7	34.1 1.8	32.9 1.8	37.1 1.6
		100-125m	38.0 1.6	35.9 1.7	42.8 1.4	39.1 1.5	36.9 1.6	38.0 1.6	34.2 1.8	41.4 1.5
		125-150m	36.6 1.6	35.3 1.7	44.6 1.3	38.9 1.5	38.1 1.6	37.3 1.6	33.8 1.8	39.7 1.5
		150-175m	40.7 1.5	45.5 1.3	52.6 1.1	41.8 1.4	44.0 1.4	40.9 1.5	39.1 1.5	43.1 1.4
		175-200m	43.1 1.4	48.2 1.3	55.9 1.1	43.0 1.4	44.7 1.3	41.5 1.5	41.4 1.5	44.2 1.4
		MOYENNE	39.4 1.5	37.1 1.7	46.3 1.3	39.5 1.5	38.9 1.6	36.9 1.6	35.4 1.7	40.5 1.5
	AMPLITUDE DE NAGE	0-25m	2.20	2.65	1.90	2.28	2.35	2.58	2.46	2.31
		25-50m	2.24	2.79	2.12	2.44	2.35	2.68	2.79	2.26
		50-75m	2.32	2.60	2.15	2.41	2.41	2.59	2.63	2.31
		75-100m	2.42	2.61	2.15	2.35	2.29	2.48	2.58	2.22
		100-125m	2.34	2.41	2.07	2.24	2.35	2.25	2.51	2.08
		125-150m	2.36	2.42	1.93	2.17	2.20	2.28	2.44	2.04
		150-175m	2.19	1.94	1.66	2.01	1.93	2.02	2.18	1.80
		175-200m	1.97	1.73	1.50	1.88	1.87	1.93	1.95	1.68
		MOYENNE	2.26	2.39	1.94	2.22	2.22	2.35	2.44	2.09

Nageur		Léon MARCHAND		Yohann NDOYE-BROUARD		Enzo TESIC		Jacques SALETES		Emilien MATTENET		Thomas LE PAPE			
Temps		01:56.33		01:59.12 +02.79		02:00.40 +04.07		02:00.84 +04.51		02:01.37 +05.04		02:01.71 +05.38			
RÉCAP	Tps de nage	1:30.26	99 CB	1:37.16	109 CB	1:38.44	110 CB	1:41.94	118 CB	1:45.33	116 CB	1:41.33	109 CB		
	Tps/Dist Couléés Nombre de CB	0:26.07	54.1 m	0:21.96	44.1 m	0:21.96	43.9 m	0:18.90	38.3 m	0:16.04	33.8 m	0:20.38	40.5 m		
LAPS	50m	00:24.98	-	00:25.09	-	00:25.13	-	00:26.20	-	00:26.32	-	00:26.21	-		
	100m	00:53.86	00:28.88	00:54.51	00:29.42	00:56.22	00:31.09	00:56.74	00:30.54	00:57.60	00:31.28	00:57.93	00:31.72		
	150m	01:26.94	00:33.08	01:30.10	00:35.59	01:30.97	00:34.75	01:31.46	00:34.72	01:32.95	00:35.35	01:32.88	00:34.95		
	200m	01:56.33	00:29.39	01:59.12	00:29.02	02:00.40	00:29.43	02:00.84	00:29.38	02:01.37	00:28.42	02:01.71	00:28.83		
PARTIES NAGEES	15-25m 25-45m	5.46 s	11.17 s	5.33 s	11.31 s	5.47 s	10.95 s	5.59 s	11.28 s	5.50 s	11.73 s	5.54 s	11.70 s		
	65-75m 75-95m	5.94 s	12.31 s	5.90 s	12.21 s	6.34 s	13.28 s	6.24 s	12.81 s	6.32 s	12.92 s	6.42 s	13.26 s		
	115-125m 125-145m	6.72 s	13.59 s	7.37 s	15.62 s	7.16 s	14.17 s	6.96 s	14.13 s	7.28 s	14.68 s	7.14 s	14.45 s		
	165-175m 175-195m	5.87 s	12.43 s	5.91 s	11.89 s	5.86 s	11.86 s	6.05 s	12.36 s	5.71 s	11.69 s	5.80 s	11.95 s		
	Moyenne	6.00 s	12.38 s	6.13 s	12.76 s	6.21 s	12.57 s	6.21 s	12.65 s	6.20 s	12.76 s	6.23 s	12.84 s		
	TOTAL	01:13.49		01:15.54		01:15.09		01:15.42		01:15.83		01:16.26			
PARTIES NON NAGEES	START	Temps sur le plot	0.64 s	0.60 s	0.64 s	0.69 s	0.73 s	0.65 s							
		Sortie de coulée	15.26 m	13.26 m	13.26 m	12.81 m	12.66 m	13.28 m							
			4.74 s	3.22 m/s	4.22 s	3.09 m/s	4.42 s	2.90 m/s	4.46 s	2.84 m/s	4.69 s	2.83 m/s			
	VIRAGE 1	Temps aux 15m	5.57 s	5.86 s	5.96 s	6.31 s	6.40 s	6.38 s							
		5m avant	2.78 s	2.59 s	2.75 s	3.02 s	2.69 s	2.59 s							
		Sortie de coulée	15.12 m	11.87 m	11.95 m	9.94 m	7.56 m	10.51 m							
	VIRAGE 2		7.82 s	1.93 m/s	6.60 s	1.80 m/s	5.51 s	1.80 m/s	4.11 s	1.84 m/s	6.06 s	1.73 m/s			
		Temps aux 15m	7.75 s	8.51 s	8.49 s	8.53 s	8.90 s	8.99 s							
		5m avant	2.88 s	2.80 s	2.98 s	2.96 s	3.14 s	3.05 s							
	VIRAGE 3	Sortie de coulée	10.76 m	12.14 m	10.30 m	9.16 m	8.25 m	9.37 m							
			6.37 s	1.69 m/s	7.35 s	1.65 m/s	5.64 s	1.62 m/s	4.74 s	1.74 m/s	5.85 s	1.60 m/s			
		Temps aux 15m	9.39 s	9.38 s	9.92 s	10.16 s	9.84 s	10.03 s							
	FIN	5m avant	3.38 s	3.22 s	3.50 s	3.47 s	3.55 s	3.33 s							
		Sortie de coulée	12.91 m	6.81 m	8.43 m	6.41 m	5.37 m	7.29 m							
			7.14 s	1.81 m/s	3.79 s	1.80 m/s	3.33 s	1.92 m/s	2.73 s	1.97 m/s	3.78 s	1.93 m/s			
	FIN	Temps aux 15m	8.40 s	8.49 s	8.83 s	8.34 s	8.40 s	8.35 s							
		5m avant	2.69 s	2.73 s	2.88 s	2.63 s	2.62 s	2.73 s							
	FIN	Approche mur	0.84 s	1.04 m	0.57 s	0.66 m	0.23 s	0.44 m	0.55 s	1.05 m	0.63 s	1.15 m			
		TOTAL	00:42.84	00:43.58	00:45.31	00:45.42	00:45.54	00:45.45							



200m



4 Nages



Nageur		Léon MARCHAND	Yohann NDOYE-BROUARD	Enzo TESIC	Jacques SALETES	Emilien MATTENET	Thomas LE PAPE		
Temps		01:56.33	01:59.12 <i>+02.79</i>	02:00.40 <i>+04.07</i>	02:00.84 <i>+04.51</i>	02:01.37 <i>+05.04</i>	02:01.71 <i>+05.38</i>		

MOUVEMENTS	COUPS DE BRAS	0-50m	18	18	18	20	19	18		
		50-100m	31	34	34	35	38	34		
		100-150m	18	18	20	21	20	19		
		150-200m	32	39	38	42	39	38		
		TOTAL	99	109	110	118	116	109		
	FREQUENCE TEMPO	0-25m	56.5 1.1	54.9 1.1	54.1 1.1	58.1 1.0	55.2 1.1	52.2 1.2		
		25-50m	54.5 1.1	52.4 1.2	52.4 1.1	55.8 1.1	53.6 1.1	49.9 1.2		
		50-75m	46.8 1.3	45.2 1.3	42.8 1.4	40.2 1.5	42.7 1.4	40.1 1.5		
		75-100m	44.4 1.4	44.6 1.4	39.5 1.5	42.9 1.4	41.7 1.4	38.4 1.6		
		100-125m	38.5 1.6	39.4 1.5	40.3 1.5	39.5 1.5	39.0 1.5	38.5 1.6		
		125-150m	41.3 1.5	36.7 1.6	42.6 1.4	43.4 1.4	39.4 1.5	38.9 1.5		
		150-175m	43.0 1.4	47.6 1.3	44.2 1.4	48.0 1.3	46.6 1.3	45.9 1.3		
		175-200m	42.0 1.4	46.6 1.3	45.5 1.3	47.3 1.3	45.6 1.3	45.3 1.3		
		MOYENNE	45.9 1.3	45.9 1.3	45.2 1.3	46.9 1.3	45.5 1.3	43.6 1.4		
	AMPLITUDE DE NAGE	0-25m	1.95	2.05	2.03	1.85	1.98	2.08		
		25-50m	1.97	2.03	2.09	1.91	1.91	2.06		
		50-75m	2.16	2.25	2.21	2.39	2.22	2.33		
		75-100m	2.20	2.21	2.29	2.19	2.23	2.36		
		100-125m	2.32	2.07	2.08	2.18	2.12	2.18		
		125-150m	2.14	2.10	1.99	1.95	2.07	2.14		
		150-175m	2.38	2.13	2.32	2.07	2.25	2.26		
		175-200m	2.30	2.17	2.22	2.05	2.25	2.22		
		MOYENNE	2.18	2.13	2.15	2.07	2.13	2.20		

Nageur		Léon MARCHAND		Emilien MATTENET		Léo GRUART		Jacques SALETES		Jonah WERHANN					
Temps		04:10.62		04:16.22 +05.60		04:22.02 +11.40		04:24.40 +13.78		04:28.16 +17.54					

RÉCAP	Tps de nage Tps/Dist Couléés Nombre de CB	3:19.55	198 CB	3:43.40	229 CB	3:51.53	259 CB	3:52.17	232 CB	3:49.78	223 CB				
		0:51.07	95.0 m	0:32.82	61.8 m	0:30.49	57.9 m	0:32.23	62.9 m	0:38.38	69.2 m				

LAPS	50m	00:25.57 -		00:26.79 -		00:27.77 -		00:27.96 -		00:28.94 -					
	100m	00:55.26	00:29.69	00:57.95	00:31.16	00:59.91	00:32.14	01:00.17	00:32.21	01:02.43	00:33.49				
	150m	01:27.56	00:32.30	01:30.82	00:32.87	01:35.06	00:35.15	01:35.06	00:34.89	01:38.38	00:35.95				
	200m	01:59.10	00:31.54	02:02.73	00:31.91	02:09.08	00:34.02	02:08.81	00:33.75	02:14.38	00:36.00				
	250m	02:33.40	00:34.30	02:39.14	00:36.41	02:44.99	00:35.91	02:45.93	00:37.12	02:49.63	00:35.25				
	300m	03:08.70	00:35.30	03:16.38	00:37.24	03:21.39	00:36.40	03:22.82	00:36.89	03:25.83	00:36.20				
	350m	03:39.77	00:31.07	03:46.95	00:30.57	03:52.60	00:31.21	03:54.07	00:31.25	03:57.96	00:32.13				
	400m	04:10.62	00:30.85	04:16.22	00:29.27	04:22.02	00:29.42	04:24.40	00:30.33	04:28.16	00:30.20				
	Moyenne	-	00:32.15	-	00:32.78	-	00:33.46	-	00:33.78	-	00:34.17				

PARTIES NAGEES	15-25m	5.68 s		5.51 s		5.89 s		5.81 s		6.04 s					
	25-45m	11.37 s		11.64 s		12.26 s		12.31 s		12.64 s					
	55-75m	11.94 s		12.69 s		13.05 s		13.28 s		13.32 s					
	75-95m	12.25 s		12.91 s		13.08 s		13.01 s		13.60 s					
	105-125m	12.64 s		13.18 s		14.19 s		14.02 s		14.48 s					
	125-145m	13.42 s		13.34 s		14.35 s		14.58 s		14.68 s					
	155-175m	12.73 s		13.45 s		14.37 s		14.32 s		14.63 s					
	175-195m	13.83 s		13.66 s		14.55 s		14.36 s		15.38 s					
	205-225	14.06 s		14.33 s		14.53 s		15.50 s		14.67 s					
	225-245	14.15 s		14.85 s		14.60 s		15.50 s		14.46 s					
	255-275	14.20 s		15.07 s		14.50 s		15.30 s		14.78 s					
	275-295	14.82 s		15.81 s		15.39 s		15.71 s		15.07 s					
	305-225	12.18 s		11.98 s		12.57 s		12.35 s		12.90 s					
	325-245	12.75 s		12.29 s		12.64 s		12.54 s		13.07 s					
	355-375	12.66 s		12.19 s		12.30 s		12.50 s		12.77 s					
	375-395	13.33 s		12.52 s		12.41 s		13.03 s		12.71 s					
	Moyenne	13.09 s		13.33 s		13.65 s		13.89 s		13.94 s					
	TOTAL	03:22.01		03:25.42		03:30.68		03:34.12		03:35.20					

Nageur			Léon MARCHAND	Emilien MATTENET	Léo GRUART	Jacques SALETES	Jonah WERHANN			
Temps			04:10.62	04:16.22 +05.60	04:22.02 +11.40	04:24.40 +13.78	04:28.16 +17.54			
PARTIES NON NAGEES	START	Temps sur le plot	0.66 s	0.73 s	0.71 s	0.72 s	0.70 s			
		Sortie de coulée	15.05 m	13.06 m	9.93 m	12.01 m	12.56 m			
		Temps aux 15m	4.77 s 3.16 m/s	4.80 s 2.72 m/s	3.58 s 2.77 m/s	4.44 s 2.70 m/s	4.80 s 2.62 m/s			
	VIRAGE 1	5m avant	2.77 s	3.00 s	2.73 s	3.06 s	3.26 s			
		Sortie de coulée	12.94 m	8.45 m	7.44 m	8.66 m	8.90 m			
		Temps aux 5m	7.26 s 1.78 m/s	4.85 s 1.74 m/s	4.34 s 1.71 m/s	4.82 s 1.80 m/s	5.66 s 1.57 m/s			
	VIRAGE 2	5m avant	2.98 s	2.90 s	3.26 s	3.53 s	3.51 s			
		Sortie de coulée	12.48 m	7.23 m	6.62 m	7.62 m	7.71 m			
		Temps aux 5m	7.51 s 1.66 m/s	4.27 s 1.69 m/s	3.96 s 1.67 m/s	4.30 s 1.77 m/s	4.79 s 1.61 m/s			
	VIRAGE 3	5m avant	3.46 s	3.55 s	3.80 s	3.83 s	3.96 s			
		Sortie de coulée	13.14 m	7.83 m	6.95 m	6.80 m	7.08 m			
		Temps aux 5m	7.19 s 1.83 m/s	3.62 s 2.16 m/s	3.24 s 2.15 m/s	3.04 s 2.24 m/s	3.86 s 1.83 m/s			
	VIRAGE 4	5m avant	2.97 s	3.08 s	3.26 s	3.32 s	3.65 s			
		Sortie de coulée	10.25 m	6.95 m	7.68 m	8.16 m	9.96 m			
		Temps aux 5m	6.41 s 1.60 m/s	4.85 s 1.43 m/s	4.98 s 1.54 m/s	5.08 s 1.61 m/s	6.28 s 1.59 m/s			
	VIRAGE 5	5m avant	3.37 s	3.78 s	3.75 s	3.49 s	3.48 s			
		Sortie de coulée	9.73 m	8.26 m	8.16 m	8.58 m	9.63 m			
		Temps aux 5m	6.09 s 1.60 m/s	5.41 s 1.53 m/s	5.23 s 1.56 m/s	5.17 s 1.66 m/s	6.36 s 1.51 m/s			
	VIRAGE 6	5m avant	3.55 s	3.41 s	3.57 s	3.45 s	3.41 s			
		Sortie de coulée	10.30 m	5.15 m	5.67 m	5.73 m	7.12 m			
		Temps aux 5m	6.06 s 1.70 m/s	3.05 s 1.69 m/s	3.01 s 1.88 m/s	3.18 s 1.80 m/s	4.07 s 1.75 m/s			
	VIRAGE 7	5m avant	3.31 s	3.34 s	3.41 s	3.63 s	3.46 s			
		Sortie de coulée	11.07 m	4.90 m	5.46 m	5.35 m	6.21 m			
		Temps aux 5m	5.78 s 1.92 m/s	1.97 s 2.49 m/s	2.15 s 2.54 m/s	2.20 s 2.43 m/s	2.56 s 2.43 m/s			
	FIN	5m avant	2.92 s	2.55 s	2.84 s	2.82 s	2.93 s			
		Approche mur	0.21 s 0.36 m	0.34 s 0.67 m	0.16 s 0.28 m	0.74 s 1.31 m	0.25 s 0.43 m			
	TOTAL		00:48.61	00:50.80	00:51.34	00:50.28	00:52.96			

Nageur	Léon MARCHAND	Emilien MATTENET	Léo GRUART	Jacques SALETES	Jonah WERHANN			
Temps	04:10.62	04:16.22 +05.60	04:22.02 +11.40	04:24.40 +13.78	04:28.16 +17.54			

MOUVEMENTS	COUPS DE BRAS	0-50m 50-100m	1816	1920	2122	1919	1818			
		100-150m 150-200m	1918	2220	2423	2220	2018			
		200-250m 250-300m	3132	3637	4142	3639	3835			
		300-350m 350-400m	3133	3639	4244	3740	3838			
		TOTAL	198	229	259	232	223			
	TEMPO	0-25m 25-50m	1.11.2	1.21.2	1.11.1	1.21.2	1.31.4			
		50-75m 75-100m	1.21.2	1.21.2	1.21.2	1.31.3	1.41.5			
		100-125m 125-150m	1.51.6	1.51.6	1.51.5	1.61.7	1.61.7			
		150-175m 175-200m	1.61.6	1.61.6	1.51.5	1.71.7	1.71.7			
		200-225m 225-250m	1.81.7	1.61.6	1.51.4	1.71.7	1.71.7			
		250-275m 275-300m	1.61.7	1.61.6	1.41.4	1.61.6	1.61.7			
		300-325m 325-350m	1.51.5	1.41.5	1.31.3	1.41.4	1.51.5			
		350-375m 375-400m	1.51.6	1.41.4	1.31.2	1.41.4	1.51.5			
		MOYENNE	1.5	1.4	1.3	1.5	1.6			
	FREQUENCE	0-25m 25-50m	57.052.0	52.352.0	54.552.5	52.151.1	47.944.4			
		50-75m 75-100m	51.049.4	49.649.6	49.650.5	47.548.1	42.040.7			
		100-125m 125-150m	39.337.7	39.738.4	40.940.6	38.035.6	37.936.4			
		150-175m 175-200m	37.837.5	38.637.6	41.140.7	36.235.7	35.534.5			
		200-225m 225-250m	33.534.7	37.237.4	41.341.8	34.934.8	36.035.0			
		250-275m 275-300m	36.536.3	37.537.4	42.943.0	37.037.4	36.734.5			
		300-325m 325-350m	40.940.1	42.041.4	46.145.3	44.042.9	39.638.9			
		350-375m 375-400m	39.138.1	42.842.1	47.348.4	42.942.7	40.041.3			
		MOYENNE	41.3	42.2	45.4	41.3	38.8			
	AMPLITUDE	0-25m 25-50m	1.852.03	2.161.98	2.031.86	2.091.91	2.192.14			
		50-75m 75-100m	1.971.98	1.911.87	1.851.82	1.901.92	2.152.17			
		100-125m 125-150m	2.412.37	2.292.34	2.072.06	2.252.31	2.192.25			
		150-175m 175-200m	2.492.31	2.312.34	2.032.03	2.312.34	2.312.26			
		200-225m 225-250m	2.552.44	2.252.16	2.001.97	2.222.23	2.272.37			
		250-275m 275-300m	2.312.23	2.122.03	1.931.81	2.122.04	2.212.31			
		300-325m 325-350m	2.412.35	2.392.36	2.072.10	2.212.23	2.352.36			
		350-375m 375-400m	2.432.36	2.302.28	2.062.00	2.242.16	2.352.29			
		MOYENNE	2.28	2.19	1.98	2.16	2.26			

Compétition			Béryl GASTALDELLO		Mélanie HENIQUE		Marie WATTEL		Analia PIGREE		Anna SANTAMANS		Lison NOWACZYK		Mary-Ambre MOLUH				
Temps			00:24.51		00:24.53 +00.02		00:24.57 +00.06		00:24.81 +00.30		00:25.11 +00.60		00:25.28 +00.77		00:25.32 +00.81				
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:19.59	36 CB	0:19.75	38 CB	0:20.33	36 CB	0:19.81	37 CB	0:20.76	38 CB	0:20.67	37 CB	0:20.90	36 CB			
			0:04.92	14.0 m	0:04.78	14.2 m	0:04.24	12.4 m	0:05.00	14.0 m	0:04.35	12.1 m	0:04.61	12.9 m	0:04.42	12.2 m			
LAPS	25m		00:11.31 -		00:11.01 -		00:11.37 -		00:11.54 -		00:11.70 -		00:11.66 -		00:11.90 -				
	50m		00:24.51 00:13.20		00:24.53 00:13.52		00:24.57 00:13.20		00:24.81 00:13.27		00:25.11 00:13.41		00:25.28 00:13.62		00:25.32 00:13.42				
PARTIES NAGEES	15-25m		5.12 s		5.06 s		5.05 s		5.18 s		5.21 s		5.18 s		5.30 s				
	25-45m		10.64 s		10.76 s		10.74 s		10.80 s		10.88 s		10.97 s		11.07 s				
	TOTAL		00:15.76		00:15.82		00:15.79		00:15.98		00:16.09		00:16.15		00:16.37				
PARTIES NON NAGEES	START	Temps sur le plot		0.62 s		0.56 s		0.69 s		0.67 s		0.64 s		0.76 s		0.68 s			
		Sortie de coulée		13.98 m		14.24 m		12.39 m		14.01 m		12.11 m		12.87 m		12.18 m			
				4.92 s 2.84 m/s		4.78 s 2.98 m/s		4.24 s 2.92 m/s		5.00 s 2.80 m/s		4.35 s 2.78 m/s		4.61 s 2.79 m/s		4.42 s 2.76 m/s			
	FIN	Temps aux 15m		6.19 s		5.95 s		6.32 s		6.36 s		6.49 s		6.48 s		6.60 s			
		5m avant		2.56 s		2.76 s		2.46 s		2.47 s		2.53 s		2.65 s		2.35 s			
		Approche mur		0.58 s 1.13 m		0.50 s 0.91 m		0.28 s 0.57 m		0.21 s 0.43 m		0.24 s 0.47 m		0.09 s 0.17 m		0.34 s 0.72 m			
	TOTAL		00:08.75		00:08.71		00:08.78		00:08.83		00:09.02		00:09.13		00:08.95				
MOUVEMENTS	COUPS DE BRAS	0-50m		36		38		36		37		38		37		36			
		TOTAL		36		38		36		37		38		37		36			
	FREQUENCE TEMPO	0-25m		57.9 1.0		61.6 1.0		57.7 1.0		58.1 1.0		57.7 1.0		55.9 1.1		55.8 1.1			
		25-50m		58.3 1.0		60.0 1.0		53.9 1.1		58.4 1.0		56.4 1.1		55.2 1.1		52.5 1.1			
		MOYENNE		58.1 1.0		60.8 1.0		55.8 1.1		58.2 1.0		57.0 1.1		55.5 1.1		54.1 1.1			
	AMPLITUDE DE NAGE	0-25m		2.02		1.92		2.06		1.99		2.00		2.07		2.03			
		25-50m		1.93		1.86		2.07		1.90		1.96		1.98		2.07			
		MOYENNE		1.98		1.89		2.07		1.95		1.98		2.03		2.05			

Compétition		Marie WATTEL		Béryl GASTALDELLO		Mary-Ambre MOLUH		Charlotte BONNET		Lison NOWACZYK		Albane CACHOT		Marina JEHL		Assia TOUATI	
Temps		00:53.61		00:53.71 <i>+00.10</i>		00:54.08 <i>+00.47</i>		00:54.57 <i>+00.96</i>		00:54.61 <i>+01.00</i>		00:54.86 <i>+01.25</i>		00:55.24 <i>+01.63</i>		00:55.51 <i>+01.90</i>	
RÉCAP	Tps de nage	0:45.59	71 CB	0:44.27	71 CB	0:45.40	72 CB	0:46.32	77 CB	0:46.18	72 CB	0:48.72	77 CB	0:44.42	72 CB	0:47.79	78 CB
	Tps/Dist Coulées Nombre de CB	0:08.02	20.4 m	0:09.44	23.4 m	0:08.68	21.2 m	0:08.25	20.8 m	0:08.43	20.9 m	0:06.14	16.3 m	0:10.82	25.1 m	0:07.72	19.6 m
LAPS	50m	00:25.66	-	00:25.69	-	00:26.11	-	00:25.90	-	00:26.24	-	00:26.45	-	00:26.80	-	00:26.67	-
	100m	00:53.61	00:27.95	00:53.71	00:28.02	00:54.08	00:27.97	00:54.57	00:28.67	00:54.61	00:28.37	00:54.86	00:28.41	00:55.24	00:28.44	00:55.51	00:28.84
PARTIES NAGEES	15-25m 25-45m	5.31 s	11.06 s	5.26 s	11.12 s	5.36 s	11.11 s	5.38 s	11.22 s	5.37 s	11.14 s	5.40 s	11.22 s	5.64 s	11.58 s	5.47 s	11.36 s
	65-75m 75-95m	5.65 s	11.96 s	5.68 s	11.83 s	5.63 s	11.80 s	5.78 s	12.17 s	5.72 s	12.03 s	5.69 s	12.18 s	5.85 s	11.96 s	5.80 s	12.26 s
	Moyenne	5.48 s	11.51 s	5.47 s	11.48 s	5.50 s	11.46 s	5.58 s	11.70 s	5.55 s	11.59 s	5.55 s	11.70 s	5.75 s	11.77 s	5.63 s	11.81 s
	TOTAL	00:33.98		00:33.89		00:33.90		00:34.55		00:34.26		00:34.49		00:35.03		00:34.89	
PARTIES NON NAGEES	START	Temps sur le plot		0.70 s		0.71 s		0.66 s		0.75 s		0.69 s		0.61 s		0.65 s	
		Sortie de coulée		11.73 m		14.48 m		11.74 m		13.64 m		10.26 m		13.11 m		11.45 m	
		3.98 s	2.95 m/s	5.22 s	2.77 m/s	4.30 s	2.73 m/s	4.88 s	2.80 m/s	4.77 s	2.69 m/s	3.69 s	2.78 m/s	4.83 s	2.71 m/s	4.14 s	2.77 m/s
	VIRAGE 1	Temps aux 15m		6.33 s		6.35 s		6.71 s		6.38 s		6.70 s		6.59 s		6.72 s	
		5m avant		2.96 s		2.96 s		2.93 s		3.03 s		3.06 s		2.99 s		3.12 s	
		Sortie de coulée		8.71 m		8.96 m		9.48 m		7.12 m		6.05 m		11.98 m		8.17 m	
	FIN	4.04 s	2.16 m/s	4.22 s	2.12 m/s	4.38 s	2.16 m/s	3.37 s	2.11 m/s	3.66 s	2.20 m/s	2.45 s	2.47 m/s	5.99 s	2.00 m/s	3.58 s	2.28 m/s
		Temps aux 15m		7.65 s		7.74 s		7.89 s		7.80 s		7.66 s		7.78 s		7.96 s	
		5m avant		2.69 s		2.77 s		2.65 s		2.82 s		2.88 s		2.85 s		2.82 s	
	TOTAL	Approche mur		0.25 s	0.46 m	0.33 s	0.60 m	0.35 s	0.66 m	0.29 s	0.51 m	0.04 s	0.07 m	0.26 s	0.46 m	0.16 s	0.28 m
		00:19.63		00:19.82		00:20.18		00:20.02		00:20.35		00:20.37		00:20.21		00:20.62	
MOUVEMENTS	COUPS DE BRAS	0-50m		33		31		33		32		34		34		36	
		50-100m		38		40		39		40		43		38		42	
		TOTAL		71		71		72		72		77		72		78	
	FREQUENCE TEMPO	0-25m		50.6	1.2	51.3	1.2	51.0	1.2	52.2	1.2	48.4	1.2	50.0	1.2	53.2	1.1
		25-50m		47.4	1.3	49.1	1.2	47.5	1.3	51.9	1.2	47.7	1.3	49.1	1.2	51.4	1.2
		50-75m		45.9	1.3	49.8	1.2	49.6	1.2	50.9	1.2	48.1	1.3	50.2	1.2	49.6	1.2
		75-100m		46.6	1.3	50.1	1.2	49.4	1.2	51.1	1.2	48.0	1.3	49.6	1.2	47.4	1.3
		MOYENNE		47.6	1.3	50.1	1.2	49.4	1.2	51.5	1.2	48.9	1.2	49.7	1.2	50.4	1.2
	AMPLITUDE DE NAGE	0-25m		2.23		2.22		2.20		2.14		2.31		2.13		2.06	
		25-50m		2.29		2.20		2.27		2.06		2.26		2.11		2.06	
		50-75m		2.31		2.12		2.15		2.04		2.18		2.11		2.08	
		75-100m		2.15		2.02		2.06		1.93		2.08		2.02		2.06	
		MOYENNE		2.25		2.14		2.17		2.04		2.21		2.16		2.07	



200m



Nage Libre



Nageur		Lucile TESSARIOL		Anastasiia KIRPICHNIKOVA		Marina JEHL		Assia TOUATI		Oceane CARNEZ		Albane CACHOT		Eloise RILEY		Maeline BESSARD		
Temps		01:59.29		01:59.88 +00.59		02:00.04 +00.75		02:00.37 +01.08		02:01.03 +01.74		02:01.19 +01.90		02:01.23 +01.94		02:01.29 +02.00		
RÉCAP	Tps de nage	1:48.61	155 CB	1:50.66	173 CB	1:40.99	143 CB	1:46.65	150 CB	1:50.06	160 CB	1:49.62	150 CB	1:48.58	156 CB	1:50.76	165 CB	
	Tps/Dist Coulées Nombre de CB	0:10.68	27.3 m	0:09.22	23.6 m	0:19.05	42.5 m	0:13.72	32.7 m	0:10.97	26.7 m	0:11.57	28.8 m	0:12.65	30.9 m	0:10.53	26.1 m	
LAPS	50m	00:27.97	-	00:28.39	-	00:27.63	-	00:28.48	-	00:28.30	-	00:27.50	-	00:27.97	-	00:28.90	-	
	100m	00:58.48	00:30.51	00:59.02	00:30.63	00:57.29	00:29.66	00:58.97	00:30.49	00:58.76	00:30.46	00:58.20	00:30.70	00:58.68	00:30.71	00:59.31	00:30.41	
	150m	01:29.04	00:30.56	01:30.13	00:31.11	01:27.96	00:30.67	01:29.54	00:30.57	01:29.78	00:31.02	01:29.52	00:31.32	01:29.98	00:31.30	01:30.51	00:31.20	
	200m	01:59.29	00:30.25	01:59.88	00:29.75	02:00.04	00:32.08	02:00.37	00:30.83	02:01.03	00:31.25	02:01.19	00:31.67	02:01.23	00:31.25	02:01.29	00:30.78	
PARTIES NAGEES	15-25m 25-45m	5.75 s	12.07 s	5.97 s	12.12 s	5.89 s	11.92 s	5.88 s	12.12 s	5.78 s	12.17 s	5.51 s	11.74 s	5.87 s	12.00 s	6.06 s	12.44 s	
	65-75m 75-95m	6.19 s	12.77 s	6.29 s	12.57 s	6.02 s	12.46 s	6.13 s	12.67 s	6.09 s	12.71 s	6.17 s	12.90 s	6.25 s	12.97 s	6.16 s	12.58 s	
	115-125m 125-145m	6.11 s	12.54 s	6.42 s	12.61 s	6.32 s	12.76 s	6.12 s	12.58 s	6.34 s	12.79 s	6.23 s	13.14 s	6.38 s	12.90 s	6.34 s	12.98 s	
	165-175m 175-195m	6.35 s	12.92 s	6.02 s	12.58 s	6.57 s	13.66 s	6.39 s	13.12 s	6.40 s	13.24 s	6.58 s	13.49 s	6.49 s	13.31 s	6.36 s	12.80 s	
	Moyenne	6.10 s	12.58 s	6.18 s	12.47 s	6.20 s	12.70 s	6.13 s	12.62 s	6.15 s	12.73 s	6.12 s	12.82 s	6.25 s	12.80 s	6.23 s	12.70 s	
	TOTAL	01:14.70		01:14.58		01:15.60		01:15.01		01:15.52		01:15.76		01:16.17		01:15.72		
PARTIES NON NAGEES	START	Temps sur le plot	0.72 s	0.70 s	0.60 s	0.65 s	0.64 s	0.69 s	0.72 s	0.68 s								
		Sortie de coulée	10.23 m	9.25 m	13.44 m	11.57 m	8.95 m	9.94 m	10.31 m	10.29 m								
			3.72 s	2.75 m/s	3.42 s	2.70 m/s	5.03 s	2.67 m/s	4.33 s	2.67 m/s	3.39 s	2.64 m/s	3.68 s	2.70 m/s	3.84 s	2.68 m/s	3.83 s	2.69 m/s
	VIRAGE 1	5m avant	3.23 s	3.23 s	3.17 s	3.53 s	3.23 s	3.31 s	3.23 s	3.40 s								
		Sortie de coulée	5.70 m	4.85 m	10.26 m	7.34 m	6.23 m	6.45 m	7.21 m	5.60 m								
			2.35 s	2.43 m/s	1.99 s	2.44 m/s	4.93 s	2.08 m/s	3.39 s	2.17 m/s	2.71 s	2.30 m/s	2.66 s	2.42 m/s	3.06 s	2.36 m/s	2.40 s	2.33 m/s
	VIRAGE 2	5m avant	3.31 s	3.33 s	3.19 s	3.36 s	3.30 s	3.50 s	3.35 s	3.46 s								
		Sortie de coulée	6.07 m	5.04 m	9.96 m	7.14 m	5.82 m	6.31 m	7.44 m	5.12 m								
			2.39 s	2.54 m/s	2.01 s	2.51 m/s	4.83 s	2.06 m/s	3.08 s	2.32 m/s	2.46 s	2.37 m/s	2.62 s	2.41 m/s	3.26 s	2.28 m/s	2.15 s	2.38 m/s
	VIRAGE 3	5m avant	3.42 s	3.41 s	3.35 s	3.54 s	3.41 s	3.49 s	3.56 s	3.35 s								
		Sortie de coulée	5.33 m	4.50 m	8.86 m	6.66 m	5.65 m	6.14 m	5.96 m	5.06 m								
			2.22 s	2.40 m/s	1.80 s	2.50 m/s	4.26 s	2.08 m/s	2.92 s	2.28 m/s	2.41 s	2.34 m/s	2.61 s	2.35 m/s	2.49 s	2.39 m/s	2.15 s	2.35 m/s
	FIN	5m avant	2.68 s	2.75 s	3.33 s	2.96 s	2.99 s	3.18 s	2.94 s	3.05 s								
		Approche mur	0.28 s	0.52 m	0.27 s	0.49 m	0.18 s	0.27 m	0.76 s	1.28 m	0.22 s	0.37 m	0.45 s	0.71 m	0.34 s	0.58 m	0.62 s	1.02 m
	TOTAL		00:44.59		00:45.30		00:44.44		00:45.36		00:45.51		00:45.43		00:45.06		00:45.57	



200m



Nage Libre



Nageur			Lucile TESSARIOL	Anastasiia KIRPICHNIKOVA	Marina JEHL	Assia TOUATI	Oceane CARNEZ	Albane CACHOT	Eloise RILEY	Maeline BESSARD
Temps			01:59.29	01:59.88 +00.59	02:00.04 +00.75	02:00.37 +01.08	02:01.03 +01.74	02:01.19 +01.90	02:01.23 +01.94	02:01.29 +02.00
MOUVEMENTS	COUPS DE BRAS	0-50m	34	37	31	33	35	33	33	37
		50-100m	39	46	35	37	38	35	38	41
		100-150m	40	45	36	39	41	39	40	43
		150-200m	42	45	41	41	46	43	45	44
		TOTAL	155	173	143	150	160	150	156	165
	FREQUENCE TEMPO	0-25m	47.5 1.3	48.0 1.3	45.1 1.3	44.8 1.3	44.1 1.4	46.9 1.3	42.9 1.4	47.5 1.3
		25-50m	44.2 1.4	46.8 1.3	43.8 1.4	42.9 1.4	43.5 1.4	42.7 1.4	43.6 1.4	46.2 1.3
		50-75m	43.2 1.4	50.8 1.2	43.3 1.4	40.6 1.5	42.1 1.4	39.3 1.5	42.3 1.4	44.8 1.3
		75-100m	42.4 1.4	49.3 1.2	42.8 1.4	42.2 1.4	41.5 1.5	38.9 1.5	41.4 1.5	44.9 1.3
		100-125m	43.6 1.4	49.8 1.2	43.1 1.4	43.8 1.4	42.9 1.4	41.3 1.5	44.3 1.4	45.3 1.3
		125-150m	42.7 1.4	47.1 1.3	43.0 1.4	44.4 1.4	44.1 1.4	41.7 1.4	44.2 1.4	44.9 1.3
		150-175m	44.0 1.4	48.7 1.2	43.6 1.4	44.8 1.3	46.4 1.3	43.8 1.4	46.3 1.3	45.0 1.3
		175-200m	43.7 1.4	47.5 1.3	43.4 1.4	43.6 1.4	48.0 1.3	44.7 1.3	46.7 1.3	45.8 1.3
	MOYENNE	43.9 1.4	48.5 1.2	43.5 1.4	43.4 1.4	44.1 1.4	42.4 1.4	43.9 1.4	45.5 1.3	
	AMPLITUDE DE NAGE	0-25m	2.20	2.09	2.26	2.28	2.35	2.32	2.38	2.08
		25-50m	2.25	2.11	2.30	2.31	2.27	2.39	2.30	2.09
		50-75m	2.25	1.88	2.30	2.41	2.34	2.47	2.27	2.18
		75-100m	2.21	1.94	2.25	2.25	2.28	2.39	2.24	2.12
		100-125m	2.25	1.88	2.20	2.24	2.21	2.33	2.12	2.09
		125-150m	2.24	2.02	2.19	2.15	2.13	2.19	2.11	2.06
		150-175m	2.15	2.05	2.10	2.10	2.02	2.08	2.00	2.10
		175-200m	2.13	2.01	2.02	2.10	1.89	1.99	1.93	2.05
	MOYENNE	2.21	2.00	2.20	2.23	2.19	2.27	2.17	2.10	

Nageur		Anastasiia KIRPICHNIKOVA		Lucile TESSARIOL		Valentine LECLERCQ		Lou-Ann GAUDAIRE		Lean CABON		Laura GOURGEON		Clémence COCCORDANO			
Temps		04:06.87		04:10.38 <i>+03.51</i>		04:14.83 <i>+07.96</i>		04:18.56 <i>+11.69</i>		04:18.77 <i>+11.90</i>		04:20.41 <i>+13.54</i>		04:21.54 <i>+14.67</i>			

RÉCAP	Tps de nage Tps/Dist Couléés Nombre de CB	3:49.70	359 CB	3:50.26	308 CB	3:51.07	299 CB	3:58.47	329 CB	4:00.97	315 CB	3:56.90	313 CB	4:03.75	373 CB		
		0:17.17	44.4 m	0:20.12	47.9 m	0:23.76	50.8 m	0:20.09	47.6 m	0:17.80	42.0 m	0:23.51	50.6 m	0:17.79	40.7 m		

LAPS	50m	00:28.47 -		00:28.77 -		00:29.77 -		00:29.96 -		00:29.22 -		00:29.70 -		00:30.98 -			
	100m	00:59.34	00:30.87	00:59.80	00:31.03	01:01.43	00:31.66	01:02.14	00:32.18	01:01.09	00:31.87	01:01.66	00:31.96	01:03.50	00:32.52		
	150m	01:30.65	00:31.31	01:30.99	00:31.19	01:33.35	00:31.92	01:34.54	00:32.40	01:33.88	00:32.79	01:34.07	00:32.41	01:36.26	00:32.76		
	200m	02:02.02	00:31.37	02:02.71	00:31.72	02:05.49	00:32.14	02:07.43	00:32.89	02:06.93	00:33.05	02:06.73	00:32.66	02:09.48	00:33.22		
	250m	02:33.57	00:31.55	02:34.49	00:31.78	02:37.50	00:32.01	02:40.36	00:32.93	02:39.95	00:33.02	02:39.69	00:32.96	02:42.53	00:33.05		
	300m	03:05.06	00:31.49	03:06.80	00:32.31	03:09.79	00:32.29	03:13.14	00:32.78	03:13.38	00:33.43	03:12.98	00:33.29	03:15.74	00:33.21		
	350m	03:36.76	00:31.70	03:39.08	00:32.28	03:42.40	00:32.61	03:45.98	00:32.84	03:46.38	00:33.00	03:46.82	00:33.84	03:49.20	00:33.46		
	400m	04:06.87	00:30.11	04:10.38	00:31.30	04:14.83	00:32.43	04:18.56	00:32.58	04:18.77	00:32.39	04:20.41	00:33.59	04:21.54	00:32.34		
	Moyenne	-	00:31.20	-	00:31.66	-	00:32.15	-	00:32.66	-	00:32.79	-	00:32.96	-	00:32.94		

PARTIES NAGEES	15-25m	5.88 s		5.86 s		6.09 s		6.41 s		6.01 s		6.04 s		6.15 s			
	25-45m	12.30 s		12.40 s		12.74 s		12.92 s		12.53 s		12.62 s		13.00 s			
	55-75m	12.87 s		12.85 s		12.69 s		13.49 s		13.04 s		13.13 s		13.32 s			
	75-95m	12.86 s		12.83 s		13.23 s		13.28 s		13.21 s		13.28 s		13.42 s			
	105-125m	13.14 s		12.89 s		13.15 s		13.66 s		13.44 s		13.30 s		13.55 s			
	125-145m	13.07 s		13.16 s		13.19 s		13.52 s		13.64 s		13.28 s		13.43 s			
	155-175m	13.12 s		13.20 s		13.00 s		13.64 s		13.25 s		13.42 s		13.69 s			
	175-195m	12.96 s		13.20 s		13.35 s		13.61 s		13.69 s		13.60 s		13.58 s			
	205-225	13.32 s		13.16 s		13.07 s		13.57 s		13.53 s		13.48 s		13.57 s			
	225-245	13.17 s		13.18 s		13.12 s		13.72 s		13.54 s		13.69 s		13.55 s			
	255-275	13.08 s		13.30 s		13.05 s		13.57 s		13.40 s		13.52 s		13.82 s			
	275-295	13.09 s		13.38 s		13.41 s		13.68 s		13.83 s		13.78 s		13.73 s			
	305-225	13.34 s		13.15 s		13.21 s		13.48 s		13.47 s		13.96 s		13.68 s			
	325-245	13.14 s		13.33 s		13.58 s		13.63 s		13.48 s		13.86 s		13.79 s			
	355-375	12.61 s		12.92 s		13.31 s		13.54 s		13.31 s		14.07 s		13.71 s			
	375-395	12.84 s		13.38 s		13.68 s		13.79 s		13.59 s		14.13 s		13.50 s			
	Moyenne	12.99 s		13.09 s		13.19 s		13.54 s		13.40 s		13.54 s		13.56 s			
	TOTAL	03:20.79		03:22.19		03:23.87		03:29.51		03:26.96		03:29.16		03:29.49			

Nageur			Anastasiia KIRPICHNIKOVA	Lucile TESSARIOL	Valentine LECLERCQ	Lou-Ann GAUDAIRE	Lean CABON	Laura GOURGEON	Clémence COCCORDANO	
Temps			04:06.87	04:10.38 +03.51	04:14.83 +07.96	04:18.56 +11.69	04:18.77 +11.90	04:20.41 +13.54	04:21.54 +14.67	
PARTIES NON NAGEES	START	Temps sur le plot	0.70 s	0.71 s	0.70 s	0.70 s	0.65 s	0.74 s	0.82 s	
		Sortie de coulée	9.30 m	10.71 m	8.45 m	11.48 m	10.54 m	9.28 m	7.84 m	
		Temps aux 15m	3.43 s 2.71 m/s	4.05 s 2.64 m/s	3.34 s 2.53 m/s	4.63 s 2.48 m/s	4.21 s 2.50 m/s	3.77 s 2.46 m/s	3.33 s 2.35 m/s	
	VIRAGE 1	Temps aux 15m	7.10 s	7.06 s	7.67 s	7.33 s	7.23 s	7.60 s	8.21 s	
		5m avant	3.19 s	3.45 s	3.27 s	3.30 s	3.45 s	3.44 s	3.62 s	
		Sortie de coulée	5.19 m	5.53 m	6.58 m	5.92 m	5.06 m	6.42 m	4.84 m	
	VIRAGE 2	Temps aux 5m	2.06 s 2.52 m/s	2.32 s 2.38 m/s	3.27 s 2.01 m/s	2.64 s 2.24 m/s	2.00 s 2.53 m/s	2.99 s 2.15 m/s	2.09 s 2.32 m/s	
		Temps aux 5m	1.94 s	1.98 s	2.27 s	2.02 s	1.96 s	2.06 s	2.16 s	
		5m avant	3.20 s	3.37 s	3.47 s	3.39 s	3.66 s	3.49 s	3.62 s	
	VIRAGE 3	Sortie de coulée	5.29 m	5.73 m	6.43 m	5.57 m	4.90 m	6.40 m	4.82 m	
		Temps aux 5m	2.04 s 2.59 m/s	2.49 s 2.30 m/s	2.91 s 2.21 m/s	2.29 s 2.43 m/s	2.04 s 2.40 m/s	3.07 s 2.08 m/s	2.10 s 2.30 m/s	
		Temps aux 5m	1.85 s	2.02 s	1.97 s	1.90 s	2.08 s	2.14 s	2.18 s	
	VIRAGE 4	5m avant	3.25 s	3.12 s	3.61 s	3.32 s	3.63 s	3.69 s	3.60 s	
		Sortie de coulée	4.95 m	5.62 m	6.00 m	4.95 m	4.19 m	5.83 m	4.55 m	
		Temps aux 5m	1.92 s 2.58 m/s	2.33 s 2.41 m/s	2.99 s 2.01 m/s	2.10 s 2.36 m/s	1.86 s 2.25 m/s	2.74 s 2.13 m/s	2.02 s 2.25 m/s	
	VIRAGE 5	Temps aux 5m	1.94 s	1.92 s	2.34 s	2.12 s	2.22 s	2.18 s	2.22 s	
		5m avant	3.35 s	3.40 s	3.45 s	3.52 s	3.89 s	3.46 s	3.73 s	
		Sortie de coulée	5.26 m	5.76 m	6.10 m	5.06 m	4.93 m	6.07 m	4.82 m	
	VIRAGE 6	Temps aux 5m	2.00 s 2.63 m/s	2.55 s 2.26 m/s	2.98 s 2.05 m/s	2.15 s 2.35 m/s	2.18 s 2.26 m/s	2.95 s 2.06 m/s	2.20 s 2.19 m/s	
		Temps aux 5m	1.83 s	2.05 s	2.26 s	2.11 s	2.21 s	2.23 s	2.28 s	
		5m avant	3.23 s	3.39 s	3.56 s	3.53 s	3.74 s	3.56 s	3.65 s	
	VIRAGE 7	Sortie de coulée	4.51 m	4.41 m	5.95 m	5.00 m	4.17 m	5.62 m	4.63 m	
		Temps aux 5m	1.86 s 2.42 m/s	1.88 s 2.35 m/s	2.92 s 2.04 m/s	2.14 s 2.34 m/s	1.87 s 2.23 m/s	2.78 s 2.02 m/s	1.88 s 2.46 m/s	
		Temps aux 5m	2.06 s	2.13 s	2.30 s	2.14 s	2.24 s	2.36 s	2.03 s	
	FIN	5m avant	3.26 s	3.50 s	3.53 s	3.39 s	3.96 s	3.63 s	3.63 s	
		Sortie de coulée	5.15 m	5.14 m	5.76 m	4.72 m	4.49 m	5.70 m	4.69 m	
		Temps aux 5m	2.01 s 2.56 m/s	2.29 s 2.24 m/s	2.74 s 2.10 m/s	2.06 s 2.29 m/s	1.94 s 2.31 m/s	2.73 s 2.09 m/s	2.24 s 2.09 m/s	
	FIN	Temps aux 5m	1.91 s	2.20 s	2.24 s	2.18 s	2.16 s	2.24 s	2.39 s	
		5m avant	3.31 s	3.60 s	3.58 s	3.55 s	3.89 s	3.78 s	3.60 s	
		Sortie de coulée	4.70 m	5.02 m	5.56 m	4.86 m	3.76 m	5.31 m	4.53 m	
	FIN	Temps aux 5m	1.85 s 2.54 m/s	2.21 s 2.27 m/s	2.61 s 2.13 m/s	2.08 s 2.34 m/s	1.70 s 2.21 m/s	2.48 s 2.14 m/s	1.93 s 2.35 m/s	
		Temps aux 5m	1.97 s	2.20 s	2.24 s	2.14 s	2.26 s	2.26 s	2.13 s	
		5m avant	2.69 s	2.80 s	3.20 s	3.11 s	3.23 s	3.13 s	3.00 s	
	FIN	Approche mur	0.09 s 0.17 m	0.38 s 0.68 m	0.87 s 1.36 m	0.47 s 0.76 m	1.04 s 1.61 m	0.60 s 0.96 m	0.40 s 0.67 m	
		TOTAL	00:46.08	00:48.19	00:50.96	00:49.05	00:51.81	00:51.25	00:52.05	

Nageur			Anastasiia KIRPICHNIKOVA		Lucile TESSARIOL		Valentine LECLERCQ		Lou-Ann GAUDAIRE		Lean CABON		Laura GOURGEON		Clémence COCCORDANO		
Temps			04:06.87		04:10.38 <i>+03.51</i>		04:14.83 <i>+07.96</i>		04:18.56 <i>+11.69</i>		04:18.77 <i>+11.90</i>		04:20.41 <i>+13.54</i>		04:21.54 <i>+14.67</i>		
MOUVEMENTS	COUPS DE BRAS	0-50m 50-100m	38	47	34	39	34	38	34	42	33	40	33	40	42	47	
		100-150m 150-200m	46	46	38	40	37	38	40	43	39	41	38	41	46	48	
		200-250m 250-300m	46	46	38	39	38	38	41	43	40	40	39	41	46	47	
		300-350m 350-400m	45	45	39	41	37	39	42	44	41	41	39	42	47	50	
		TOTAL	359		308		299		329		315		313		373		
	TEMPO	0-25m 25-50m	1.2	1.2	1.3	1.4	1.4	1.5	1.4	1.4	1.3	1.5	1.4	1.5	1.2	1.3	
		50-75m 75-100m	1.2	1.2	1.4	1.5	1.5	1.5	1.4	1.4	1.5	1.5	1.5	1.5	1.3	1.3	
		100-125m 125-150m	1.2	1.2	1.5	1.5	1.5	1.5	1.5	1.4	1.5	1.5	1.5	1.5	1.3	1.3	
		150-175m 175-200m	1.2	1.3	1.5	1.5	1.5	1.5	1.4	1.4	1.5	1.5	1.5	1.5	1.3	1.3	
		200-225m 225-250m	1.2	1.2	1.5	1.5	1.5	1.5	1.4	1.4	1.5	1.5	1.5	1.5	1.3	1.3	
		250-275m 275-300m	1.2	1.3	1.5	1.5	1.5	1.5	1.4	1.4	1.5	1.5	1.4	1.5	1.3	1.3	
		300-325m 325-350m	1.2	1.3	1.5	1.5	1.5	1.5	1.4	1.4	1.5	1.5	1.4	1.5	1.3	1.3	
		350-375m 375-400m	1.3	1.3	1.4	1.5	1.5	1.5	1.4	1.4	1.5	1.5	1.5	1.5	1.2	1.2	
		MOYENNE	1.2		1.5		1.5		1.4		1.5		1.5		1.3		
	FREQUENCE	0-25m 25-50m	49.0	49.3	45.5	42.2	43.5	41.1	43.0	42.3	44.9	41.2	43.0	40.5	51.8	48.2	
		50-75m 75-100m	49.6	49.5	41.6	40.3	40.8	39.1	41.6	41.7	40.4	39.4	40.1	40.5	47.2	46.9	
		100-125m 125-150m	49.4	48.2	41.1	41.2	40.7	39.6	41.4	41.8	39.8	39.8	41.2	40.3	46.7	46.2	
		150-175m 175-200m	48.3	46.5	41.5	40.7	40.1	39.1	42.0	42.0	40.1	39.6	40.4	39.6	46.4	46.1	
		200-225m 225-250m	49.5	48.3	41.1	40.2	41.2	39.6	42.4	42.0	39.8	39.5	41.0	40.9	46.9	46.7	
		250-275m 275-300m	49.2	47.0	40.3	39.7	40.5	39.4	42.8	42.6	40.5	39.3	41.7	41.4	47.4	46.6	
		300-325m 325-350m	48.5	47.4	40.8	40.1	40.6	39.8	43.1	43.1	40.2	40.0	41.6	40.8	47.0	46.7	
		350-375m 375-400m	46.8	46.4	42.5	40.7	39.6	39.2	43.3	42.6	40.6	40.3	41.1	39.9	48.4	48.5	
		MOYENNE	48.3		41.2		40.2		42.4		40.3		40.9		47.4		
	AMPLITUDE	0-25m 25-50m	2.24	1.98	2.40	2.29	2.43	2.29	2.33	2.20	2.37	2.32	2.46	2.35	1.98	1.92	
		50-75m 75-100m	1.88	1.89	2.24	2.32	2.32	2.32	2.14	2.17	2.28	2.31	2.28	2.23	1.91	1.91	
		100-125m 125-150m	1.85	1.90	2.27	2.21	2.24	2.30	2.12	2.13	2.24	2.21	2.19	2.24	1.90	1.93	
		150-175m 175-200m	1.89	1.99	2.19	2.23	2.30	2.30	2.10	2.10	2.26	2.22	2.21	2.23	1.89	1.92	
		200-225m 225-250m	1.82	1.89	2.22	2.27	2.23	2.31	2.09	2.08	2.23	2.24	2.17	2.14	1.89	1.90	
		250-275m 275-300m	1.87	1.95	2.24	2.26	2.27	2.27	2.07	2.06	2.21	2.21	2.13	2.11	1.83	1.88	
		300-325m 325-350m	1.85	1.93	2.24	2.25	2.24	2.22	2.07	2.04	2.21	2.23	2.07	2.12	1.87	1.87	
		350-375m 375-400m	2.03	2.02	2.19	2.21	2.28	2.24	2.05	2.04	2.22	2.19	2.07	2.13	1.81	1.83	
		MOYENNE	1.94		2.25		2.29		2.11		2.25		2.20		1.89		

Compétition		Anastasiia KIRPICHNIKOVA		Lucile TESSARIOL		Valentine LECLERCQ		Maud RODRIGUEZ		Ines DELACROIX		Liberty-Belle HORTER		Clémence COCCORDANO			
Temps		08:26.38		08:41.62 +15.24		08:44.55 +02.93		08:48.57 +22.19		08:49.92 +23.54		08:53.84 +27.46		08:55.19 +28.81			
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB	7:52.69	739 CB	7:59.37	610 CB	7:55.73	576 CB	8:19.07	692 CB	8:12.74	639 CB	8:14.26	766 CB	8:24.23	732 CB		
		0:33.69	86.5 m	0:42.25	97.5 m	0:48.82	103.5 m	0:29.50	71.9 m	0:37.18	87.9 m	0:39.58	84.4 m	0:30.96	68.6 m		

LAPS	100m	01:00.05	-	01:01.64	01:01.64	01:03.39	01:03.39	01:03.37	01:03.37	01:03.91	01:03.91	01:05.19	01:05.19	01:04.43	01:04.43		
	200m	02:03.48	01:03.43	02:06.37	01:04.73	02:09.59	01:06.20	02:09.14	01:05.77	02:10.80	01:06.89	02:12.37	01:07.18	02:11.71	01:07.28		
	300m	03:07.44	01:03.96	03:11.69	01:05.32	03:15.71	01:06.12	03:14.88	01:05.74	03:17.78	01:06.98	03:19.82	01:07.45	03:19.33	01:07.62		
	400m	04:11.54	01:04.10	04:17.83	01:06.14	04:22.08	01:06.37	04:21.08	01:06.20	04:24.48	01:06.70	04:27.05	01:07.23	04:27.24	01:07.91		
	500m	05:15.33	01:03.79	05:24.17	01:06.34	05:28.28	01:06.20	05:27.09	01:06.01	05:30.81	01:06.33	05:33.98	01:06.93	05:34.36	01:07.12		
	600m	06:19.62	01:04.29	06:30.57	01:06.40	06:34.21	01:05.93	06:34.06	01:06.97	06:37.10	01:06.29	06:41.10	01:07.12	06:42.07	01:07.71		
	700m	07:23.71	01:04.09	07:36.96	01:06.39	07:39.92	01:05.71	07:41.61	01:07.55	07:43.68	01:06.58	07:48.25	01:07.15	07:49.62	01:07.55		
	800m	08:26.38	01:02.67	08:41.62	01:04.66	08:44.55	01:04.63	08:48.57	01:06.96	08:49.92	01:06.24	08:53.84	01:05.59	08:55.19	01:05.57		
	Moyenne	-	01:03.76	-	01:05.20	-	01:05.57	-	01:06.07	-	01:06.24	-	01:06.73	-	01:06.90		

PARTIES NAGEES	15-45m	18.36 s	-	19.08 s	-	19.42 s	-	19.35 s	-	19.99 s	-	19.76 s	-	19.50 s	-		
	55-95m	25.98 s	13.06 s	12.92 s	↑	26.42 s	13.26 s	13.16 s	↓	27.00 s	13.34 s	13.66 s	↓	27.48 s	13.70 s	13.78 s	↓
	105-145m	26.55 s	13.30 s	13.25 s	↑	26.64 s	13.24 s	13.40 s	↓	27.41 s	13.72 s	13.69 s	↑	27.31 s	13.64 s	13.67 s	↓
	155-195m	26.44 s	13.10 s	13.34 s	↓	27.00 s	13.52 s	13.48 s	↑	27.33 s	13.65 s	13.68 s	↓	27.41 s	13.62 s	13.79 s	↓
	205-245m	26.66 s	13.38 s	13.28 s	↑	26.93 s	13.55 s	13.38 s	↑	27.27 s	13.56 s	13.71 s	↓	27.31 s	13.65 s	13.66 s	↓
	255-295m	26.76 s	13.26 s	13.50 s	↓	27.13 s	13.57 s	13.56 s	↑	27.29 s	13.51 s	13.78 s	↓	27.22 s	13.58 s	13.64 s	↓
	305-345m	26.70 s	13.44 s	13.26 s	↑	27.51 s	13.74 s	13.77 s	↓	27.36 s	13.65 s	13.71 s	↓	27.34 s	13.64 s	13.70 s	↓
	355-395m	26.77 s	13.30 s	13.47 s	↓	27.65 s	13.78 s	13.87 s	↓	27.39 s	13.52 s	13.87 s	↓	27.72 s	13.80 s	13.92 s	↓
	405-445m	26.73 s	13.38 s	13.35 s	↑	27.68 s	13.79 s	13.89 s	↓	27.10 s	13.38 s	13.72 s	↓	27.47 s	13.70 s	13.77 s	↓
	455-495m	26.73 s	13.41 s	13.32 s	↑	27.57 s	13.75 s	13.82 s	↓	27.17 s	13.27 s	13.90 s	↓	27.50 s	13.65 s	13.85 s	↓
	505-545m	26.99 s	13.55 s	13.44 s	↑	27.60 s	13.62 s	13.98 s	↓	27.14 s	13.48 s	13.66 s	↓	27.94 s	13.98 s	13.96 s	↑
	555-595m	26.97 s	13.44 s	13.53 s	↓	27.62 s	13.80 s	13.82 s	↓	27.04 s	13.32 s	13.72 s	↓	27.95 s	13.90 s	14.05 s	↓
	605-645m	26.90 s	13.50 s	13.40 s	↑	27.57 s	13.69 s	13.88 s	↓	27.03 s	13.47 s	13.56 s	↓	27.99 s	13.85 s	14.14 s	↓
	655-695m	26.78 s	13.44 s	13.34 s	↑	27.74 s	13.83 s	13.91 s	↓	27.12 s	13.35 s	13.77 s	↓	28.20 s	14.08 s	14.12 s	↓
	705-745m	26.75 s	13.42 s	13.33 s	↑	27.06 s	13.48 s	13.58 s	↓	26.66 s	13.16 s	13.50 s	↓	28.11 s	13.93 s	14.18 s	↓
	755-795m	25.88 s	12.90 s	12.98 s	↓	26.89 s	13.45 s	13.44 s	↑	26.47 s	13.17 s	13.30 s	↓	27.80 s	14.14 s	13.66 s	↑
	Moyenne	26.64 s	13.33 s	13.31 s		27.27 s	13.60 s	13.66 s		27.10 s	13.42 s	13.68 s		27.62 s	13.77 s	13.85 s	
	TOTAL	06:57.95		07:08.09		07:05.95		07:13.62		07:17.51		07:13.05		07:14.48			

Compétition			Anastasiia KIRPICHNIKOVA	Lucile TESSARIOL	Valentine LECLERCQ	Maud RODRIGUEZ	Ines DELACROIX	Liberty-Belle HORTER	Clémence COCCORDANO	
Temps			08:26.38	08:41.62 +15.24	08:44.55 +02.93	08:48.57 +22.19	08:49.92 +23.54	08:53.84 +27.46	08:55.19 +28.81	

PARTIES NON NAGEES	START	Temps sur le plot	0.75 s	0.74 s	0.72 s	0.74 s	0.73 s	0.76 s	0.82 s	
		Sortie de coulée	9.66 m	11.06 m	8.73 m	7.73 m	8.32 m	8.32 m	7.59 m	
			3.69 s 2.62 m/s	4.33 s 2.55 m/s	3.60 s 2.43 m/s	3.06 s 2.53 m/s	3.39 s 2.45 m/s	3.60 s 2.31 m/s	3.10 s 2.45 m/s	
		Temps aux 15m	7.22 s	7.24 s	7.87 s	7.96 s	7.79 s	8.31 s	8.02 s	
	50m	5m avant	3.18 s	3.31 s	3.54 s	3.38 s	3.29 s	3.74 s	3.65 s	
		Sortie de coulée	5.41 m	5.90 m	7.00 m	4.16 m	5.47 m	5.39 m	3.84 m	
			2.17 s 2.49 m/s	2.63 s 2.24 m/s	3.63 s 1.93 m/s	1.79 s 2.32 m/s	2.38 s 2.30 m/s	2.53 s 2.13 m/s	1.72 s 2.23 m/s	
		Temps aux 5m	1.90 s	2.03 s	2.32 s	2.15 s	2.06 s	2.26 s	2.24 s	
	100m	5m avant	3.41 s	3.56 s	3.49 s	3.53 s	3.30 s	3.73 s	3.79 s	
		Sortie de coulée	5.44 m	5.92 m	7.04 m	4.35 m	5.27 m	5.29 m	4.12 m	
			2.22 s 2.45 m/s	2.67 s 2.22 m/s	3.21 s 2.19 m/s	1.75 s 2.49 m/s	2.15 s 2.45 m/s	2.47 s 2.14 m/s	1.82 s 2.26 m/s	
		Temps aux 5m	1.93 s	2.06 s	1.81 s	2.01 s	1.96 s	2.27 s	2.21 s	
	150m	5m avant	3.29 s	3.44 s	3.63 s	3.41 s	3.48 s	3.56 s	3.65 s	
		Sortie de coulée	5.24 m	5.93 m	6.45 m	4.30 m	5.39 m	5.17 m	4.04 m	
			2.14 s 2.45 m/s	2.63 s 2.25 m/s	3.20 s 2.02 m/s	1.79 s 2.40 m/s	2.33 s 2.31 m/s	2.40 s 2.15 m/s	1.85 s 2.18 m/s	
		Temps aux 5m	1.98 s	2.00 s	2.21 s	2.08 s	2.06 s	2.28 s	2.29 s	
	200m	5m avant	3.24 s	3.59 s	3.81 s	3.55 s	3.42 s	3.72 s	3.78 s	
		Sortie de coulée	5.18 m	5.75 m	6.47 m	4.44 m	5.27 m	5.16 m	3.80 m	
			2.02 s 2.56 m/s	2.55 s 2.25 m/s	3.06 s 2.11 m/s	1.84 s 2.41 m/s	2.24 s 2.35 m/s	2.39 s 2.16 m/s	1.80 s 2.11 m/s	
		Temps aux 5m	1.90 s	2.04 s	2.06 s	2.07 s	2.05 s	2.28 s	2.37 s	
	250m	5m avant	3.36 s	3.50 s	3.56 s	3.48 s	3.47 s	3.61 s	3.64 s	
		Sortie de coulée	5.24 m	6.13 m	6.47 m	4.29 m	5.82 m	5.04 m	3.73 m	
			2.06 s 2.54 m/s	2.74 s 2.24 m/s	3.17 s 2.04 m/s	1.82 s 2.36 m/s	2.71 s 2.15 m/s	2.31 s 2.18 m/s	1.76 s 2.12 m/s	
		Temps aux 5m	1.90 s	1.97 s	2.18 s	2.12 s	2.14 s	2.28 s	2.36 s	
	300m	5m avant	3.38 s	3.75 s	3.76 s	3.54 s	3.38 s	3.64 s	3.76 s	
		Sortie de coulée	5.13 m	5.98 m	6.29 m	4.23 m	5.29 m	5.07 m	4.33 m	
			1.99 s 2.58 m/s	2.71 s 2.21 m/s	3.00 s 2.10 m/s	1.76 s 2.40 m/s	2.23 s 2.37 m/s	2.41 s 2.10 m/s	1.94 s 2.23 m/s	
		Temps aux 5m	1.90 s	2.04 s	2.12 s	2.08 s	2.03 s	2.36 s	2.24 s	
	350m	5m avant	3.43 s	3.46 s	3.68 s	3.64 s	3.45 s	3.62 s	3.57 s	
		Sortie de coulée	5.12 m	5.75 m	6.51 m	4.48 m	5.40 m	4.68 m	4.03 m	
			1.97 s 2.60 m/s	2.49 s 2.31 m/s	3.15 s 2.07 m/s	1.74 s 2.57 m/s	2.28 s 2.37 m/s	2.23 s 2.10 m/s	1.83 s 2.20 m/s	
		Temps aux 5m	1.89 s	1.97 s	2.13 s	1.94 s	2.00 s	2.38 s	2.27 s	
	400m	5m avant	3.41 s	3.51 s	3.69 s	3.48 s	3.52 s	3.74 s	3.74 s	
		Sortie de coulée	5.28 m	6.36 m	6.21 m	4.55 m	5.43 m	5.14 m	4.49 m	
			2.01 s 2.63 m/s	2.83 s 2.25 m/s	2.95 s 2.11 m/s	1.84 s 2.47 m/s	2.21 s 2.46 m/s	2.36 s 2.18 m/s	2.03 s 2.21 m/s	
		Temps aux 5m	1.82 s	1.89 s	2.14 s	2.02 s	1.91 s	2.26 s	2.26 s	

Compétition			Anastasiia KIRPICHNIKOVA	Lucile TESSARIOL	Valentine LECLERCQ	Maud RODRIGUEZ	Ines DELACROIX	Liberty-Belle HORTER	Clémence COCCORDANO	
Temps			08:26.38	08:41.62 +15.24	08:44.55 +02.93	08:48.57 +22.19	08:49.92 +23.54	08:53.84 +27.46	08:55.19 +28.81	
PARTIES NON NAGÉES	450m	5m avant	3.22 s	3.50 s	3.77 s	3.46 s	3.44 s	3.50 s	3.60 s	
		Sortie de coulée	4.84 m	5.55 m	5.95 m	4.24 m	5.46 m	5.19 m	4.22 m	
			1.83 s 2.64 m/s	2.37 s 2.34 m/s	2.87 s 2.07 m/s	1.67 s 2.54 m/s	2.28 s 2.39 m/s	2.39 s 2.17 m/s	1.88 s 2.24 m/s	
		Temps aux 5m	1.89 s	1.99 s	2.24 s	1.97 s	1.96 s	2.26 s	2.23 s	
	500m	5m avant	3.40 s	3.71 s	3.78 s	3.59 s	3.41 s	3.71 s	3.61 s	
		Sortie de coulée	5.21 m	5.47 m	5.91 m	4.33 m	5.13 m	5.29 m	4.04 m	
			1.98 s 2.63 m/s	2.35 s 2.33 m/s	2.67 s 2.21 m/s	1.74 s 2.49 m/s	2.15 s 2.39 m/s	2.49 s 2.12 m/s	1.93 s 2.09 m/s	
		Temps aux 5m	1.84 s	2.03 s	2.06 s	2.01 s	2.06 s	2.29 s	2.39 s	
	550m	5m avant	3.30 s	3.46 s	3.71 s	3.51 s	3.43 s	3.43 s	3.73 s	
		Sortie de coulée	5.07 m	5.58 m	6.11 m	4.29 m	5.06 m	5.03 m	4.03 m	
			1.97 s 2.57 m/s	2.42 s 2.31 m/s	2.89 s 2.11 m/s	1.75 s 2.45 m/s	2.13 s 2.38 m/s	2.43 s 2.07 m/s	1.83 s 2.20 m/s	
		Temps aux 5m	1.92 s	2.02 s	2.15 s	2.04 s	2.09 s	2.41 s	2.27 s	
	600m	5m avant	3.27 s	3.67 s	3.83 s	3.52 s	3.35 s	3.54 s	3.72 s	
		Sortie de coulée	5.25 m	5.66 m	6.23 m	4.25 m	5.01 m	4.92 m	4.14 m	
			2.01 s 2.61 m/s	2.45 s 2.31 m/s	2.89 s 2.16 m/s	1.88 s 2.26 m/s	2.12 s 2.36 m/s	2.42 s 2.03 m/s	1.89 s 2.19 m/s	
		Temps aux 5m	1.84 s	2.00 s	2.06 s	2.21 s	2.11 s	2.46 s	2.28 s	
	650m	5m avant	3.27 s	3.58 s	3.63 s	3.52 s	3.31 s	3.57 s	3.54 s	
		Sortie de coulée	4.77 m	5.26 m	6.18 m	4.02 m	5.17 m	4.88 m	3.84 m	
			1.84 s 2.59 m/s	2.13 s 2.47 m/s	2.89 s 2.14 m/s	1.64 s 2.45 m/s	2.23 s 2.32 m/s	2.37 s 2.06 m/s	1.83 s 2.10 m/s	
		Temps aux 5m	1.93 s	1.95 s	2.10 s	2.04 s	2.11 s	2.43 s	2.38 s	
	700m	5m avant	3.37 s	3.55 s	3.77 s	3.59 s	3.30 s	3.62 s	3.76 s	
		Sortie de coulée	5.10 m	5.49 m	5.94 m	4.21 m	5.24 m	5.04 m	4.22 m	
			2.00 s 2.55 m/s	2.42 s 2.27 m/s	2.78 s 2.14 m/s	1.77 s 2.38 m/s	2.26 s 2.32 m/s	2.41 s 2.09 m/s	1.89 s 2.23 m/s	
		Temps aux 5m	1.93 s	2.09 s	2.16 s	2.10 s	2.09 s	2.38 s	2.24 s	
	750m	5m avant	3.33 s	3.58 s	3.67 s	3.70 s	3.46 s	3.46 s	3.53 s	
		Sortie de coulée	4.52 m	5.73 m	5.96 m	4.07 m	5.13 m	4.82 m	4.12 m	
			1.79 s 2.53 m/s	2.53 s 2.26 m/s	2.86 s 2.08 m/s	1.66 s 2.45 m/s	2.09 s 2.45 m/s	2.37 s 2.03 m/s	1.86 s 2.22 m/s	
		Temps aux 5m	1.98 s	2.04 s	2.23 s	2.04 s	2.00 s	2.46 s	2.26 s	
	FINISH	5m avant	2.80 s	3.00 s	3.44 s	3.21 s	2.98 s	3.23 s	3.33 s	
		Approche mur	0.08 s 0.14 m	0.55 s 0.92 s	0.71 s 1.03 s	0.25 s 0.39 s	0.51 s 0.86 m	0.51 s 0.79 m	0.45 s 0.68 m	
		TOTAL	01:28.43	01:33.53	01:38.60	01:34.95	01:32.41	01:40.79	01:40.71	

Compétition	Anastasiia KIRPICHNIKOVA	Lucile TESSARIOL	Valentine LECLERCQ	Maud RODRIGUEZ	Ines DELACROIX	Liberty-Belle HORTER	Clémence COCCORDANO	
Temps	08:26.38	08:41.62 +15.24	08:44.55 +02.93	08:48.57 +22.19	08:49.92 +23.54	08:53.84 +27.46	08:55.19 +28.81	

MOUVEMENTS	COUPS DE BRAS	0-50m 50-100m	3847	3238	3235	3944	3539	4348	4246	
		100-150m 150-200m	4746	3838	3535	4343	4040	4848	4646	
		200-250m 250-300m	4747	3838	3636	4242	4040	4848	4646	
		300-350m 350-400m	4747	3839	3636	4343	4040	4848	4646	
		400-450m 450-500m	4747	3838	3636	4344	4040	4848	4546	
		500-550m 550-600m	4747	3939	3737	4444	4041	4849	4646	
		600-650m 650-700m	4747	4039	3737	4444	4140	4848	4546	
		700-750m 750-800m	4645	3939	3738	4545	4142	4949	4648	
		TOTAL	739	610	576	692	639	766	732	
	TEMPO	0-50m 50-100m	1.231.23	1.461.52	1.571.63	1.311.38	1.491.51	1.231.26	1.261.32	
		100-150m 150-200m	1.251.26	1.531.54	1.651.66	1.411.43	1.551.56	1.271.25	1.321.35	
		200-250m 250-300m	1.261.25	1.541.55	1.641.63	1.441.44	1.561.54	1.281.25	1.341.37	
		300-350m 350-400m	1.271.27	1.531.54	1.651.63	1.431.44	1.551.53	1.261.28	1.361.36	
		400-450m 450-500m	1.251.24	1.531.54	1.611.59	1.411.41	1.541.53	1.261.25	1.351.36	
		500-550m 550-600m	1.271.26	1.531.53	1.591.57	1.441.43	1.531.50	1.261.24	1.361.36	
		600-650m 650-700m	1.261.26	1.521.53	1.571.56	1.431.44	1.501.52	1.271.26	1.371.36	
		700-750m 750-800m	1.261.31	1.501.51	1.571.54	1.431.42	1.491.49	1.221.22	1.311.29	
		MOYENNE	1.3	1.5	1.6	1.4	1.5	1.3	1.3	
	FREQUENCE	0-50m 50-100m	48.849.0	41.439.7	38.436.8	45.943.8	40.539.6	49.147.8	47.945.5	
		100-150m 150-200m	48.347.8	39.439.0	36.336.3	42.642.1	38.838.7	47.547.9	45.444.4	
		200-250m 250-300m	47.848.0	39.238.7	36.736.8	41.841.8	38.539.0	47.048.2	44.744.1	
		300-350m 350-400m	47.547.4	39.338.9	36.536.9	41.941.9	38.739.3	47.947.1	44.444.1	
		400-450m 450-500m	48.248.5	39.239.1	37.437.9	42.642.6	39.139.4	47.848.0	44.344.4	
		500-550m 550-600m	47.547.6	39.239.3	37.838.3	41.942.1	39.440.2	47.748.3	44.144.3	
		600-650m 650-700m	48.047.6	39.639.2	38.438.4	42.041.7	40.039.6	47.347.8	43.844.2	
		700-750m 750-800m	47.546.1	40.139.7	38.439.1	42.242.3	40.440.3	49.349.1	45.846.7	
		MOYENNE	47.8	39.4	37.5	42.4	39.5	48.0	44.9	
	AMPLITUDE DE NAGE	0-50m 50-100m	2.111.89	2.382.29	2.522.44	2.122.04	2.342.21	1.921.84	2.021.94	
		100-150m 150-200m	1.871.90	2.292.28	2.422.43	2.072.09	2.222.22	1.821.82	1.931.94	
		200-250m 250-300m	1.891.87	2.282.29	2.402.40	2.102.11	2.232.20	1.831.80	1.951.96	
		300-350m 350-400m	1.901.89	2.222.23	2.412.37	2.102.07	2.232.20	1.811.86	1.931.94	
		400-450m 450-500m	1.871.85	2.222.23	2.372.34	2.062.05	2.212.19	1.811.83	1.961.96	
		500-550m 550-600m	1.871.87	2.222.21	2.342.32	2.052.04	2.212.16	1.811.80	1.961.95	
		600-650m 650-700m	1.861.89	2.202.21	2.312.31	2.052.04	2.162.17	1.841.83	1.981.95	
		700-750m 750-800m	1.892.02	2.212.25	2.342.32	2.032.05	2.142.14	1.781.84	1.911.93	
		MOYENNE	1.90	2.25	2.38	2.06	2.20	1.82	1.95	

NAGEUR		Anastasiia KIRPICHNIKOVA		Clémence COCCORDANO		Ines DELACROIX		Liberty-Belle HORTER					
TEMPS		15:59.95		16:45.77 +45.82		16:50.46 +50.51		17:03.99 +01:04.04					
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB	14:54.75	1355 CB	15:47.79	1311 CB	15:44.80	1205 CB	15:48.95	1409 CB				
		01:05.20	162.6 m	00:57.98	126.2 m	01:05.66	154.1 m	01:15.04	158.9 m				
LAPS	50m	00:28.84	-	00:31.68	-	00:31.28	-	00:32.17	-				
	100m	01:00.11	01:00.11	01:05.07	01:05.07	01:04.44	01:04.44	01:06.22	01:06.22				
	150m	01:31.79	-	01:38.97	-	01:37.94	-	01:40.57	-				
	200m	02:03.67	01:03.56	02:12.80	01:07.73	02:11.22	01:06.78	02:14.79	01:08.57				
	250m	02:35.49	-	02:46.58	-	02:44.77	-	02:48.98	-				
	300m	03:07.51	01:03.84	03:20.40	01:07.60	03:18.22	01:07.00	03:23.07	01:08.28				
	350m	03:39.47	-	03:54.24	-	03:51.90	-	03:57.13	-				
	400m	04:11.56	01:04.05	04:28.19	01:07.79	04:25.44	01:07.22	04:31.36	01:08.29				
	450m	04:43.58	-	05:02.09	-	04:59.24	-	05:05.50	-				
	500m	05:15.70	01:04.14	05:35.83	01:07.64	05:32.68	01:07.24	05:39.55	01:08.19				
	550m	05:47.76	-	06:09.36	-	06:06.54	-	06:13.59	-				
	600m	06:19.98	01:04.28	06:42.82	01:06.99	06:39.86	01:07.18	06:47.51	01:07.96				
	650m	06:52.00	-	07:16.19	-	07:13.73	-	07:21.92	-				
	700m	07:24.15	01:04.17	07:49.97	01:07.15	07:47.57	01:07.71	07:55.88	01:08.37				
	750m	07:56.13	-	08:23.59	-	08:21.16	-	08:29.83	-				
	800m	08:28.22	01:04.07	08:57.42	01:07.45	08:54.84	01:07.27	09:03.85	01:07.97				
	850m	09:00.33	-	09:31.36	-	09:28.69	-	09:38.31	-				
	900m	09:32.63	01:04.41	10:05.16	01:07.74	10:02.45	01:07.61	10:12.21	01:08.36				
	950m	10:04.88	-	10:38.77	-	10:36.31	-	10:46.50	-				
	1000m	10:37.28	01:04.65	11:12.29	01:07.13	11:10.18	01:07.73	11:20.38	01:08.17				
	1050m	11:09.67	-	11:45.73	-	11:44.03	-	11:54.49	-				
	1100m	11:42.10	01:04.82	12:19.17	01:06.88	12:18.06	01:07.88	12:28.32	01:07.94				
	1150m	12:14.50	-	12:52.66	-	12:51.83	-	13:03.03	-				
	1200m	12:47.01	01:04.91	13:26.20	01:07.03	13:25.75	01:07.69	13:37.08	01:08.76				
	1250m	13:19.47	-	13:59.65	-	13:59.64	-	14:11.72	-				
	1300m	13:52.00	01:04.99	14:33.22	01:07.02	14:33.94	01:08.19	14:46.36	01:09.28				
	1350m	14:24.31	-	15:06.70	-	15:07.99	-	15:21.24	-				
	1400m	14:56.92	01:04.92	15:40.42	01:07.20	15:42.29	01:08.35	15:56.03	01:09.67				
	1450m	15:29.16	-	16:13.39	-	16:16.71	-	16:30.63	-				
	1500m	15:59.95	01:03.03	16:45.77	01:05.35	16:50.46	01:08.17	17:03.99	01:07.96				
	Moyenne	-	01:04.27	-	01:07.19	-	01:07.57	-	01:08.41				

NAGEUR		Anastasiia KIRPICHNIKOVA			Clémence COCCORDANO			Ines DELACROIX			Liberty-Belle HORTER						
TEMPS		15:59.95			16:45.77 +45.82			16:50.46 +50.51			17:03.99 +01:04.04						
PARTIES NAGEES	15-45m	18.41 s	-		19.78 s	-		19.90 s	-		20.43 s	-					
	55-95m	25.96 s	12.98 s	12.98 s 	27.42 s	13.60 s	13.82 s 	27.50 s	13.92 s	13.58 s 	28.15 s	13.97 s	14.18 s 				
	105-145m	26.35 s	13.29 s	13.06 s 	27.79 s	13.97 s	13.82 s 	28.18 s	14.32 s	13.86 s 	28.39 s	14.18 s	14.21 s 				
	155-195m	26.52 s	13.22 s	13.30 s 	27.86 s	13.86 s	14.00 s 	27.52 s	13.83 s	13.69 s 	28.04 s	13.90 s	14.14 s 				
	205-245m	26.62 s	13.40 s	13.22 s 	27.94 s	13.92 s	14.02 s 	27.86 s	13.88 s	13.98 s 	28.29 s	14.16 s	14.13 s 				
	255-295m	26.54 s	13.27 s	13.27 s 	27.79 s	13.75 s	14.04 s 	27.65 s	13.97 s	13.68 s 	27.92 s	14.00 s	13.92 s 				
	305-345m	26.72 s	13.38 s	13.34 s 	27.71 s	13.74 s	13.97 s 	27.84 s	13.79 s	14.05 s 	28.11 s	13.93 s	14.18 s 				
	355-395m	26.76 s	13.39 s	13.37 s 	28.09 s	13.85 s	14.24 s 	27.56 s	13.90 s	13.66 s 	28.05 s	13.94 s	14.11 s 				
	405-445m	26.72 s	13.38 s	13.34 s 	28.03 s	13.81 s	14.22 s 	28.06 s	13.96 s	14.10 s 	28.05 s	14.01 s	14.04 s 				
	455-495m	26.64 s	13.16 s	13.48 s 	27.72 s	13.83 s	13.89 s 	27.78 s	14.07 s	13.71 s 	27.89 s	13.88 s	14.01 s 				
	505-545m	26.73 s	13.34 s	13.39 s 	27.74 s	13.85 s	13.89 s 	28.21 s	14.11 s	14.10 s 	28.04 s	14.02 s	14.02 s 				
	555-595m	26.72 s	13.30 s	13.42 s 	27.56 s	13.53 s	14.03 s 	27.59 s	13.97 s	13.62 s 	27.99 s	14.03 s	13.96 s 				
	605-645m	26.61 s	13.29 s	13.32 s 	27.66 s	13.84 s	13.82 s 	28.28 s	14.22 s	14.06 s 	28.48 s	14.25 s	14.23 s 				
	655-695m	26.82 s	13.36 s	13.46 s 	27.88 s	13.87 s	14.01 s 	28.34 s	14.35 s	13.99 s 	27.92 s	14.04 s	13.88 s 				
	705-745m	26.67 s	13.30 s	13.37 s 	27.75 s	13.88 s	13.87 s 	27.89 s	14.10 s	13.79 s 	28.03 s	14.02 s	14.01 s 				
	755-795m	26.77 s	13.35 s	13.42 s 	27.92 s	13.86 s	14.06 s 	27.87 s	14.00 s	13.87 s 	27.96 s	13.91 s	14.05 s 				
	805-845m	26.79 s	13.38 s	13.41 s 	28.04 s	14.02 s	14.02 s 	28.10 s	14.00 s	14.10 s 	27.85 s	13.79 s	14.06 s 				
	855-895m	26.82 s	13.42 s	13.40 s 	27.77 s	13.80 s	13.97 s 	28.10 s	14.13 s	13.97 s 	27.98 s	14.08 s	13.90 s 				
	905-945m	26.88 s	13.35 s	13.53 s 	27.75 s	13.98 s	13.77 s 	28.23 s	14.26 s	13.97 s 	28.45 s	14.33 s	14.12 s 				
	955-995m	26.99 s	13.47 s	13.52 s 	27.60 s	13.77 s	13.83 s 	28.31 s	14.17 s	14.14 s 	27.68 s	13.82 s	13.86 s 				
	1005-1045m	26.79 s	13.37 s	13.42 s 	27.73 s	13.88 s	13.85 s 	28.02 s	14.12 s	13.90 s 	28.32 s	14.20 s	14.12 s 				
	1055-1095m	26.80 s	13.32 s	13.48 s 	27.56 s	13.76 s	13.80 s 	28.43 s	14.27 s	14.16 s 	28.30 s	14.23 s	14.07 s 				
	1105-1145m	27.10 s	13.59 s	13.51 s 	27.54 s	13.94 s	13.60 s 	28.15 s	14.21 s	13.94 s 	28.92 s	14.47 s	14.45 s 				
	1155-1195m	26.98 s	13.38 s	13.60 s 	27.69 s	13.89 s	13.80 s 	28.18 s	14.19 s	13.99 s 	28.20 s	14.18 s	14.02 s 				
	1205-1245m	27.12 s	13.51 s	13.61 s 	27.49 s	13.76 s	13.73 s 	28.05 s	14.06 s	13.99 s 	28.47 s	14.32 s	14.15 s 				
	1255-1295m	27.14 s	13.56 s	13.58 s 	27.62 s	13.82 s	13.80 s 	28.61 s	14.49 s	14.12 s 	28.65 s	14.26 s	14.39 s 				
	1305-1345m	27.14 s	13.61 s	13.53 s 	27.43 s	13.72 s	13.71 s 	28.35 s	14.25 s	14.10 s 	29.10 s	14.65 s	14.45 s 				
	1355-1395m	27.20 s	13.50 s	13.70 s 	27.72 s	13.74 s	13.98 s 	28.54 s	14.34 s	14.20 s 	28.87 s	14.42 s	14.45 s 				
	1405-1445m	26.90 s	13.46 s	13.44 s 	26.89 s	13.48 s	13.41 s 	28.44 s	14.42 s	14.02 s 	28.64 s	14.36 s	14.28 s 				
	1455-1495m	25.96 s	12.99 s	12.97 s 	27.32 s	13.68 s	13.64 s 	28.57 s	14.28 s	14.29 s 	27.86 s	13.99 s	13.87 s 				
	Moyenne	26.75 s	13.36 s	13.39 s	27.69 s	13.81 s	13.88 s	28.08 s	14.12 s	13.95 s	28.23 s	14.12 s	14.11 s				
	TOTAL	13:14.17			13:42.79			13:54.11			13:59.03						

PARTIES NON NAGEES	Start	Temps sur le plot
		Sortie de coulée
		Temps aux 15m
	50m	5m avant
		Sortie de coulée
		Temps aux 5m
	100m	5m avant
		Sortie de coulée
		Temps aux 5m
	150m	5m avant
		Sortie de coulée
		Temps aux 5m
	200m	5m avant
		Sortie de coulée
		Temps aux 5m
	250m	5m avant
		Sortie de coulée
		Temps aux 5m
	300m	5m avant
		Sortie de coulée
		Temps aux 5m
	350m	5m avant
		Sortie de coulée
		Temps aux 5m
400m	5m avant	
	Sortie de coulée	
	Temps aux 5m	
450m	5m avant	
	Sortie de coulée	
500m	5m avant	
	Sortie de coulée	
	Temps aux 5m	
550m	5m avant	
	Sortie de coulée	
	Temps aux 5m	
600m	5m avant	
	Sortie de coulée	
	Temps aux 5m	

NAGEUR			Anastasiia KIRPICHNIKOVA	Clémence COCCORDANO	Ines DELACROIX	Liberty-Belle HORTER				
TEMPS			15:59.95	16:45.77 +45.82	16:50.46 +50.51	17:03.99 +01:04.04				
PARTIES NON NAGÉES	650m	5m avant	3.42 s	3.47 s	3.53 s	3.57 s				
		Sortie de coulée	5.24 m	4.50 m	5.22 m	5.07 m				
			2.11 s 2.48 m/s	1.98 s 2.27 m/s	2.16 s 2.42 m/s	2.30 s 2.20 m/s				
		Temps aux 5m	1.95 s	2.20 s	2.00 s	2.25 s				
	700m	5m avant	3.38 s	3.70 s	3.50 s	3.79 s				
		Sortie de coulée	5.30 m	4.42 m	4.95 m	5.13 m				
			2.16 s 2.45 m/s	2.05 s 2.16 m/s	2.07 s 2.39 m/s	2.32 s 2.21 m/s				
		Temps aux 5m	1.96 s	2.32 s	2.09 s	2.23 s				
	750m	5m avant	3.35 s	3.55 s	3.61 s	3.69 s				
		Sortie de coulée	5.39 m	4.38 m	5.07 m	5.14 m				
			2.14 s 2.52 m/s	1.99 s 2.20 m/s	2.18 s 2.33 m/s	2.40 s 2.14 m/s				
		Temps aux 5m	1.88 s	2.27 s	2.13 s	2.30 s				
	800m	5m avant	3.44 s	3.64 s	3.68 s	3.76 s				
		Sortie de coulée	5.13 m	4.44 m	5.13 m	5.26 m				
			2.04 s 2.51 m/s	2.08 s 2.13 m/s	2.26 s 2.27 m/s	3.19 s 1.65 m/s				
		Temps aux 5m	1.95 s	2.34 s	2.17 s	3.01 s				
	850m	5m avant	3.37 s	3.56 s	3.58 s	3.60 s				
		Sortie de coulée	5.18 m	4.29 m	4.81 m	5.18 m				
			2.05 s 2.53 m/s	2.05 s 2.09 m/s	2.01 s 2.39 m/s	2.37 s 2.19 m/s				
		Temps aux 5m	1.93 s	2.39 s	2.09 s	2.24 s				
	900m	5m avant	3.55 s	3.64 s	3.57 s	3.68 s				
		Sortie de coulée	5.43 m	4.59 m	5.24 m	5.17 m				
			2.28 s 2.38 m/s	2.04 s 2.25 m/s	2.16 s 2.43 m/s	2.19 s 2.36 m/s				
		Temps aux 5m	1.99 s	2.22 s	1.99 s	2.07 s				
950m	5m avant	3.38 s	3.64 s	3.64 s	3.77 s					
	Sortie de coulée	5.18 m	4.37 m	4.73 m	4.96 m					
		2.00 s 2.59 m/s	2.07 s 2.11 m/s	1.92 s 2.46 m/s	2.35 s 2.11 m/s					
	Temps aux 5m	1.88 s	2.37 s	2.03 s	2.37 s					
1000m	5m avant	3.53 s	3.55 s	3.53 s	3.83 s					
	Sortie de coulée	5.31 m	4.60 m	5.08 m	5.24 m					
		2.22 s 2.39 m/s	2.07 s 2.22 m/s	2.20 s 2.31 m/s	2.34 s 2.24 m/s					
	Temps aux 5m	2.01 s	2.25 s	2.14 s	2.17 s					
1050m	5m avant	3.59 s	3.46 s	3.69 s	3.62 s					
	Sortie de coulée	5.30 m	4.38 m	4.83 m	5.07 m					
		2.23 s 2.38 m/s	1.96 s 2.23 m/s	1.97 s 2.45 m/s	2.01 s 2.52 m/s					
	Temps aux 5m	2.03 s	2.24 s	2.04 s	1.96 s					
1100m	5m avant	3.60 s	3.64 s	3.56 s	3.57 s					
	Sortie de coulée	5.38 m	4.66 m	4.10 m	5.21 m					
		2.12 s 2.54 m/s	2.04 s 2.28 m/s	1.64 s 2.50 m/s	2.43 s 2.14 m/s					
	Temps aux 5m	1.86 s	2.19 s	2.00 s	2.28 s					
1150m	5m avant	3.44 s	3.76 s	3.62 s	3.51 s					
	Sortie de coulée	5.13 m	4.41 m	4.55 m	5.20 m					
		2.09 s 2.45 m/s	1.94 s 2.27 m/s	1.93 s 2.36 m/s	2.28 s 2.28 m/s					
	Temps aux 5m	2.00 s	2.20 s	2.12 s	2.14 s					
1200m	5m avant	3.53 s	3.65 s	3.62 s	3.71 s					
	Sortie de coulée	5.28 m	4.23 m	5.16 m	5.24 m					
		2.08 s 2.54 m/s	1.97 s 2.15 m/s	2.29 s 2.25 m/s	2.65 s 1.98 m/s					
	Temps aux 5m	1.89 s	2.33 s	2.18 s	2.48 s					
1250m	5m avant	3.45 s	3.63 s	3.66 s	3.69 s					
	Sortie de coulée	5.18 m	1.55 m	4.78 m	5.21 m					
		2.01 s 2.58 m/s	0.72 s 2.15 m/s	1.94 s 2.46 m/s	2.40 s 2.17 m/s					
	Temps aux 5m	1.89 s	2.33 s	2.03 s	2.25 s					

NAGEUR		Anastasiia KIRPICHNIKOVA		Clémence COCCORDANO		Ines DELACROIX		Liberty-Belle HORTER					
TEMPS		15:59.95		16:45.77 +45.82		16:50.46 +50.51		17:03.99 +01:04.04					
PARTIES NON NAGEES	1300m	5m avant		3.50 s		3.62 s		3.74 s					
		Sortie de coulée		5.25 m		1.58 m		5.22 m					
		Temps aux 5m		2.00 s 2.63 m/s		0.73 s 2.16 m/s		2.42 s 2.16 m/s					
	1350m	5m avant		3.34 s		3.74 s		3.52 s					
		Sortie de coulée		4.90 m		4.12 m		5.04 m					
		Temps aux 5m		1.91 s 2.57 m/s		1.91 s 2.16 m/s		2.31 s 2.18 m/s					
	1400m	5m avant		3.46 s		3.68 s		3.64 s					
		Sortie de coulée		5.25 m		1.29 m		5.22 m					
		Temps aux 5m		2.05 s 2.56 m/s		0.61 s 2.11 m/s		2.56 s 2.04 m/s					
	1450m	5m avant		3.46 s		3.72 s		3.56 s					
		Sortie de coulée		4.95 m		1.09 m		5.29 m					
		Temps aux 5m		1.94 s 2.55 m/s		0.48 s 2.27 m/s		2.56 s 2.07 m/s					
FINIS	5m avant		2.87 s		2.85 s		3.17 s		3.14 s				
	Approche mur		0.18 s 0.31 m		0.64 s 1.12 m		0.49 s 0.77 m		0.53 s 0.84 m				
TOTAL		02:45.78		03:02.98		02:56.35		03:04.96					

MOUVEMENTS	NB CYCLES	0-50m 50-100m	37	45	38	42	36	39	43	47				
		100-150m 150-200m	45	45	42	42	40	40	47	46				
		200-250m 250-300m	45	45	42	42	40	40	46	46				
		300-350m 350-400m	45	45	42	43	40	40	46	46				
		400-450m 450-500m	45	45	42	42	40	40	46	47				
		500-550m 550-600m	45	45	43	43	40	40	47	47				
		600-650m 650-700m	45	45	44	44	40	41	47	47				
		700-750m 750-800m	45	45	44	44	40	40	47	48				
		800-850m 850-900m	45	46	44	44	40	40	46	47				
		900-950m 950-1000m	45	46	44	44	40	41	47	47				
		1000-1050m 1050-1100m	46	45	45	45	40	41	47	48				
		1100-1150m 1150-1200m	46	46	45	45	40	41	48	48				
		1200-1250m 1250-1300m	46	46	45	45	40	41	48	47				
		1300-1350m 1350-1400m	47	47	46	46	41	41	48	48				
		1400-1450 1450-1500m	47	45	46	48	41	42	48	49				
	TOTAL	1355	1311	1205	1409									
	TEMPO	0-50m 50-100m	1.26	1.27	1.37	1.44	1.49	1.54	1.24	1.28				
		100-150m 150-200m	1.28	1.29	1.48	1.50	1.55	1.54	1.31	1.32				
		200-250m 250-300m	1.30	1.31	1.48	1.47	1.56	1.56	1.33	1.35				
		300-350m 350-400m	1.29	1.30	1.45	1.46	1.56	1.54	1.32	1.34				
		400-450m 450-500m	1.30	1.32	1.46	1.46	1.55	1.54	1.31	1.31				
		500-550m 550-600m	1.30	1.31	1.42	1.42	1.55	1.52	1.30	1.31				
		600-650m 650-700m	1.29	1.30	1.41	1.43	1.54	1.53	1.31	1.30				
		700-750m 750-800m	1.30	1.29	1.42	1.41	1.55	1.55	1.31	1.29				
		800-850m 850-900m	1.30	1.29	1.42	1.41	1.55	1.56	1.33	1.30				
		900-950m 950-1000m	1.30	1.30	1.40	1.39	1.55	1.56	1.34	1.32				
		1000-1050m 1050-1100m	1.29	1.30	1.36	1.38	1.55	1.56	1.29	1.29				
		1100-1150m 1150-1200m	1.29	1.30	1.36	1.37	1.56	1.56	1.31	1.29				
1200-1250m 1250-1300m		1.29	1.30	1.38	1.38	1.54	1.57	1.30	1.32					
1300-1350m 1350-1400m	1.27	1.27	1.35	1.35	1.55	1.54	1.31	1.32						
1400-1450 1450-1500m	1.26	1.30	1.31	1.28	1.52	1.53	1.29	1.25						
MOYENNE	1.3	1.4	1.5	1.3										

NAGEUR		Anastasiia KIRPICHNIKOVA		Clémence COCCORDANO		Ines DELACROIX		Liberty-Belle HORTER					
TEMPS		15:59.95		16:45.77 <i>+45.82</i>		16:50.46 <i>+50.51</i>		17:03.99 <i>+01:04.04</i>					
MOUVEMENTS	FREQUENCE	0-50m 50-100m	47.747.5	43.841.8	40.438.9	48.846.9							
		100-150m 150-200m	47.046.7	40.640.2	38.739.0	45.945.6							
		200-250m 250-300m	46.546.0	40.641.0	38.638.7	45.044.7							
		300-350m 350-400m	46.546.2	41.541.1	38.538.9	45.644.8							
		400-450m 450-500m	46.245.5	41.241.1	38.839.1	45.645.8							
		500-550m 550-600m	46.245.7	42.342.2	38.739.4	46.146.1							
		600-650m 650-700m	46.646.0	42.742.2	39.239.2	46.046.1							
		700-750m 750-800m	46.346.5	42.442.5	38.738.7	46.046.6							
		800-850m 850-900m	46.446.4	42.242.6	38.738.4	45.346.1							
		900-950m 950-1000m	46.346.3	43.143.3	38.838.4	45.045.7							
		1000-1050m 1050-1100m	46.646.4	44.343.8	38.838.4	46.546.6							
		1100-1150m 1150-1200m	46.746.3	44.143.9	38.538.6	45.846.7							
		1200-1250m 1250-1300m	46.646.3	43.643.5	38.938.3	46.245.5							
		1300-1350m 1350-1400m	47.247.2	44.444.4	38.939.1	45.845.6							
		1400-1450 1450-1500m	47.846.2	46.146.8	39.539.4	46.747.9							
		MOYENNE	46.5	42.8	38.9	46.0							
	AMPLITUDE DE NAGE	0-50m 50-100m	2.161.95	2.162.09	2.362.24	1.891.82							
		100-150m 150-200m	1.941.94	2.132.15	2.202.24	1.841.88							
		200-250m 250-300m	1.951.97	2.122.11	2.242.25	1.881.93							
		300-350m 350-400m	1.941.94	2.092.08	2.242.25	1.871.91							
		400-450m 450-500m	1.951.98	2.082.11	2.202.22	1.881.88							
		500-550m 550-600m	1.951.96	2.052.07	2.202.21	1.861.86							
		600-650m 650-700m	1.941.95	2.032.04	2.172.17	1.831.87							
		700-750m 750-800m	1.951.93	2.052.03	2.222.23	1.861.85							
		800-850m 850-900m	1.931.93	2.032.03	2.212.23	1.901.87							
		900-950m 950-1000m	1.931.92	2.012.01	2.192.21	1.881.90							
		1000-1050m 1050-1100m	1.931.93	1.951.99	2.212.20	1.831.83							
		1100-1150m 1150-1200m	1.901.92	1.981.98	2.222.21	1.821.83							
		1200-1250m 1250-1300m	1.901.91	2.012.00	2.202.19	1.831.84							
		1300-1350m 1350-1400m	1.881.87	1.971.95	2.182.16	1.801.83							
		1400-1450 1450-1500m	1.872.00	1.941.88	2.142.14	1.801.80							
		MOYENNE	1.94	2.03	2.21	1.85							

Compétition		Mélanie HENIQUE		Maty NDOYE-BROUARD		Albane CACHOT		Jeanne DE MURCIA		Lili-Rose BERTHELOT		Manon MURE		Margaux LACARRERE			
Temps		00:25.60		00:26.51 +00.91		00:26.55 +00.95		00:27.19 +01.59		00:27.37 +01.77		00:27.69 +02.09		00:27.86 +02.26			
RÉCAP	Tps de nage	0:20.61	21 CB	0:21.52	22 CB	0:22.68	24 CB	0:21.99	21 CB	0:22.61	25 CB	0:22.32	22 CB	0:22.21	24 CB		
	Tps/Dist Coulées Nombre de CB	0:04.99	14.4 m	0:04.99	13.8 m	0:03.87	10.7 m	0:05.20	13.7 m	0:04.76	12.2 m	0:05.37	13.9 m	0:05.65	13.8 m		
LAPS	25m	00:11.56	-	00:12.19	-	00:12.07	-	00:12.45	-	00:12.56	-	00:12.65	-	00:12.68	-		
	50m	00:25.60	00:14.04	00:26.51	00:14.32	00:26.55	00:14.48	00:27.19	00:14.74	00:27.37	00:14.81	00:27.69	00:15.04	00:27.86	00:15.18		
PARTIES NAGEES	15-25m	5.43 s		5.55 s		5.38 s		5.66 s		5.63 s		5.78 s		5.66 s			
	25-45m	11.20 s		11.50 s		11.66 s		11.74 s		11.97 s		12.03 s		12.20 s			
	TOTAL	00:16.63		00:17.05		00:17.04		00:17.40		00:17.60		00:17.81		00:17.86			
PARTIES NON NAGEES	START	Temps sur le plot		0.56 s		0.78 s		0.66 s		0.65 s		0.67 s		0.66 s			
		Sortie de coulée		14.41 m		13.80 m		10.70 m		13.70 m		12.21 m		13.93 m			
		4.99 s	2.89 m/s	4.99 s	2.77 m/s	3.87 s	2.76 m/s	5.20 s	2.63 m/s	4.76 s	2.57 m/s	5.37 s	2.59 m/s	5.65 s	2.44 m/s		
	FIN	Temps aux 15m		6.13 s		6.64 s		6.69 s		6.93 s		6.87 s		7.02 s			
		5m avant		2.84 s		2.82 s		2.82 s		3.00 s		2.84 s		2.98 s			
		Approche mur		0.54 s	0.95 m	0.34 s	0.60 m	0.47 s	0.83 m	0.46 s	0.77 m	0.17 s	0.30 m	0.08 s	0.13 m	0.50 s	0.84 m
	TOTAL		00:08.97		00:09.46		00:09.51		00:09.79		00:09.77		00:09.88		00:10.00		
MOUVEMENTS	COUPS DE BRAS	0-50m		21		22		24		21		25		22		24	
		TOTAL		21		22		24		21		25		22		24	
	FREQUENCE TEMPO	0-25m		63.2	1.0	63.6	0.9	65.7	0.9	60.9	1.0	69.8	0.9	60.7	1.0	67.9	0.9
		25-50m		62.2	1.0	62.6	1.0	63.7	0.9	57.5	1.0	66.1	0.9	58.3	1.0	66.1	0.9
		MOYENNE		62.7	1.0	63.1	1.0	64.7	0.9	59.2	1.0	67.9	0.9	59.5	1.0	67.0	0.9
	AMPLITUDE DE NAGE	0-25m		1.75		1.70		1.70		1.74		1.53		1.71		1.56	
		25-50m		1.72		1.67		1.62		1.78		1.52		1.71		1.49	
		MOYENNE		1.74		1.69		1.66		1.76		1.53		1.71		1.53	

Compétition			Marie WATTEL		Lilou RESSEN COURT		Maty NDOYE-BROUARD		Lili-Rose BERTHELOT		Tabatha AVETAND		Adelaide MEUTER		Laly ANSART		Isabelle VIDEMENT		
Temps			00:57.49		00:58.81 <i>+01.32</i>		01:00.20 <i>+02.71</i>		01:00.31 <i>+02.82</i>		01:00.53 <i>+03.04</i>		01:01.19 <i>+03.70</i>		01:01.44 <i>+03.95</i>		01:01.54 <i>+04.05</i>		
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:44.88	40 CB	0:49.18	47 CB	0:49.33	43 CB	0:49.29	48 CB	0:51.81	50 CB	0:51.28	46 CB	0:50.88	47 CB	0:49.08	43 CB	
	0:12.61	26.2 m	0:09.63	20.6 m	0:10.87	22.7 m	0:11.02	22.2 m	0:08.72	18.1 m	0:09.91	20.3 m	0:10.56	21.4 m	0:12.46	25.9 m			
LAPS	50m		00:26.56	-	00:26.97	-	00:28.02	-	00:27.50	-	00:28.66	-	00:28.82	-	00:28.88	-	00:28.15	-	
	100m		00:57.49	00:30.93	00:58.81	00:31.84	01:00.20	00:32.18	01:00.31	00:32.81	01:00.53	00:31.87	01:01.19	00:32.37	01:01.44	00:32.56	01:01.54	00:33.39	
PARTIES NAGEES	15-25m 25-45m		5.61 s	11.63 s	5.77 s	11.53 s	6.09 s	11.89 s	5.67 s	11.76 s	5.87 s	12.35 s	5.90 s	12.39 s	5.93 s	12.25 s	6.04 s	12.14 s	
	65-75m 75-95m		6.16 s	13.12 s	6.08 s	13.46 s	6.21 s	13.18 s	6.29 s	13.79 s	6.30 s	13.08 s	6.40 s	13.28 s	6.43 s	13.29 s	6.64 s	13.58 s	
	Moyenne		5.89 s	12.38 s	5.93 s	12.50 s	6.15 s	12.54 s	5.98 s	12.78 s	6.09 s	12.72 s	6.15 s	12.84 s	6.18 s	12.77 s	6.34 s	12.86 s	
	TOTAL		00:36.52		00:36.84		00:37.37		00:37.51		00:37.60		00:37.97		00:37.90		00:38.40		
PARTIES NON NAGEES	START	Temps sur le plot		0.70 s		0.71 s		0.78 s		0.65 s		0.71 s		0.65 s		0.69 s		0.70 s	
		Sortie de coulée		15.11 m		12.46 m		12.41 m		12.39 m		10.16 m		12.33 m		11.85 m		15.08 m	
		6.50 s	2.32 m/s	4.61 s	2.70 m/s	4.66 s	2.66 m/s	4.95 s	2.50 m/s	3.87 s	2.63 m/s	5.10 s	2.42 m/s	4.80 s	2.47 m/s	5.89 s	2.56 m/s		
	VIRAGE 1	Temps aux 15m		6.44 s		6.80 s		6.96 s		7.12 s		7.28 s		7.31 s		7.43 s		6.80 s	
		5m avant		2.88 s		2.87 s		3.08 s		2.95 s		3.16 s		3.22 s		3.27 s		3.17 s	
		Sortie de coulée		11.07 m		8.09 m		10.33 m		9.80 m		7.98 m		7.94 m		9.57 m		10.85 m	
	6.11 s		1.81 m/s	5.02 s	1.61 m/s	6.21 s	1.66 m/s	6.07 s	1.61 m/s	4.85 s	1.65 m/s	4.81 s	1.65 m/s	5.76 s	1.66 m/s	6.57 s	1.65 m/s		
	Temps aux 15m		8.54 s		9.07 s		9.33 s		9.49 s		9.44 s		9.32 s		9.52 s		9.41 s		
	FIN	5m avant		3.11 s		3.23 s		3.46 s		3.24 s		3.05 s		3.37 s		3.32 s		3.76 s	
		Approche mur		0.72 s	1.16 m	0.10 s	0.15 m	0.90 s	1.30 m	0.60 s	0.93 m	0.36 s	0.59 m	0.11 s	0.16 m	0.78 s	1.17 m	0.18 s	0.24 m
TOTAL		00:20.97		00:21.97		00:22.83		00:22.80		00:22.93		00:23.22		00:23.54		00:23.14			
MOUVEMENTS	COUPS DE BRAS	0-50m		18		21		20		22		23		21		22		19	
		50-100m		22		26		23		26		27		25		25		24	
		TOTAL		40		47		43		48		50		46		47		43	
	FREQUENCE TEMPO	0-25m		54.3	1.1	58.4	1.0	52.1	1.2	62.8	1.0	57.6	1.0	56.7	1.1	56.8	1.1	57.3	1.1
		25-50m		51.0	1.2	57.8	1.0	51.9	1.2	58.4	1.0	55.9	1.1	52.9	1.1	56.2	1.1	49.4	1.2
		50-75m		52.3	1.2	58.3	1.0	52.1	1.2	58.9	1.0	58.4	1.0	51.7	1.2	56.0	1.1	52.5	1.1
		75-100m		51.3	1.2	55.3	1.1	53.1	1.1	57.1	1.1	58.8	1.0	51.7	1.2	54.9	1.1	51.4	1.2
		MOYENNE		52.2	1.2	57.4	1.1	52.3	1.2	59.3	1.0	57.7	1.0	53.3	1.1	56.0	1.1	52.7	1.1
	AMPLITUDE DE NAGE	0-25m		1.97		1.78		1.89		1.69		1.78		1.79		1.78		1.74	
		25-50m		2.02		1.80		1.94		1.75		1.74		1.83		1.74		2.00	
		50-75m		1.86		1.69		1.86		1.62		1.63		1.81		1.67		1.72	
		75-100m		1.78		1.61		1.72		1.52		1.56		1.75		1.65		1.72	
		MOYENNE		1.91		1.72		1.85		1.65		1.68		1.80		1.71		1.80	



200m



Papillon



Nageur		Lara GRANGEON-DE VILLELE		Lilou RESSENCOURT		Juliette MARCHAND		Tabatha AVETAND		Soizic GELFMANN		Clara MOUGENOT		Isabelle VIDEMENT		Adelaide MEUTER	
Temps		02:09.26		02:09.30 +00.04		02:11.76 +02.50		02:12.69 +03.43		02:13.72 +04.46		02:15.21 +05.95		02:17.48 +08.22		02:18.66 +09.40	
RÉCAP	Tps de nage	1:52.09	95 CB	1:50.50	94 CB	1:52.75	96 CB	1:54.87	100 CB	1:57.51	111 CB	1:59.51	110 CB	1:55.80	85 CB	2:01.20	96 CB
	Tps/Dist Coulées Nombre de CB	0:17.17	33.6 m	0:18.80	35.6 m	0:19.01	35.1 m	0:17.82	32.9 m	0:16.21	29.2 m	0:15.70	28.3 m	0:21.68	40.6 m	0:17.46	32.1 m
LAPS	50m	00:28.80	-	00:28.89	-	00:29.53	-	00:29.43	-	00:29.97	-	00:30.03	-	00:30.27	-	00:30.32	-
	100m	01:01.17	00:32.37	01:01.45	00:32.56	01:02.41	00:32.88	01:02.72	00:33.29	01:03.59	00:33.62	01:04.00	00:33.97	01:04.69	00:34.42	01:04.99	00:34.67
	150m	01:34.50	00:33.33	01:34.24	00:32.79	01:35.99	00:33.58	01:36.85	00:34.13	01:38.48	00:34.89	01:38.73	00:34.73	01:39.85	00:35.16	01:40.85	00:35.86
	200m	02:09.26	00:34.76	02:09.30	00:35.06	02:11.76	00:35.77	02:12.69	00:35.84	02:13.72	00:35.24	02:15.21	00:36.48	02:17.48	00:37.63	02:18.66	00:37.81
PARTIES NAGEES	15-25m 25-45m	5.99 s	12.12 s	6.16 s	12.71 s	6.16 s	12.61 s	6.19 s	12.69 s	6.27 s	12.85 s	6.06 s	12.95 s	6.56 s	13.53 s	6.27 s	13.34 s
	65-75m 75-95m	6.50 s	13.11 s	6.54 s	13.27 s	6.58 s	13.33 s	6.60 s	13.26 s	6.76 s	13.79 s	6.72 s	13.57 s	7.12 s	14.08 s	6.86 s	14.13 s
	115-125m 125-145m	6.58 s	13.74 s	6.53 s	13.72 s	6.62 s	13.87 s	6.69 s	13.74 s	7.02 s	14.15 s	6.78 s	14.28 s	6.88 s	14.65 s	6.78 s	15.04 s
	165-175m 175-195m	7.10 s	14.45 s	6.88 s	14.68 s	6.96 s	14.87 s	7.21 s	14.51 s	7.14 s	14.49 s	7.26 s	15.03 s	7.78 s	15.54 s	7.60 s	15.55 s
	Moyenne	6.54 s	13.36 s	6.53 s	13.60 s	6.58 s	13.67 s	6.67 s	13.55 s	6.80 s	13.82 s	6.71 s	13.96 s	7.09 s	14.45 s	6.88 s	14.52 s
	TOTAL	01:19.59		01:20.49		01:21.00		01:20.89		01:22.47		01:22.65		01:26.14		01:25.57	
PARTIES NON NAGEES	START	Temps sur le plot	0.70 s	0.71 s	0.73 s	0.68 s	0.67 s	0.70 s	0.66 s								
		Sortie de coulée	10.82 m	11.79 m	12.90 m	10.41 m	9.07 m	9.47 m	15.18 m	12.65 m							
			4.25 s 2.55 m/s	4.60 s 2.56 m/s	5.40 s 2.39 m/s	4.10 s 2.54 m/s	3.67 s 2.47 m/s	4.00 s 2.37 m/s	6.20 s 2.45 m/s	5.24 s 2.41 m/s							
	VIRAGE 1	5m avant	3.40 s	2.87 s	3.33 s	3.20 s	3.24 s	3.10 s	3.09 s	3.42 s							
		Sortie de coulée	7.82 m	8.05 m	7.48 m	7.68 m	7.48 m	6.61 m	9.07 m	6.99 m							
			4.29 s 1.82 m/s	4.61 s 1.75 m/s	4.41 s 1.70 m/s	4.58 s 1.68 m/s	4.51 s 1.66 m/s	3.95 s 1.67 m/s	5.41 s 1.68 m/s	4.29 s 1.63 m/s							
	VIRAGE 2	5m avant	3.61 s	3.38 s	3.55 s	3.61 s	3.29 s	3.68 s	3.50 s	3.67 s							
		Sortie de coulée	7.28 m	8.05 m	7.42 m	7.52 m	6.36 m	6.20 m	8.03 m	6.82 m							
			4.08 s 1.78 m/s	4.77 s 1.69 m/s	4.55 s 1.63 m/s	4.61 s 1.63 m/s	4.03 s 1.58 m/s	3.83 s 1.62 m/s	4.84 s 1.66 m/s	4.31 s 1.58 m/s							
	VIRAGE 3	5m avant	3.49 s	2.96 s	3.29 s	3.68 s	3.52 s	3.41 s	3.51 s	3.56 s							
		Sortie de coulée	7.67 m	7.67 m	7.34 m	7.24 m	6.28 m	5.97 m	8.30 m	5.68 m							
			4.55 s 1.69 m/s	4.82 s 1.59 m/s	4.65 s 1.58 m/s	4.53 s 1.60 m/s	4.00 s 1.57 m/s	3.92 s 1.52 m/s	5.23 s 1.59 m/s	3.62 s 1.57 m/s							
	FIN	5m avant	3.38 s	3.36 s	3.92 s	3.92 s	3.32 s	3.64 s	3.85 s	3.88 s							
		Approche mur	0.41 s 0.61 m	0.82 s 1.22 m	1.05 s 1.34 m	1.07 s 1.36 m	0.40 s 0.60 m	0.75 s 1.03 m	0.43 s 0.56 m	0.79 s 1.02 m							
		TOTAL	00:49.67	00:48.81	00:50.76	00:51.80	00:51.25	00:52.56	00:51.34	00:53.09							



200m



Papillon



Nageur			Lara GRANGEON-DE VILLELE	Lilou RESSENCOURT	Juliette MARCHAND	Tabatha AVETAND	Soizic GELFMANN	Clara MOUGENOT	Isabelle VIDEMENT	Adelaide MEUTER
Temps			02:09.26	02:09.30 +00.04	02:11.76 +02.50	02:12.69 +03.43	02:13.72 +04.46	02:15.21 +05.95	02:17.48 +08.22	02:18.66 +09.40
MOUVEMENTS	COUPS DE BRAS	0-50m	21	20	21	22	25	24	17	20
		50-100m	24	24	24	25	28	27	21	24
		100-150m	25	24	25	26	29	29	23	25
		150-200m	25	26	26	27	29	30	24	27
		TOTAL	95	94	96	100	111	110	85	96
	FREQUENCE TEMPO	0-25m	54.1 1.1	51.8 1.2	55.6 1.1	53.7 1.1	59.6 1.0	56.0 1.1	43.7 1.4	50.1 1.2
		25-50m	51.9 1.2	50.8 1.2	52.5 1.1	52.1 1.2	59.6 1.0	55.1 1.1	43.2 1.4	47.5 1.3
		50-75m	50.9 1.2	51.1 1.2	49.3 1.2	51.9 1.2	57.9 1.0	53.1 1.1	42.3 1.4	46.2 1.3
		75-100m	49.9 1.2	49.6 1.2	49.2 1.2	51.3 1.2	56.7 1.1	53.8 1.1	42.6 1.4	46.1 1.3
		100-125m	50.4 1.2	50.9 1.2	49.9 1.2	52.9 1.1	56.6 1.1	54.8 1.1	43.3 1.4	47.0 1.3
		125-150m	49.2 1.2	50.5 1.2	49.4 1.2	52.1 1.2	55.5 1.1	54.5 1.1	43.1 1.4	46.7 1.3
		150-175m	48.5 1.2	53.1 1.1	50.2 1.2	52.6 1.1	55.0 1.1	54.8 1.1	42.8 1.4	46.4 1.3
		175-200m	47.0 1.3	50.8 1.2	49.9 1.2	50.9 1.2	53.9 1.1	54.2 1.1	42.9 1.4	46.5 1.3
	MOYENNE	50.2 1.2	51.1 1.2	50.7 1.2	52.2 1.2	56.9 1.1	54.5 1.1	43.0 1.4	47.1 1.3	
	AMPLITUDE DE NAGE	0-25m	1.85	1.88	1.75	1.81	1.60	1.77	2.09	1.91
		25-50m	1.91	1.86	1.81	1.81	1.57	1.68	2.05	1.89
		50-75m	1.82	1.80	1.85	1.75	1.53	1.68	1.99	1.90
		75-100m	1.84	1.82	1.83	1.76	1.53	1.64	2.00	1.84
		100-125m	1.81	1.81	1.82	1.70	1.51	1.62	2.01	1.88
		125-150m	1.77	1.73	1.75	1.68	1.53	1.54	1.90	1.71
		150-175m	1.74	1.64	1.72	1.58	1.53	1.51	1.80	1.70
		175-200m	1.77	1.61	1.62	1.63	1.54	1.47	1.80	1.66
	MOYENNE	1.81	1.77	1.77	1.72	1.54	1.61	1.96	1.81	

Compétition		Analia PIGREE		Mary-Ambre MOLUH		Emma TEREBO		Pauline MAHIEU		Aëla JANVIER		Jeanne DE MURCIA		Melora TROMPETTE			
Temps		00:27.61		00:27.73 +00.12		00:27.90 +00.29		00:27.95 +00.34		00:29.39 +01.78		00:29.57 +01.96		00:29.69 +02.08			
RÉCAP	Tps de nage	0:21.73	36 CB	0:21.82	39 CB	0:22.24	38 CB	0:21.93	34 CB	0:22.64	37 CB	0:22.67	35 CB	0:24.10	44 CB		
	Tps/Dist Coulées Nombre de CB	0:05.88	14.1 m	0:05.91	13.7 m	0:05.66	12.8 m	0:06.02	13.8 m	0:06.75	14.3 m	0:06.90	15.4 m	0:05.59	12.2 m		
LAPS	25m	00:12.85	-	00:12.90	-	00:13.17	-	00:13.16	-	00:13.79	-	00:13.60	-	00:13.80	-		
	50m	00:27.61	00:14.76	00:27.73	00:14.83	00:27.90	00:14.73	00:27.95	00:14.79	00:29.39	00:15.60	00:29.57	00:15.97	00:29.69	00:15.89		
PARTIES NAGEES	15-25m	5.92 s		5.66 s		5.68 s		5.83 s		5.99 s		6.13 s		6.06 s			
	25-45m	11.95 s		11.88 s		11.88 s		11.95 s		12.73 s		13.00 s		12.88 s			
	TOTAL	00:17.87		00:17.54		00:17.56		00:17.78		00:18.72		00:19.13		00:18.94			
PARTIES NON NAGEES	START	Temps sur le plot		0.58 s		0.62 s		0.62 s		0.65 s		0.58 s		0.60 s			
		Sortie de coulée		14.13 m		13.69 m		12.76 m		13.75 m		14.33 m		15.44 m		12.19 m	
		5.88 s	2.40 m/s	5.91 s	2.32 m/s	5.66 s	2.25 m/s	6.02 s	2.28 m/s	6.75 s	2.12 m/s	6.90 s	2.24 m/s	5.59 s	2.18 m/s		
	FIN	Temps aux 15m		6.93 s		7.24 s		7.49 s		7.80 s		7.47 s		7.74 s			
		5m avant		2.81 s		2.95 s		2.85 s		2.87 s		2.97 s		3.01 s			
		Approche mur		0.94 s	1.67 m	0.33 s	0.56 m	0.37 s	0.65 m	0.60 s	1.06 m	0.49 s	0.85 m	0.79 s	1.33 m	0.21 s	0.35 m
	TOTAL		00:09.74		00:10.19		00:10.34		00:10.17		00:10.67		00:10.44		00:10.75		
MOUVEMENTS	COUPS DE BRAS	0-50m		36		39		38		34		37		35		44	
		TOTAL		36		39		38		34		37		35		44	
	FREQUENCE TEMPO	0-25m		51.1	1.2	55.8	1.1	52.5	1.1	47.8	1.3	51.8	1.2	50.4	1.2	57.0	1.1
		25-50m		52.3	1.2	54.5	1.1	52.3	1.2	47.7	1.3	48.9	1.2	48.0	1.3	55.3	1.1
		MOYENNE		51.7	1.2	55.2	1.1	52.4	1.2	47.7	1.3	50.4	1.2	49.2	1.2	56.1	1.1
	AMPLITUDE DE NAGE	0-25m		1.98		1.90		2.01		2.15		1.93		1.94		1.74	
		25-50m		1.92		1.85		1.93		2.11		1.93		1.92		1.69	
		MOYENNE		1.95		1.88		1.97		2.13		1.93		1.93		1.72	

Compétition			Emma TEREBO		Béryl GASTALDELLO		Mary-Ambre MOLUH		Pauline MAHIEU		Analia PIGREE		Bertille COUSSON		Lou-Anne GUITON				
Temps			00:58.79		00:59.17 +00.38		00:59.29 +00.50		00:59.64 +00.85		01:00.11 +01.32		01:01.14 +02.35		01:02.52 +03.73				
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:46.37	70 CB	0:46.82	71 CB	0:47.91	73 CB	0:47.68	69 CB	0:47.62	72 CB	0:50.50	77 CB	0:52.76	83 CB			
			0:12.42	25.5 m	0:12.35	26.9 m	0:11.38	25.0 m	0:11.96	25.6 m	0:12.49	26.2 m	0:10.64	21.8 m	0:09.76	20.0 m			
LAPS	50m		00:28.64	-	00:28.51	-	00:28.71	-	00:28.94	-	00:28.99	-	00:29.56	-	00:30.47	-			
	100m		00:58.79	00:30.15	00:59.17	00:30.66	00:59.29	00:30.58	00:59.64	00:30.70	01:00.11	00:31.12	01:01.14	00:31.58	01:02.52	00:32.05			
PARTIES NAGEES	15-25m 25-45m		5.76 s	12.30 s	6.00 s	12.40 s	6.25 s	12.52 s	5.90 s	12.38 s	6.12 s	12.58 s	5.94 s	12.52 s	6.10 s	12.62 s			
	65-75m 75-95m		6.16 s	12.80 s	6.30 s	13.18 s	6.12 s	12.94 s	6.16 s	13.44 s	6.33 s	13.55 s	6.44 s	13.58 s	6.50 s	13.55 s			
	Moyenne		5.96 s	12.55 s	6.15 s	12.79 s	6.18 s	12.73 s	6.03 s	12.91 s	6.23 s	13.07 s	6.19 s	13.05 s	6.30 s	13.09 s			
	TOTAL		00:37.02		00:37.88		00:37.83		00:37.88		00:38.58		00:38.48		00:38.77				
PARTIES NON NAGEES	START	Temps sur le plot		0.61 s		0.57 s		0.62 s		0.63 s		0.58 s		0.61 s		0.61 s			
		Sortie de coulée		14.59 m		14.78 m		14.25 m		14.34 m		14.57 m		12.69 m		12.08 m			
		6.40 s	2.28 m/s	6.08 s	2.43 m/s	5.77 s	2.47 m/s	6.24 s	2.30 m/s	6.20 s	2.35 m/s	5.87 s	2.16 m/s	5.94 s	2.03 m/s				
	VIRAGE 1	Temps aux 15m		7.34 s		6.88 s		6.83 s		7.26 s		7.04 s		7.79 s		8.31 s			
		5m avant		3.24 s		3.23 s		3.11 s		3.40 s		3.25 s		3.31 s		3.44 s			
		Sortie de coulée		10.87 m		12.12 m		10.71 m		11.28 m		11.62 m		9.13 m		7.87 m			
	6.02 s		1.81 m/s	6.27 s	1.93 m/s	5.61 s	1.91 m/s	5.72 s	1.97 m/s	6.29 s	1.85 m/s	4.77 s	1.91 m/s	3.82 s	2.06 m/s				
	Temps aux 15m		8.38 s		8.25 s		8.39 s		8.13 s		8.31 s		8.57 s		8.90 s				
	FIN	5m avant		2.81 s		2.93 s		3.13 s		2.97 s		2.93 s		2.99 s		3.10 s			
		Approche mur		0.45 s	0.80 m	0.48 s	0.82 m	0.27 s	0.43 m	0.56 s	0.94 m	0.62 s	1.06 m	0.13 s	0.22 m	0.09 s	0.15 m		
TOTAL			00:21.77		00:21.29		00:21.46		00:21.76		00:21.53		00:22.66		00:23.75				
MOUVEMENTS	COUPS DE BRAS	0-50m		32		33		33		32		33		35		38			
		50-100m		38		38		40		37		39		42		45			
		TOTAL		70		71		73		69		72		77		83			
	FREQUENCE TEMPO	0-25m		49.2	1.2	49.0	1.2	48.2	1.2	45.4	1.3	46.6	1.3	49.2	1.2	49.9	1.2		
		25-50m		45.1	1.3	46.7	1.3	45.5	1.3	44.3	1.4	46.8	1.3	46.4	1.3	48.1	1.3		
		50-75m		46.4	1.3	46.4	1.3	47.2	1.3	43.9	1.4	46.2	1.3	46.6	1.3	47.6	1.3		
		75-100m		47.4	1.3	47.4	1.3	48.0	1.3	44.3	1.4	47.6	1.3	45.9	1.3	46.7	1.3		
		MOYENNE		47.0	1.3	47.4	1.3	47.2	1.3	44.5	1.4	46.8	1.3	47.0	1.3	48.1	1.3		
	AMPLITUDE DE NAGE	0-25m		2.12		2.04		1.99		2.24		2.11		2.05		1.97			
		25-50m		2.16		2.07		2.11		2.19		2.04		2.07		1.98			
		50-75m		2.10		2.05		2.08		2.22		2.05		2.00		1.94			
		75-100m		1.98		1.92		1.93		2.01		1.86		1.93		1.90			
		MOYENNE		2.09		2.02		2.03		2.17		2.02		2.01		1.95			

Nageur		Emma TEREBO		Pauline MAHIEU		Lou-Anne GUITON		Anaïs PODEVIN		Manon DOMINGEON		Bertille COUSSON		Aëla JANVIER		Claire BOURSE		
Temps		02:08.53		02:09.28 +00.75		02:12.15 +03.62		02:12.36 +03.83		02:12.66 +04.13		02:13.43 +04.90		02:15.23 +06.70		02:17.75 +09.22		
RÉCAP	Tps de nage	1:48.77	148 CB	1:49.81	137 CB	1:54.83	159 CB	1:57.34	153 CB	1:50.09	145 CB	1:56.28	152 CB	1:52.03	148 CB	2:01.20	167 CB	
	Tps/Dist Coulées Nombre de CB	0:19.76	39.8 m	0:19.47	41.0 m	0:17.32	35.1 m	0:15.02	31.7 m	0:22.57	43.8 m	0:17.15	34.4 m	0:23.20	44.8 m	0:16.55	33.6 m	
LAPS	50m	00:29.71	-	00:30.15	-	00:31.85	-	00:31.19	-	00:31.04	-	00:30.79	-	00:30.79	-	00:31.70	-	
	100m	01:01.96	00:32.25	01:02.43	00:32.28	01:05.23	00:33.38	01:05.11	00:33.92	01:04.52	00:33.48	01:04.28	00:33.49	01:04.06	00:33.27	01:06.39	00:34.69	
	150m	01:35.47	00:33.51	01:35.85	00:33.42	01:38.71	00:33.48	01:38.56	00:33.45	01:38.41	00:33.89	01:38.65	00:34.37	01:39.35	00:35.29	01:42.53	00:36.14	
	200m	02:08.53	00:33.06	02:09.28	00:33.43	02:12.15	00:33.44	02:12.36	00:33.80	02:12.66	00:34.25	02:13.43	00:34.78	02:15.23	00:35.88	02:17.75	00:35.22	
PARTIES NAGEES	15-25m 25-45m	5.93 s	12.73 s	6.14 s	13.08 s	6.41 s	13.35 s	6.36 s	13.31 s	6.41 s	13.28 s	6.23 s	12.99 s	6.28 s	13.04 s	6.41 s	13.29 s	
	65-75m 75-95m	6.41 s	13.52 s	6.58 s	13.63 s	6.78 s	13.86 s	6.89 s	14.26 s	6.81 s	14.21 s	6.69 s	13.93 s	6.72 s	13.83 s	7.10 s	14.40 s	
	115-125m 125-145m	6.66 s	13.99 s	6.75 s	14.45 s	6.80 s	13.80 s	6.79 s	14.00 s	7.02 s	14.35 s	7.03 s	14.17 s	7.08 s	14.91 s	7.32 s	15.18 s	
	165-175m 175-195m	6.74 s	14.07 s	6.94 s	14.49 s	6.76 s	13.99 s	6.87 s	14.43 s	7.17 s	14.70 s	7.11 s	14.67 s	7.42 s	15.25 s	7.23 s	14.80 s	
	Moyenne	6.44 s	13.58 s	6.60 s	13.91 s	6.69 s	13.75 s	6.73 s	14.00 s	6.85 s	14.14 s	6.77 s	13.94 s	6.88 s	14.26 s	7.02 s	14.42 s	
	TOTAL	01:20.05		01:22.06		01:21.75		01:22.91		01:23.95		01:22.82		01:24.53		01:25.73		
PARTIES NON NAGEES	START	Temps sur le plot	0.62 s	0.61 s	0.60 s	0.63 s	0.66 s	0.59 s	0.67 s	0.66 s		0.67 s		0.66 s				
		Sortie de coulée	12.34 m	13.96 m	11.90 m	11.41 m	12.99 m	12.00 m	13.58 m	12.28 m								
			5.56 s	2.22 m/s	6.25 s	2.23 m/s	6.00 s	1.98 m/s	5.32 s	2.14 m/s	6.00 s	2.17 m/s	5.70 s	2.11 m/s	6.41 s	2.12 m/s	5.83 s	2.11 m/s
	VIRAGE 1	5m avant	3.37 s	3.46 s	3.67 s	3.58 s	3.52 s	3.63 s	3.57 s	3.90 s								
		Sortie de coulée	9.74 m	9.27 m	8.64 m	7.47 m	11.09 m	7.96 m	11.05 m	7.65 m								
			4.97 s	1.96 m/s	4.56 s	2.03 m/s	4.34 s	1.99 m/s	3.59 s	2.08 m/s	6.00 s	1.85 m/s	4.30 s	1.85 m/s	5.86 s	1.89 m/s	3.81 s	2.01 m/s
	VIRAGE 2	Temps aux 15m	8.66 s	8.56 s	8.97 s	9.00 s	8.81 s	8.98 s	8.65 s	9.26 s								
		5m avant	3.66 s	3.51 s	3.77 s	3.77 s	3.65 s	3.89 s	4.07 s	3.93 s								
		Sortie de coulée	9.07 m	9.32 m	7.71 m	6.67 m	10.68 m	7.45 m	9.82 m	7.89 m								
	VIRAGE 3		4.78 s	1.90 m/s	4.64 s	2.01 m/s	3.74 s	2.06 m/s	3.19 s	2.09 m/s	5.78 s	1.85 m/s	3.74 s	1.99 m/s	5.20 s	1.89 m/s	4.04 s	1.95 m/s
		Temps aux 15m	9.18 s	8.67 s	9.07 s	9.13 s	8.92 s	9.32 s	9.19 s	9.41 s								
		5m avant	3.68 s	3.55 s	3.81 s	3.53 s	3.60 s	3.85 s	4.11 s	4.23 s								
	FIN	Sortie de coulée	8.66 m	8.43 m	6.80 m	6.10 m	9.08 m	7.00 m	10.35 m	5.77 m								
			4.45 s	1.95 m/s	4.02 s	2.10 m/s	3.24 s	2.10 m/s	2.92 s	2.09 m/s	4.79 s	1.90 m/s	3.41 s	2.05 m/s	5.73 s	1.81 m/s	2.87 s	2.01 m/s
		Temps aux 15m	9.09 s	8.88 s	9.31 s	9.15 s	9.14 s	9.36 s	9.43 s	9.60 s								
	TOTAL	5m avant	3.16 s	3.12 s	3.38 s	3.35 s	3.24 s	3.64 s	3.78 s	3.59 s								
		Approche mur	0.22 s	0.35 m	0.27 s	0.43 m	0.76 s	1.12 m	0.11 s	0.16 m	0.18 s	0.28 m	0.07 s	0.10 m	0.43 s	0.57 m	0.50 s	0.70 m
	TOTAL		00:48.48		00:47.22		00:50.40		00:49.45		00:48.71		00:50.61		00:50.70		00:52.02	



200m



Dos



Nageur			Emma TEREBO	Pauline MAHIEU	Lou-Anne GUITON	Anaïs PODEVIN	Manon DOMINGEON	Bertille COUSSON	Aëla JANVIER	Claire BOURSE
Temps			02:08.53	02:09.28 +00.75	02:12.15 +03.62	02:12.36 +03.83	02:12.66 +04.13	02:13.43 +04.90	02:15.23 +06.70	02:17.75 +09.22
MOUVEMENTS	COUPS DE BRAS	0-50m	33	30	35	33	34	34	32	36
		50-100m	36	34	39	38	35	37	36	41
		100-150m	38	34	41	39	36	39	39	43
		150-200m	41	39	44	43	40	42	41	47
		TOTAL	148	137	159	153	145	152	148	167
	FREQUENCE TEMPO	0-25m	44.9 1.3	40.7 1.5	43.6 1.4	41.1 1.5	43.8 1.4	43.7 1.4	42.8 1.4	45.2 1.3
		25-50m	43.2 1.4	39.1 1.5	42.6 1.4	39.7 1.5	42.0 1.4	41.9 1.4	41.5 1.4	42.4 1.4
		50-75m	41.8 1.4	37.3 1.6	41.7 1.4	37.5 1.6	39.6 1.5	39.3 1.5	40.4 1.5	39.4 1.5
		75-100m	40.0 1.5	37.3 1.6	41.0 1.5	37.8 1.6	38.2 1.6	38.3 1.6	39.7 1.5	40.3 1.5
		100-125m	40.7 1.5	37.2 1.6	42.4 1.4	39.7 1.5	38.5 1.6	39.4 1.5	39.9 1.5	42.3 1.4
		125-150m	41.0 1.5	36.1 1.7	42.7 1.4	39.5 1.5	38.9 1.5	39.1 1.5	39.8 1.5	40.7 1.5
		150-175m	42.3 1.4	39.5 1.5	44.1 1.4	40.5 1.5	39.5 1.5	39.3 1.5	40.3 1.5	43.7 1.4
		175-200m	42.2 1.4	39.2 1.5	43.6 1.4	41.7 1.4	38.9 1.5	38.3 1.6	39.9 1.5	43.1 1.4
	MOYENNE	42.0 1.4	38.3 1.6	42.7 1.4	39.7 1.5	39.9 1.5	39.9 1.5	40.5 1.5	42.1 1.4	
	AMPLITUDE DE NAGE	0-25m	2.25	2.40	2.15	2.30	2.14	2.20	2.23	2.07
		25-50m	2.18	2.35	2.11	2.27	2.15	2.21	2.22	2.13
		50-75m	2.24	2.45	2.12	2.32	2.22	2.28	2.21	2.14
		75-100m	2.22	2.36	2.11	2.22	2.21	2.25	2.18	2.07
		100-125m	2.21	2.39	2.08	2.22	2.22	2.17	2.13	1.94
		125-150m	2.09	2.30	2.04	2.17	2.15	2.17	2.02	1.94
		150-175m	2.10	2.19	2.02	2.15	2.12	2.15	2.01	1.90
		175-200m	2.02	2.11	1.97	2.00	2.10	2.13	1.97	1.88
	MOYENNE	2.16	2.32	2.08	2.21	2.16	2.20	2.12	2.01	

Compétition			Cyrielle DUHAMEL	Chloé BRAUN	Lucie VASQUEZ	Adèle BLANCHETIERE	Lilou GIRARDET	Zia DUPONT	Camille TISSANDIE	
Temps			00:31.75	00:31.89 +00.14	00:32.04 +00.29	00:32.34 +00.59	00:32.54 +00.79	00:32.54 +00.79	00:33.05 +01.30	
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:26.82 23 CB	0:27.44 27 CB	0:27.04 26 CB	0:26.80 26 CB	0:28.14 26 CB	0:27.50 27 CB	0:28.25 28 CB	
			0:04.93 10.9 m	0:04.45 10.2 m	0:05.00 11.3 m	0:05.54 12.2 m	0:04.40 10.0 m	0:05.04 10.8 m	0:04.80 10.7 m	
LAPS	25m		00:14.73 -	00:14.69 -	00:14.74 -	00:14.87 -	00:14.73 -	00:15.10 -	00:15.10 -	
	50m		00:31.75 00:17.02	00:31.89 00:17.20	00:32.04 00:17.30	00:32.34 00:17.47	00:32.54 00:17.81	00:32.54 00:17.44	00:33.05 00:17.95	
PARTIES NAGEES	15-25m		6.66 s	6.72 s	6.72 s	6.92 s	6.80 s	6.82 s	7.09 s	
	25-45m		13.85 s	13.87 s	14.08 s	14.37 s	14.33 s	14.08 s	14.57 s	
	TOTAL		00:20.51	00:20.59	00:20.80	00:21.29	00:21.13	00:20.90	00:21.66	
PARTIES NON NAGEES	START	Temps sur le plot	0.70 s	0.59 s	0.73 s	0.72 s	0.61 s	0.61 s	0.68 s	
		Sortie de coulée	10.89 m	10.18 m	11.26 m	12.17 m	9.99 m	10.80 m	10.69 m	
			4.93 s 2.21 m/s	4.45 s 2.29 m/s	5.00 s 2.25 m/s	5.54 s 2.20 m/s	4.40 s 2.27 m/s	5.04 s 2.14 m/s	4.80 s 2.23 m/s	
	FIN	Temps aux 15m	8.07 s	7.97 s	8.02 s	7.95 s	7.93 s	8.28 s	8.01 s	
		5m avant	3.17 s	3.33 s	3.22 s	3.10 s	3.48 s	3.36 s	3.38 s	
		Approche mur	1.19 s 1.89 m	1.04 s 1.56 m	0.83 s 1.29 m	0.22 s 0.35 m	1.01 s 1.45 m	0.45 s 0.67 m	0.50 s 0.74 m	
	TOTAL		00:11.24	00:11.30	00:11.24	00:11.05	00:11.41	00:11.64	00:11.39	
MOUVEMENTS	COUPS DE BRAS	0-50m	23	27	26	26	26	27	28	
		TOTAL	23	27	26	26	26	27	28	
	FREQUENCE TEMPO	0-25m	54.3 1.1	61.6 1.0	59.5 1.0	57.9 1.0	58.6 1.0	60.1 1.0	61.1 1.0	
		25-50m	52.8 1.1	61.1 1.0	60.1 1.0	58.7 1.0	56.6 1.1	59.4 1.0	60.0 1.0	
		MOYENNE	53.5 1.1	61.4 1.0	59.8 1.0	58.3 1.0	57.6 1.0	59.7 1.0	60.5 1.0	
	AMPLITUDE DE NAGE	0-25m	1.66	1.45	1.50	1.50	1.50	1.46	1.38	
		25-50m	1.64	1.42	1.42	1.42	1.48	1.44	1.37	
		MOYENNE	1.65	1.44	1.46	1.46	1.49	1.45	1.38	

Compétition			Charlotte BONNET		Lucie VASQUEZ		Adèle BLANCHETIERE		Chloé BRAUN		Louann SOULARD		Anastasia URBANIAK		Romane HERENG				
Temps			01:07.48		01:08.83 +01.35		01:09.27 +01.79		01:10.01 +02.53		01:10.70 +03.22		01:10.96 +03.48		01:11.66 +04.18				
RÉCAP	Tps de nage Tps/Dist Coulées Nombre de CB		0:55.08	48 CB	0:57.53	51 CB	0:58.13	46 CB	0:59.92	51 CB	1:00.96	50 CB	0:58.58	46 CB	1:00.92	52 CB			
	0:12.40	24.2 m	0:11.30	21.1 m	0:11.14	20.9 m	0:10.09	19.1 m	0:09.74	18.3 m	0:12.38	23.2 m	0:10.74	19.3 m					
LAPS	50m		00:31.29	-	00:32.03	-	00:32.82	-	00:32.44	-	00:32.90	-	00:32.86	-	00:33.32	-			
	100m		01:07.48	00:36.19	01:08.83	00:36.80	01:09.27	00:36.45	01:10.01	00:37.57	01:10.70	00:37.80	01:10.96	00:38.10	01:11.66	00:38.34			
PARTIES NAGEES	15-25m 25-45m		6.80 s	14.05 s	6.73 s	14.02 s	6.94 s	14.38 s	6.69 s	14.02 s	6.88 s	14.30 s	7.26 s	14.73 s	6.99 s	14.46 s			
	65-75m 75-95m		7.36 s	15.34 s	7.31 s	15.47 s	7.50 s	15.37 s	7.53 s	15.86 s	7.59 s	15.89 s	7.66 s	16.15 s	7.49 s	16.27 s			
	Moyenne		7.08 s	14.70 s	7.02 s	14.75 s	7.22 s	14.88 s	7.11 s	14.94 s	7.24 s	15.10 s	7.46 s	15.44 s	7.24 s	15.37 s			
	TOTAL		00:43.55		00:43.53		00:44.19		00:44.10		00:44.66		00:45.80		00:45.21				
PARTIES NON NAGEES	START	Temps sur le plot		0.69 s		0.71 s		0.70 s		0.61 s		0.69 s		0.64 s		0.64 s			
		Sortie de coulée		13.85 m		11.99 m		12.10 m		10.77 m		10.35 m		12.88 m		10.56 m			
		5.82 s	2.38 m/s	5.40 s	2.22 m/s	5.52 s	2.19 m/s	4.97 s	2.17 m/s	4.57 s	2.26 m/s	5.59 s	2.30 m/s	4.83 s	2.19 m/s				
	VIRAGE 1	Temps aux 15m		7.30 s		8.03 s		8.03 s		8.29 s		8.09 s		7.56 s		8.38 s			
		5m avant		3.14 s		3.25 s		3.47 s		3.44 s		3.63 s		3.31 s		3.49 s			
		Sortie de coulée		10.31 m		9.07 m		8.80 m		8.35 m		7.95 m		10.27 m		8.74 m			
	6.58 s		1.57 m/s	5.90 s	1.54 m/s	5.62 s	1.57 m/s	5.12 s	1.63 m/s	5.17 s	1.54 m/s	6.79 s	1.51 m/s	5.91 s	1.48 m/s				
	Temps aux 15m		10.09 s		10.34 s		10.32 s		10.53 s		10.59 s		10.64 s		10.99 s				
	FIN	5m avant		3.40 s		3.68 s		3.26 s		3.65 s		3.73 s		3.65 s		3.59 s			
		Approche mur		1.17 s	1.74 m	1.08 s	1.47 m	0.85 s	1.30 m	1.37 s	1.88 m	0.25 s	0.34 m	0.85 s	1.16 m	0.37 s	0.52 m		
TOTAL			00:23.93		00:25.30		00:25.08		00:25.91		00:26.04		00:25.16		00:26.45				
MOUVEMENTS	COUPS DE BRAS	0-50m		22		24		21		23		22		21		24			
		50-100m		26		27		25		28		28		25		28			
		TOTAL		48		51		46		51		50		46		52			
	FREQUENCE TEMPO	0-25m		53.3	1.1	55.5	1.1	46.8	1.3	53.6	1.1	50.6	1.2	48.8	1.2	53.7	1.1		
		25-50m		53.1	1.1	55.0	1.1	48.2	1.3	52.4	1.2	47.5	1.3	47.4	1.3	52.3	1.2		
		50-75m		52.7	1.1	52.1	1.2	48.1	1.3	52.3	1.2	49.4	1.2	46.8	1.3	49.7	1.2		
		75-100m		53.1	1.1	52.9	1.1	47.8	1.3	52.4	1.2	50.3	1.2	46.7	1.3	50.5	1.2		
		MOYENNE		53.1	1.1	53.9	1.1	47.7	1.3	52.7	1.1	49.5	1.2	47.4	1.3	51.5	1.2		
	AMPLITUDE DE NAGE	0-25m		1.66		1.61		1.85		1.67		1.72		1.69		1.60			
		25-50m		1.61		1.56		1.73		1.63		1.77		1.72		1.59			
		50-75m		1.55		1.58		1.66		1.52		1.60		1.67		1.61			
		75-100m		1.47		1.47		1.63		1.44		1.50		1.59		1.46			
		MOYENNE		1.57		1.56		1.72		1.57		1.65		1.67		1.57			



200m



Brasse



Nageur		Zia DUPONT		Adèle BLANCHETIERE		Lucie VASQUEZ		Louann SOULARD		Justine BROC		Azelis RIPOCHE		Lola SASSELLI		Melina GIRAUDEAU	
Temps		02:28.12		02:29.43 +01.31		02:29.57 +01.45		02:33.92 +05.80		02:34.95 +06.83		02:35.08 +06.96		02:35.20 +07.08		02:36.13 +08.01	
RÉCAP	Tps de nage	2:06.34	81 CB	2:06.29	76 CB	2:07.28	91 CB	2:13.65	91 CB	2:11.11	95 CB	2:14.18	90 CB	2:11.37	81 CB	2:12.21	78 CB
	Tps/Dist Coulées Nombre de CB	0:21.78	35.2 m	0:23.14	39.3 m	0:22.29	37.0 m	0:20.27	32.6 m	0:23.84	37.7 m	0:20.90	32.7 m	0:23.83	38.2 m	0:23.92	38.5 m
LAPS	50m	00:34.02	-	00:34.24	-	00:33.52	-	00:34.25	-	00:34.36	-	00:34.52	-	00:35.06	-	00:34.54	-
	100m	01:12.10	00:38.08	01:12.90	00:38.66	01:10.94	00:37.42	01:13.40	00:39.15	01:12.83	00:38.47	01:14.06	00:39.54	01:14.61	00:39.55	01:13.36	00:38.82
	150m	01:50.35	00:38.25	01:51.68	00:38.78	01:49.49	00:38.55	01:52.98	00:39.58	01:53.32	00:40.49	01:54.07	00:40.01	01:54.87	00:40.26	01:53.71	00:40.35
	200m	02:28.12	00:37.77	02:29.43	00:37.75	02:29.57	00:40.08	02:33.92	00:40.94	02:34.95	00:41.63	02:35.08	00:41.01	02:35.20	00:40.33	02:36.13	00:42.42
PARTIES NAGEES	15-25m 25-45m	7.29 s	14.92 s	7.35 s	15.21 s	6.89 s	14.61 s	7.12 s	14.83 s	7.25 s	14.76 s	7.34 s	15.01 s	7.54 s	15.55 s	7.45 s	15.20 s
	65-75m 75-95m	7.44 s	15.77 s	7.88 s	16.47 s	7.48 s	15.58 s	7.68 s	16.29 s	7.85 s	16.04 s	7.81 s	16.58 s	7.91 s	16.61 s	7.76 s	15.95 s
	115-125m 125-145m	7.60 s	15.90 s	7.79 s	16.01 s	7.83 s	16.09 s	7.70 s	16.44 s	8.09 s	16.43 s	8.06 s	16.59 s	8.17 s	16.67 s	8.25 s	16.34 s
	165-175m 175-195m	7.67 s	15.40 s	7.69 s	15.78 s	8.00 s	16.62 s	8.24 s	17.11 s	8.44 s	17.23 s	8.19 s	16.94 s	8.43 s	16.89 s	8.59 s	17.88 s
	Moyenne	7.50 s	15.50 s	7.68 s	15.87 s	7.55 s	15.73 s	7.68 s	16.17 s	7.91 s	16.12 s	7.85 s	16.28 s	8.01 s	16.43 s	8.01 s	16.34 s
	TOTAL	01:31.99		01:34.18		01:33.10		01:35.41		01:36.09		01:36.52		01:37.77		01:37.42	
PARTIES NON NAGEES	START	Temps sur le plot	0.76 s	0.75 s	0.71 s	0.80 s	0.70 s	0.68 s	0.79 s	0.62 s							
		Sortie de coulée	11.41 m	13.61 m	11.92 m	9.85 m	11.06 m	9.55 m	11.79 m	11.81 m							
		5.30 s 2.15 m/s	6.36 s 2.14 m/s	5.54 s 2.15 m/s	4.42 s 2.23 m/s	5.40 s 2.05 m/s	4.54 s 2.10 m/s	5.50 s 2.14 m/s	5.71 s 2.07 m/s								
	VIRAGE 1	5m avant	3.53 s	3.59 s	3.74 s	3.86 s	3.74 s	3.66 s	3.69 s	3.42 s							
		Sortie de coulée	8.07 m	9.58 m	8.95 m	8.29 m	9.13 m	7.83 m	9.15 m	9.46 m							
		5.73 s 1.41 m/s	6.30 s 1.52 m/s	5.88 s 1.52 m/s	5.47 s 1.52 m/s	5.98 s 1.53 m/s	5.36 s 1.46 m/s	6.24 s 1.47 m/s	6.33 s 1.49 m/s								
	VIRAGE 2	5m avant	3.66 s	3.64 s	3.76 s	4.22 s	3.76 s	4.02 s	3.96 s	4.13 s							
		Sortie de coulée	7.97 m	8.29 m	8.53 m	7.78 m	8.79 m	7.87 m	8.62 m	9.03 m							
		5.42 s 1.47 m/s	5.56 s 1.49 m/s	5.75 s 1.48 m/s	5.35 s 1.45 m/s	6.19 s 1.42 m/s	5.64 s 1.40 m/s	6.06 s 1.42 m/s	6.20 s 1.46 m/s								
	VIRAGE 3	5m avant	3.64 s	4.02 s	3.85 s	4.06 s	4.33 s	3.88 s	4.00 s	4.34 s							
		Sortie de coulée	7.74 m	7.81 m	7.63 m	6.72 m	8.67 m	7.44 m	8.64 m	8.23 m							
		5.33 s 1.45 m/s	4.92 s 1.59 m/s	5.12 s 1.49 m/s	5.03 s 1.34 m/s	6.27 s 1.38 m/s	5.36 s 1.39 m/s	6.03 s 1.43 m/s	5.68 s 1.45 m/s								
	FIN	5m avant	3.49 s	3.69 s	4.30 s	4.13 s	4.02 s	4.00 s	3.62 s	4.24 s							
		Approche mur	0.29 s 0.42 m	0.83 s 1.12 m	1.40 s 1.63 m	1.25 s 1.51 m	0.96 s 1.19 m	1.11 s 1.39 m	1.30 s 1.80 m	1.67 s 1.97 m							
		TOTAL	00:56.13	00:55.25	00:56.47	00:58.51	00:58.86	00:58.56	00:57.43	00:58.71							



200m



Brasse



Nageur	Zia DUPONT	Adèle BLANCHETIERE	Lucie VASQUEZ	Louann SOULARD	Justine BROC	Azelis RIPOCHE	Lola SASSELLI	Melina GIRAUDEAU
Temps	02:28.12	02:29.43 +01.31	02:29.57 +01.45	02:33.92 +05.80	02:34.95 +06.83	02:35.08 +06.96	02:35.20 +07.08	02:36.13 +08.01

MOUVEMENTS	COUPS DE BRAS	0-50m	17	16	20	19	21	21	18	18
		50-100m	18	18	22	22	23	21	20	19
		100-150m	19	19	23	23	25	21	21	20
		150-200m	27	23	26	27	26	27	22	21
		TOTAL	81	76	91	91	95	90	81	78
	FREQUENCE TEMPO	0-25m	35.2 1.7	35.0 1.7	44.7 1.3	42.4 1.4	47.0 1.3	45.8 1.3	38.9 1.5	39.9 1.5
		25-50m	35.2 1.7	34.2 1.8	43.4 1.4	38.5 1.6	45.1 1.3	42.5 1.4	37.7 1.6	36.9 1.6
		50-75m	32.9 1.8	33.2 1.8	40.2 1.5	38.0 1.6	44.0 1.4	39.3 1.5	35.0 1.7	33.9 1.8
		75-100m	32.6 1.8	32.4 1.9	40.4 1.5	38.1 1.6	41.8 1.4	34.5 1.7	35.3 1.7	32.8 1.8
		100-125m	35.7 1.7	34.6 1.7	42.9 1.4	41.7 1.4	43.6 1.4	37.5 1.6	37.3 1.6	34.7 1.7
		125-150m	34.2 1.8	34.5 1.7	42.9 1.4	40.9 1.5	42.6 1.4	35.6 1.7	37.0 1.6	33.1 1.8
		150-175m	48.1 1.3	40.1 1.5	46.6 1.3	44.6 1.4	43.1 1.4	44.4 1.4	38.2 1.6	33.8 1.8
		175-200m	52.4 1.2	42.4 1.4	44.9 1.3	44.9 1.3	43.1 1.4	46.8 1.3	38.4 1.6	33.8 1.8
		MOYENNE	38.3 1.6	35.8 1.7	43.2 1.4	41.1 1.5	43.8 1.4	40.8 1.5	37.2 1.6	34.9 1.7
	AMPLITUDE DE NAGE	0-25m	2.34	2.34	1.95	1.99	1.76	1.78	2.05	2.02
		25-50m	2.28	2.30	1.89	2.10	1.80	1.88	2.05	2.14
		50-75m	2.46	2.29	2.00	2.05	1.74	1.96	2.17	2.28
		75-100m	2.34	2.25	1.91	1.94	1.79	2.10	2.05	2.29
		100-125m	2.21	2.23	1.79	1.87	1.70	1.99	1.97	2.09
		125-150m	2.20	2.17	1.74	1.79	1.71	2.03	1.94	2.22
		150-175m	1.63	1.95	1.61	1.63	1.65	1.65	1.87	2.07
		175-200m	1.49	1.79	1.61	1.56	1.62	1.51	1.85	1.98
		MOYENNE	2.12	2.17	1.81	1.87	1.72	1.86	1.99	2.14

Nageur		Charlotte BONNET		Cyrielle DUHAMEL		Bertille COUSSON		Giulia ROSSI-BENE		Lara GRANGEON-DE VILLELE		Aëla JANVIER		Lucie VASQUEZ			
Temps		02:11.18		02:13.43 +02.25		02:15.06 +03.88		02:15.42 +04.24		02:16.50 +05.32		02:16.56 +05.38		02:19.86 +08.68			
RÉCAP	Tps de nage	1:48.29	121 CB	1:55.55	128 CB	1:57.31	126 CB	1:57.19	120 CB	1:59.04	130 CB	1:56.34	124 CB	2:01.60	132 CB		
	Tps/Dist Couléés Nombre de CB	0:22.89	42.8 m	0:17.88	33.6 m	0:17.75	33.2 m	0:18.23	34.3 m	0:17.46	33.0 m	0:20.22	37.8 m	0:18.26	32.6 m		
LAPS	50m	00:27.56	-	00:28.62	-	00:28.27	-	00:29.09	-	00:28.62	-	00:29.16	-	00:29.16	-		
	100m	01:01.29	00:33.73	01:03.14	00:34.52	01:01.58	00:33.31	01:05.16	00:36.07	01:03.74	00:35.12	01:03.03	00:33.87	01:05.49	00:36.33		
	150m	01:39.38	00:38.09	01:41.43	00:38.29	01:42.53	00:40.95	01:45.23	00:40.07	01:43.63	00:39.89	01:44.16	00:41.13	01:44.80	00:39.31		
	200m	02:11.18	00:31.80	02:13.43	00:32.00	02:15.06	00:32.53	02:15.42	00:30.19	02:16.50	00:32.87	02:16.56	00:32.40	02:19.86	00:35.06		
PARTIES NAGEES	15-25m 25-45m	5.83 s	12.14 s	5.98 s	12.63 s	5.93 s	12.46 s	6.04 s	12.50 s	5.85 s	12.18 s	6.06 s	12.56 s	5.94 s	12.94 s		
	65-75m 75-95m	6.83 s	14.30 s	6.80 s	14.37 s	6.74 s	13.65 s	7.28 s	15.13 s	7.00 s	14.62 s	6.53 s	13.61 s	7.00 s	15.44 s		
	115-125m 125-145m	7.84 s	16.00 s	7.84 s	16.97 s	8.56 s	17.23 s	7.83 s	16.15 s	8.32 s	16.55 s	8.62 s	17.45 s	7.63 s	16.40 s		
	165-175m 175-195m	6.49 s	13.15 s	6.35 s	13.30 s	6.87 s	13.35 s	6.25 s	12.81 s	6.76 s	13.56 s	6.57 s	13.45 s	6.95 s	14.46 s		
	Moyenne	6.75 s	13.90 s	6.74 s	14.32 s	7.03 s	14.17 s	6.85 s	14.15 s	6.98 s	14.23 s	6.94 s	14.27 s	6.88 s	14.81 s		
	TOTAL	01:22.58		01:24.24		01:24.79		01:23.99		01:24.84		01:24.85		01:26.76			
PARTIES NON NAGEES	START	Temps sur le plot	0.68 s	0.69 s	0.67 s	0.69 s	0.67 s	0.69 s	0.67 s	0.73 s	0.70 s						
		Sortie de coulée	13.33 m	11.36 m	11.38 m	11.74 m	10.84 m	13.16 m	10.36 m								
			4.96 s	2.69 m/s	4.50 s	2.52 m/s	4.49 s	2.53 m/s	4.77 s	2.46 m/s	4.22 s	2.57 m/s	5.32 s	2.47 m/s	3.93 s	2.64 m/s	
	VIRAGE 1	Temps aux 15m	6.66 s	7.18 s	7.01 s	7.28 s	7.21 s	7.17 s	7.14 s								
		5m avant	2.93 s	2.83 s	2.87 s	3.27 s	3.38 s	3.37 s	3.14 s								
		Sortie de coulée	13.23 m	7.69 m	8.07 m	9.76 m	7.48 m	9.74 m	9.42 m								
	VIRAGE 2		8.14 s	1.63 m/s	4.66 s	1.65 m/s	4.75 s	1.70 m/s	6.54 s	1.49 m/s	4.23 s	1.77 m/s	5.96 s	1.63 m/s	6.13 s	1.54 m/s	
		Temps aux 15m	9.37 s	9.88 s	9.63 s	10.19 s	9.79 s	9.67 s	10.10 s								
		5m avant	3.23 s	3.47 s	3.29 s	3.47 s	3.71 s	4.06 s	3.79 s								
	VIRAGE 3	Sortie de coulée	9.75 m	7.62 m	8.28 m	7.77 m	8.91 m	8.44 m	7.93 m								
			6.23 s	1.57 m/s	4.92 s	1.55 m/s	5.34 s	1.55 m/s	4.98 s	1.56 m/s	5.62 s	1.59 m/s	5.13 s	1.65 m/s	5.14 s	1.54 m/s	
		Temps aux 15m	10.61 s	10.95 s	11.21 s	11.08 s	10.69 s	10.65 s	11.21 s								
	FIN	5m avant	3.64 s	2.53 s	3.95 s	5.01 s	4.33 s	4.41 s	4.07 s								
		Sortie de coulée	6.46 m	6.92 m	5.51 m	5.05 m	5.76 m	6.41 m	4.84 m								
			3.56 s	1.81 m/s	3.80 s	1.82 m/s	3.17 s	1.74 m/s	1.94 s	2.60 m/s	3.39 s	1.70 m/s	3.81 s	1.68 m/s	3.06 s	1.58 m/s	
	FIN	Temps aux 15m	9.49 s	9.53 s	9.46 s	8.33 s	9.58 s	9.37 s	10.41 s								
		5m avant	2.67 s	2.82 s	2.85 s	2.80 s	2.97 s	3.01 s	3.24 s								
		Approche mur	0.46 s	0.86 m	0.21 s	0.37 m	0.51 s	0.89 m	0.40 s	0.71 m	0.43 s	0.72 m	0.31 s	0.51 m	0.47 s	0.73 m	
	TOTAL		00:48.60	00:49.19	00:50.27	00:51.43	00:51.66	00:51.71	00:53.10								



200m



4 Nages



Nageur	Charlotte BONNET	Cyrielle DUHAMEL	Bertille COUSSON	Giulia ROSSI-BENE	Lara GRANGEON-DE VILLELE	Aëla JANVIER	Lucie VASQUEZ	
Temps	02:11.18	02:13.43 +02.25	02:15.06 +03.88	02:15.42 +04.24	02:16.50 +05.32	02:16.56 +05.38	02:19.86 +08.68	

MOUVEMENTS	COUPS DE BRAS	0-50m	21	21	22	19	21	21	23	
		50-100m	36	41	39	37	41	38	40	
		100-150m	22	23	22	23	24	21	24	
		150-200m	42	43	43	41	44	44	45	
		TOTAL	121	128	126	120	130	124	132	
	FREQUENCE TEMPO	0-25m	56.8 1.1	56.1 1.1	57.8 1.0	48.9 1.2	55.1 1.1	55.4 1.1	57.7 1.0	
		25-50m	55.6 1.1	52.5 1.1	56.8 1.1	48.7 1.2	52.1 1.2	53.1 1.1	54.3 1.1	
		50-75m	41.3 1.5	42.6 1.4	40.2 1.5	37.2 1.6	41.6 1.4	42.4 1.4	39.6 1.5	
		75-100m	41.7 1.4	41.3 1.5	40.3 1.5	37.3 1.6	37.8 1.6	41.6 1.4	39.3 1.5	
		100-125m	41.9 1.4	40.6 1.5	36.6 1.6	38.6 1.6	40.7 1.5	35.0 1.7	42.8 1.4	
		125-150m	42.8 1.4	39.7 1.5	35.4 1.7	40.2 1.5	42.2 1.4	34.0 1.8	40.9 1.5	
		150-175m	43.6 1.4	45.2 1.3	43.1 1.4	43.6 1.4	45.3 1.3	47.0 1.3	41.7 1.4	
		175-200m	45.4 1.3	45.2 1.3	44.3 1.4	43.3 1.4	43.0 1.4	45.3 1.3	41.8 1.4	
		MOYENNE	46.1 1.3	45.4 1.3	44.3 1.4	42.2 1.4	44.7 1.4	44.2 1.4	44.8 1.4	
	AMPLITUDE DE NAGE	0-25m	1.81	1.79	1.75	2.03	1.86	1.79	1.75	
		25-50m	1.78	1.81	1.70	1.97	1.89	1.80	1.71	
		50-75m	2.13	2.07	2.21	2.22	2.06	2.17	2.16	
		75-100m	2.01	2.02	2.18	2.13	2.17	2.12	1.98	
		100-125m	1.83	1.88	1.91	1.99	1.77	1.99	1.84	
		125-150m	1.75	1.78	1.97	1.85	1.72	2.02	1.79	
		150-175m	2.12	2.09	2.02	2.20	1.96	1.94	2.07	
		175-200m	2.01	2.00	2.03	2.16	2.06	1.97	1.99	
		MOYENNE	1.93	1.93	1.97	2.07	1.94	1.98	1.91	

Nageur		Cyrielle DUHAMEL		Camille TISSANDIE		Clara MOUGENOT		Léa MUSSER					
Temps		04:40.96		04:49.21 +08.25		04:53.00 +12.04		04:59.73 +18.77					
RÉCAP	Tps de nage	4:08.53	256 CB	4:16.17	254 CB	4:19.11	281 CB	4:26.05	249 CB				
	Tps/Dist Coulées Nombre de CB	0:32.43	58.3 m	0:33.04	57.5 m	0:33.89	56.0 m	0:33.68	58.5 m				
LAPS	50m	00:29.68	-	00:30.19	-	00:30.50	-	00:30.45	-				
	100m	01:03.54	00:33.86	01:05.21	00:35.02	01:04.98	00:34.48	01:05.41	00:34.96				
	150m	01:39.85	00:36.31	01:43.42	00:38.21	01:43.74	00:38.76	01:44.20	00:38.79				
	200m	02:14.86	00:35.01	02:20.83	00:37.41	02:21.46	00:37.72	02:22.51	00:38.31				
	250m	02:54.17	00:39.31	03:02.39	00:41.56	03:04.75	00:43.29	03:06.30	00:43.79				
	300m	03:34.52	00:40.35	03:43.78	00:41.39	03:47.47	00:42.72	03:50.73	00:44.43				
	350m	04:08.16	00:33.64	04:17.30	00:33.52	04:20.82	00:33.35	04:25.72	00:34.99				
	400m	04:40.96	00:32.80	04:49.21	00:31.91	04:53.00	00:32.18	04:59.73	00:34.01				
	Moyenne	-	00:35.90	-	00:37.00	-	00:37.50	-	00:38.47				
PARTIES NAGEES	15-25m	6.11 s		6.25 s		5.89 s		6.31 s					
	25-45m	12.83 s		13.37 s		13.00 s		13.81 s					
	55-75m	13.71 s		14.01 s		13.96 s		13.97 s					
	75-95m	14.10 s		14.58 s		13.79 s		14.29 s					
	105-125m	14.84 s		15.36 s		15.54 s		15.65 s					
	125-145m	14.79 s		15.69 s		16.03 s		16.24 s					
	155-175m	14.94 s		15.70 s		15.73 s		15.93 s					
	175-195m	14.86 s		15.75 s		16.04 s		16.66 s					
	205-225	16.56 s		17.19 s		17.77 s		17.43 s					
	225-245	15.99 s		17.14 s		17.76 s		18.46 s					
	255-275	16.61 s		16.95 s		17.59 s		18.10 s					
	275-295	17.06 s		17.52 s		17.93 s		18.69 s					
	305-225	13.07 s		13.34 s		13.15 s		13.69 s					
	325-245	13.56 s		13.59 s		13.48 s		14.68 s					
	355-375	13.66 s		13.37 s		13.20 s		14.45 s					
	375-395	13.88 s		13.46 s		13.37 s		14.53 s					
	Moyenne	14.70 s		15.13 s		15.22 s		15.77 s					
	TOTAL	03:46.57		03:53.27		03:54.23		04:02.89					

Nageur			Cyrielle DUHAMEL	Camille TISSANDIE	Clara MOUGENOT	Léa MUSSER				
Temps			04:40.96	04:49.21 +08.25	04:53.00 +12.04	04:59.73 +18.77				
PARTIES NON NAGEES	START	Temps sur le plot	0.69 s	0.73 s	0.69 s	0.77 s				
		Sortie de coulée	11.49 m	11.70 m	10.15 m	13.02 m				
			4.80 s 2.39 m/s	4.85 s 2.41 m/s	4.52 s 2.25 m/s	5.47 s 2.38 m/s				
	VIRAGE 1	Temps aux 15m	7.47 s	7.45 s	8.19 s	7.35 s				
		5m avant	3.27 s	3.12 s	3.42 s	2.98 s				
		Sortie de coulée	7.32 m	6.63 m	7.01 m	8.06 m				
	VIRAGE 2		4.47 s 1.64 m/s	4.29 s 1.55 m/s	4.31 s 1.63 m/s	5.15 s 1.57 m/s				
		Temps aux 5m	2.88 s	3.15 s	2.91 s	3.01 s				
		5m avant	3.17 s	3.28 s	3.82 s	3.69 s				
	VIRAGE 3	Sortie de coulée	7.32 m	6.71 m	6.88 m	6.32 m				
			4.46 s 1.64 m/s	4.41 s 1.52 m/s	4.51 s 1.53 m/s	4.01 s 1.58 m/s				
		Temps aux 5m	2.74 s	3.10 s	3.05 s	2.98 s				
	VIRAGE 4	5m avant	3.94 s	4.06 s	4.14 s	3.92 s				
		Sortie de coulée	7.57 m	6.63 m	5.99 m	6.26 m				
			3.69 s 2.05 m/s	3.45 s 1.92 m/s	3.03 s 1.98 m/s	3.11 s 2.01 m/s				
	VIRAGE 5	Temps aux 5m	1.77 s	2.17 s	2.25 s	2.11 s				
		5m avant	3.44 s	3.79 s	3.70 s	3.61 s				
		Sortie de coulée	7.55 m	7.73 m	8.25 m	6.79 m				
	VIRAGE 6		4.95 s 1.53 m/s	5.26 s 1.47 m/s	6.44 s 1.28 m/s	5.18 s 1.31 m/s				
		Temps aux 5m	2.84 s	2.91 s	3.55 s	3.62 s				
		5m avant	3.92 s	4.32 s	4.21 s	4.28 s				
	VIRAGE 7	Sortie de coulée	7.44 m	7.63 m	7.97 m	7.35 m				
			4.82 s 1.54 m/s	5.27 s 1.45 m/s	5.71 s 1.40 m/s	5.35 s 1.37 m/s				
		Temps aux 5m	2.79 s	3.04 s	3.10 s	3.22 s				
	FIN	5m avant	3.89 s	3.88 s	4.10 s	4.42 s				
		Sortie de coulée	4.91 m	5.12 m	5.06 m	5.37 m				
			3.18 s 1.54 m/s	3.12 s 1.64 m/s	3.11 s 1.63 m/s	3.27 s 1.64 m/s				
	FIN	Temps aux 5m	3.24 s	3.04 s	3.07 s	3.02 s				
		5m avant	3.77 s	3.55 s	3.65 s	3.60 s				
		Sortie de coulée	4.70 m	5.34 m	4.73 m	5.37 m				
	FIN		2.06 s 2.28 m/s	2.39 s 2.23 m/s	2.26 s 2.09 m/s	2.14 s 2.51 m/s				
		Temps aux 5m	2.19 s	2.16 s	2.39 s	1.87 s				
		5m avant	3.07 s	2.92 s	3.22 s	3.16 s				
	FIN	Approche mur	0.80 s 1.30 m	0.22 s 0.38 m	0.08 s 0.12 m	0.61 s 0.97 m				
		TOTAL	00:54.39	00:55.94	00:58.77	00:56.84				

Nageur			Cyrielle DUHAMEL		Camille TISSANDIE		Clara MOUGENOT		Léa MUSSER					
Temps			04:40.96		04:49.21 +08.25		04:53.00 +12.04		04:59.73 +18.77					
MOUVEMENTS	COUPS DE BRAS	0-50m 50-100m	20	22	21	22	23	24	19	22				
		100-150m 150-200m	23	23	25	22	27	24	23	23				
		200-250m 250-300m	41	42	40	41	46	43	39	40				
		300-350m 350-400m	42	43	41	42	47	47	40	43				
		TOTAL	256		254		281		249					
	TEMPO	0-25m 25-50m	1.2	1.3	1.2	1.2	1.1	1.1	1.2	1.3				
		50-75m 75-100m	1.3	1.3	1.3	1.3	1.1	1.1	1.3	1.3				
		100-125m 125-150m	1.5	1.5	1.6	1.7	1.4	1.5	1.7	1.8				
		150-175m 175-200m	1.5	1.5	1.7	1.7	1.5	1.5	1.8	1.8				
		200-225m 225-250m	1.6	1.6	1.7	1.7	1.6	1.6	1.8	1.7				
		250-275m 275-300m	1.6	1.6	1.6	1.7	1.6	1.6	1.8	1.7				
		300-325m 325-350m	1.4	1.4	1.4	1.5	1.3	1.4	1.5	1.6				
		350-375m 375-400m	1.4	1.4	1.4	1.5	1.3	1.3	1.5	1.5				
		MOYENNE	1.4		1.5		1.4		1.6					
	FREQUENCE	0-25m 25-50m	51.6	47.8	51.2	48.3	56.4	55.4	48.3	46.3				
		50-75m 75-100m	47.8	45.8	47.5	46.2	55.0	53.1	45.2	44.9				
		100-125m 125-150m	40.5	38.9	36.9	36.1	41.9	40.7	35.2	34.2				
		150-175m 175-200m	40.1	39.0	35.9	35.8	41.1	39.6	33.5	33.7				
		200-225m 225-250m	37.8	37.0	35.0	36.2	38.2	38.2	33.5	34.5				
		250-275m 275-300m	38.2	36.8	36.8	36.2	38.2	37.6	34.1	35.7				
		300-325m 325-350m	43.3	42.2	42.6	40.6	44.8	43.2	39.8	38.4				
		350-375m 375-400m	42.6	42.1	43.8	39.0	46.4	46.1	39.5	40.5				
		MOYENNE	42.0		40.5		44.7		38.6					
	AMPLITUDE	0-25m 25-50m	2.01	1.96	1.99	1.86	1.85	1.67	2.06	1.88				
		50-75m 75-100m	1.83	1.86	1.80	1.78	1.56	1.64	1.90	1.87				
		100-125m 125-150m	1.99	2.09	2.12	2.12	1.84	1.84	2.18	2.16				
		150-175m 175-200m	2.00	2.07	2.13	2.13	1.86	1.89	2.25	2.14				
		200-225m 225-250m	1.91	2.03	2.00	1.93	1.77	1.77	2.05	1.88				
		250-275m 275-300m	1.89	1.91	1.93	1.89	1.78	1.78	1.94	1.80				
		300-325m 325-350m	2.12	2.10	2.11	2.18	2.04	2.06	2.20	2.13				
		350-375m 375-400m	2.06	2.05	2.05	2.29	1.96	1.95	2.10	2.04				
		MOYENNE	1.99		2.02		1.83		2.04					